



Women's Coffee Meet Up

June 26, 2025

Flourish: Living a Fruitful Life in Every Season

Title: Abiding in Christ

Key Verse: John 15:5 (NIV): *"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."*

Icebreaker: Share one plant or flower you love and why.

Introduction:

We will focus on what it means to truly abide, or remain, in Jesus—the source of our spiritual life and fruitfulness. Like branches connected to a vine, our growth depends entirely on staying rooted in Him. We'll explore how daily connection with Christ transforms our lives and empowers us to bear lasting fruit.

Read John 15: 1-5

Devotional:

Jesus is the Vine; we are the branches. Our growth, strength, and fruitfulness come from staying connected to Him. Abiding isn't about striving—it's about remaining. Make space daily to connect with Him.

To abide in Christ means to make Him your dwelling place—not just someone you visit occasionally. It's the difference between having a guest in your home versus someone who lives with you daily. When we abide, we invite Jesus into every part of our lives: our relationships, our work, our thoughts, and even our worries.

In John 15, Jesus repeats the word "remain" over and over. This repetition is intentional. Just like a branch cannot produce fruit unless it is attached to the vine, we cannot bear spiritual fruit unless we are rooted in Christ. When we feel dry or distant, it's usually because we've disconnected ourselves from the Vine.

Take comfort: God isn't asking you to bear fruit on your own. He provides the life-giving connection. Your part is to stay close—through prayer, worship, Scripture, and obedience.

Application: Create a 15-minute daily abiding rhythm this week [Try it for 7 days and notice how your connection to Christ grows]:

1. **5 minutes** - Scripture reading (start with John 15)
2. **5 minutes** - Prayer (talk to God and listen)
3. **5 minutes** - Worship or journaling (write thoughts or praise)

Reflection:

1. What does “abiding” look like in your daily life?
2. Are there distractions that disconnect you from Jesus?
3. What would it look like to invite Jesus into your morning, your tasks, or even your stress?
4. How do you notice the difference in your day when you remain connected to God?

Closing Prayer:

Heavenly Father, Thank You for being the True Vine. Help me to remain in You today—not just in words, but with my whole heart. Remind me to pause and draw close when I feel overwhelmed or distant. Teach me to listen, to trust, and to dwell in Your presence. I surrender my schedule, my thoughts, and my heart to You. Help me bear fruit that glorifies You and blesses others.

Encouragement for the Week:

Remember, abiding in Christ isn’t about perfection or striving harder—it’s about relationship. God isn’t distant or demanding; He invites you to rest in His presence daily. Even when life feels busy or overwhelming, Jesus is right there, ready to connect with you, refresh your soul, and give you strength. Take heart knowing that your fruitfulness comes from Him alone. Stay close, and watch how He works wonders in your life. You are deeply loved and never alone.