

ANNOUNCEMENTS

1. WELCOME

If this is your first time, please fill out a **Connection Card** to connect with Pastor David.

2. OFFERING

Cash: Use the offering envelope

Cheque: Please write to: EFCC-LPD and put “Sonflower” in the memo.

E-transfer: OFFICE@LPD-EFCC.CA, and write down “Sonflower” in the memo along with your Legal name and address for tax receipts.

Credit Card: Please go to www.sonflower.ca/give

Please pray for church’s finance to continue ministry.

3. FAMILY WORSHIP & COMMUNION

Next Family Worship: September 28

4. FELLOWSHIP SIGN-UP

If you would like to serve fellowship time with food, please sign-up on the sign-up sheet.

5. THANKSGIVING POTLUCK

October 12, after service



Follow the Son

September 21, 2025

ORDER OF SERVICE

WELCOME

PRAISE*

ANNOUNCEMENTS

SERMON*

REFLECTION & PRAYER

BENEDICTION

*For praise and the reading of God’s Word,
please stand if you are able.

Sonflower Community Church
#502 - 7300 Edmonds Street, Burnaby
www.sonflower.ca

EPHESIANS 6:10-20

[10] Finally, be strong in the Lord and in the strength of his might. [11] Put on the whole armor of God, that you may be able to stand against the schemes of the devil. [12] For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. [13] Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. [14] Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, [15] and, as shoes for your feet, having put on the readiness given by the gospel of peace. [16] In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; [17] and take the helmet of salvation, and the sword of the Spirit, which is the word of God, [18] praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, [19] and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, [20] for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak. (ESV)

Reflection Questions:

1. Where have I let feelings, convenience, or cultural voices sit at the “core” of my life, and what concrete step will I take this week to re-center my core on God’s Word?
2. Which part of B.E.L.T. is weakest for me—Belief in the Bible, Encounter with the Emmanuel, Life without Lies, or Telling the Truth—and what one habit will I adopt to strengthen it this week?
3. Pray that God would help you understand the Bible through the help of the Holy Spirit this week.

The Battle of the Mind: 3. The Belt of Truth

Life of Integrity
“B.E.L.T.”

Belief in the Bible

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R
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S
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Encounter with the Emmanuel

Life without lies

Telling the Truth