

truly
FREE

NOV 7-9

FALL RETREAT 2025

WHITEWATER EXPRESS | COPPERHILL, TN

What to Bring:

Your Bible and a Pen
Water Bottle
Clothing for 2 days
Warm Coat and Walking Shoes
Towel & Toiletries
Sleeping Bag & a Pillow
Bug Spray, Flashlight
Spending Money

What NOT to Bring:

Any Valuables
Gaming systems, computers, etc.
Weapons or Fireworks
Cigarettes, Drugs, Vapes, Alcohol, etc.
Anything else that may interfere with your time with God
and others

A note about Cell Phones: If you bring them, they are YOUR responsibility if lost or damaged. You may be asked to leave them in the cabin if used inappropriately or if distracting during messages.

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+ 1/2

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SCHEDULE

FRIDAY

4:00 PM ARRIVE AT CHURCH
4:30 PM LEAVE CHURCH
8:00 PM ARRIVE AT WHITEWATER
9:00 PM SESSION #1
10:30 PM SMALL GROUP #1
11:30 PM CABIN TIME - DEVOTION #1
12:00 AM LIGHTS OUT

SATURDAY

7:30 AM CABIN TIME - DEVOTION #2
8:00 AM BREAKFAST
9:00 AM SESSION #2
10:30 AM SMALL GROUP #2
12:00 PM LUNCH
11:00 PM - 5:00 PM FREE TIME / ACTIVITIES
4:00 PM (OPTIONAL) HIKE TO OVERLOOK
5:30 PM DINNER
7:00 PM (OPTIONAL) MAFIA GAME IN MEETING ROOM
8:30 PM SESSION #3
10:00 PM SMALL GROUP #3
10:30 PM BONFIRE & S'MORES
11:30 PM CABIN TIME - DEVOTION #3
12:00 AM LIGHTS OUT

SUNDAY

7:30 AM CABIN TIME - PACK
8:00 AM BREAKFAST
9:00 AM DEPART
12:30 PM ARRIVE BACK AT CHURCH

ACTIVITIES (CHOOSE 1):

PAINTBALL
HORSEBACK RIDING
ROPES COURSE & GIANT SWING



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STUDENT RULES:

1. Come ready to LEARN about Jesus and HAVE FUN! Expect to draw closer to God and have a blast.
2. BE RESPECTFUL toward God, your Leaders, and each other. Super simple, but easy to miss. Be kind. Pack deodorant.
3. BE ON TIME to sessions, meals, activities, lights out... to everything, really.
4. LISTEN ATTENTIVELY during Sessions and Small Groups. Take bathroom breaks before or after.
5. DRESS APPROPRIATELY and avoid revealing clothing. It gets cold here, y'all. Stay warm.
6. HANDS TO YOURSELF please. Only brief, friendly physical contact (no kissing, cuddling, wrestling, punching, piggyback rides, etc.)
7. BUDDY SYSTEM - Fall Retreat is a big place. Stick together. Don't get lost. Or eaten by bears.
8. LIGHTS OUT from 12am - 6am. Students need to be in their cabins and quiet. Sleeping is highly recommended.
9. No guys in the girls' cabins. No girls in the guys' cabins.
10. CELL PHONE CHALLENGE - We're going off the grid for Sessions and Small Groups. Bring your Bible! We'll provide a booklet for notes.