



Women's Coffee Meet Up

February 27, 2025

Title: Strength in Sisterhood

Key Verse: Ecclesiastes 4:9-10 (NIV)

"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to

help them up."

Icebreaker: "Who's Your Lifeline?"

Think of a time when a friend, mentor, or fellow believer supported you through a challenge. Share your experience with the group.

Devotional: "We Need Each Other"

God never intended for us to walk this faith journey alone. From the beginning, He designed relationships for encouragement, accountability, and growth.

Jesus modeled close relationships, walking with His disciples through struggles and victories. We are called to cultivate Christ-centered friendships that strengthen our faith and help us through challenges.

Reflection: Who in your life has been a spiritual support? How have you supported others?

Biblical Examples of Godly Friendships

1. Ruth & Naomi (Ruth 1:16-17) – Loyalty in hardship.
2. Jonathan & David (1 Samuel 18:1-4, 1 Samuel 20:16-17) – True friendship and sacrificial love.
3. Mary & Elizabeth (Luke 1:39-45) – Encouragement in faith.
4. Paul & Barnabas (Acts 9:26-27, Acts 11:25-26) – Helping someone step into their calling.

Discussion: What do these relationships teach us about biblical friendships? Which example resonates most with you?

Practical Application: Living in Godly Friendship

- **Encourage Daily:** Send a message, note, or prayer to uplift another woman in your life.
- **Be Present:** Schedule intentional time to connect with a sister in Christ.
- **Pray Together:** Find a prayer partner and commit to praying for one another's needs.

Discussion: How can we be intentional about building strong, faith-filled friendships?

Discussion Questions

- What are some qualities of a godly friendship?
- Have you ever struggled with loneliness in your faith journey? How did God provide for you?
- How can we support each other as sisters in Christ?
- What steps can you take this week to strengthen your relationships with other women?

Closing Prayer & Challenge

- **Prayer:** Ask God to bless the friendships in the group and help each woman become a godly encourager.
- **Challenge:** This week, reach out to someone with love and encouragement.

“Encourage one another and build each other up.” – 1 Thessalonians 5:11