



MISSION CREEK

Alliance Church

Lust- Villains and Victor sermon series on 7 deadly sins

1. **Starting Point:** The sermon compared Esau trading his birthright for stew to how lust makes us choose something cheap over something lasting. What are some “bowls of stew” that people today are tempted to trade God’s best for?
2. **Personal Reflection:** Lust was described as “seeing, wanting, taking.” In what ways have you seen this pattern at work in the culture around us—or even in your own life?
3. **Naming the Struggle:** The sermon highlighted how lust thrives in secrecy and shame. Why do you think shame makes it so hard to talk about, and what might help us bring it into the light of Christ?
4. **God’s Design:** How does understanding that God created sex as good—within covenant love—help us see the difference between lust’s distortion and God’s beautiful intent?
5. **The Victor:** Jesus not only forgives sin but removes shame, heals wounds, and sets us free. Which of these aspects of Jesus’ work is most encouraging to you right now, and why?
6. **Walking in Freedom:** Galatians 5:16 says, “Walk by the Spirit and you will not gratify the desires of the flesh.” What are some practical rhythms (prayer, Scripture, friendships, habits) that can help us walk in the Spirit daily?
7. **Passing It On:** The sermon encouraged parents and leaders to talk openly about sex and lust with the next generation. Why is this important, and how can we approach these conversations in a way that points to God’s goodness instead of just fear or shame?