



FALL 2025



NEWSLETTER

2025/26 Fall & Winter PG Programs

★ SERVE WITH US!

★ RECRUITING NEW BOARD MEMBERS

We are on the lookout for 2 or 3 new people to join our Executive Board this fall. Help support and guide the vision of the Prince George YFC Chapter through faith and leadership.

This volunteer position is incredibly rewarding and helps support and equip our chapter for its mission in our communities.

Email info@princegeorgeyfc.ca for more details!

UPPER ROOM AFTER SCHOOL DROP-IN IS BACK!

GRADES 6-10
TUESDAYS AND
THURSDAYS 3-5PM

→ SNACKS
BOARD GAMES
POOL
DARTS
PING PONG
ART STATION
VIDEO GAMES



STARTING SEPTEMBER 23

DUCHESS PARK BREAKFAST CLUB

In partnership with The Downtown Rotary Club and the Duchess PAC, Priscilla and her amazing team of volunteers serve a FREE breakfast every Tuesday and Thursday before school.

ALL DUCHESS STUDENTS
ARE WELCOME TO JOIN
US!





SAM'S LOONEY LUNCH FOR DP TODD STUDENTS

CALLING ALL DP TODD STUDENTS! COME AND JOIN SAM AND HIS TEAM THURSDAYS AT LUNCH (11:30-12:15) IN THE BASEMENT OF THE E FREE CHURCH AND ENJOY HOMEMADE BUNS AND SOUP AND A POP FOR ONLY A LOONEY!

(SAM'S SECRET: IF YOU DON'T HAVE A DOLLAR HE WILL STILL GET YOU SOME LUNCH!)

LAUNCH BIBLE STUDY

SUNDAY EVENINGS

This intentional and intensive Bible Study is intended for those youth seeking to live following Jesus Christ, and explore (or exploring) deeper questions and knowledge about Jesus Christ and the Bible. Interested? Email sam@princegeorgeyfc.ca for more information.



Grades 8-12

GIRLS 'N GROWTH

This NEW girls group is led by Priscilla, and it is a small, tight knit all girls' group that is an intentional space to grow in and learn about your identity in Christ.

Walk and grow together as young women in Christ!



Grades 8-12

**LAUNCHES
SEPT 29!
REGISTRATION
IS OPEN**



EMPTIES LAYING AROUND? DONATE THEM TO OUR FOREVER BOTTLE DRIVE!

Skip the line at the Return-It Bottle Depot and support YFC at the same time - simply put in our account phone # 250-562-7110, print off the label for YFC's account, put the label on your bag, leave it in the accounts bin, and get on with your day - the money comes straight to us!



GIVE TO THE MISSION !!



NEW! We now accept etransfer for giving giving@princegeorgeyfc.ca



www.princegeorgeyfc.ca/donate



250-562-7110

A huge thank you for all of your continued support of our missions in Prince George, Mackenzie, and McBride.

YFC FALL/WINTER WEEKLY SNAPSHOT



Hey Duchess Students!
Come and enjoy a FREE breakfast every Tuesday and Thursday



Hey DP Todd Students

Come and see Sam and get soup, a bun and a soda for only a LOONIE!
In the basement of the E Free Church every Thursday

AFTER SCHOOL DROP IN

GRADES 6-11
Find your way to the Upper Room after school to hang out, have a snack, play some games like ping pong, pool, board games, darts...play some video games...or try out our 3D printer.
Choose your own adventure!

SUN	MON	TUES	WED	THURS	FRI
		Duchess Park Breakfast Club 8:00-8:45am		Duchess Park Breakfast Club 8:00-8:45am	
				Looney Lunch @ E Free Church 11:30-12:15pm	
		After School Drop-in @ The Upper Room Youth Centre 3:00-5:00pm		After School Drop-in @ The Upper Room Youth Centre 3:00-5:00pm	
Launch Bible Study Sunday Evenings	Girls 'N Growth @ The Upper Room Youth Centre 6:30-8:30pm		Gateway Youth Group 7:00-9:00pm @ Gateway Church Open to all youth Grades 7-12	Garden City Youth Group 6:30-8:30pm @ The Upper Room Open to all youth Grades 6-12	E Free Youth Group 7:00-9:00pm @ E Free Church Open to all youth Grades 6-12

LAUNCH

GRADES 8-12
Led by YFC Staff Sam, this intentional and intensive Bible Study is intended for those youth seeking to live following Jesus Christ, and explore deeper questions and knowledge about Jesus Christ and the Holy Bible.

GIRLS 'N GROWTH

GRADES 8-12
Led by YFC Staff Priscilla, this all girls' group is an intentional space to grow in and learn about your identity in Christ. Walk and grow together!

YOUTH GROUPS

Find a loving and supportive community, learn more about your relationship with Jesus AND make lifelong friends with one of our YFC affiliated youth groups.



SCAN ME
Scan for our website and details on programs and start dates!

All Programs in Prince George are free of cost and are open to all youth regardless of race, gender identity, sexual orientation, spiritual beliefs, socioeconomic status, or mental or physical ability.

YOUTH SERVING WITH YFC

Hey high schoolers! Do you feel God calling you to serve during the school year?

Join us on our missions and walk with our missionary staff in your discipleship.

Duchess Park Students

WHO: Grades 9-12
WHAT: Serve your fellow students breakfast
WHEN: Tuesdays and/or Thursdays

- Time commitment: 7:30-8:30am
- 2-8 hours per month



Scan here to fill out the volunteer form

Check out our opportunities to serve with us all school year!

AFTER SCHOOL DROP IN

WHO: Grades 11-12 and older
WHAT: Serve with us in mentorship at the Upper Room After School Drop-in
WHEN: Tuesday/Wednesday/Thursday
• Time Commitment: 3:00-5:00pm
• 4-16 hours per month

GIRLS 'N GROWTH

WHO: Females graduated high school
WHAT: Serve in mentorship and leadership for younger girls

WHEN: Every Monday
• Time: 6:00-8:30pm
• 10 hours per month

Flexible time commitments

