## **CALM FOR TROUBLED HEARTS**

## Next Steps Devotional Guide — John 14:1-14 September 21, 2025 Sermon Series > The Gospel of John Kelly Stanley

- 1. Life has a way of catching us off guard with tragedy, pain and the unexpected disappointment. Read John 14:1 in your Bible or sermon notes and the explanation for the word translated as "trouble." Has there ever been a time in your life where you felt you were being pummeled with wave after wave of trouble and heartache? How did you handle this?
- 2. We learned of 3 incorrect strategies many people choose when they have troubled hearts. Which of these have you chosen and what were the results?
- 3. We learned several promises from the Lord that help us when we have troubled hearts. The first one is Jesus promised to come back and take us to be with Him.
  - (a) Read John 14:2-4 in your Bible or sermon notes. Unfortunately, many Christians have been led to believe that "rooms" is a reference to mansions. There is even a hymn which advocates this titled, "Mansion Over The Hill Top." The Greek New Testament word translated as "rooms" refers to abodes, or dwelling places such in a hotel room or apartment, not a mansion. The point is not so much about a location but about the intimate relationship we will have with God the Father. It less about the accommodation and more about the company. What does this mean to you and why?
  - (b) This means that heaven is place where we are welcomed. Read Revelation 7:9 in your sermon notes or Bible. What does this tell you about heaven and our welcome there?
  - (c) Jesus says that heaven is a place or a house where we are comfortable. Read John 14:3a in your Bible. What comforts do you think we will have there that we do not have here?
  - (d) Jesus says that heaven is a house or home where we are loved. Read John 14:3 in your Bible. Read Revelation 21:4 and John 14:4-5 in your Bible or sermon notes. How do these Scriptures reflect this point?
  - (e) Thomas asked Jesus a question and Jesus responded with a very exclusive response in John 14:6. This means "the way" is not a principle. It is a person. It is not a plan. It is a person. It is not a lifestyle. It is a person. It is not a list of rules. It is a person. It is not inner sincerity. It is a person. It's not a philosophy. It is a person or a feeling. It is a person. It is not a religion. It's person and His name is Jesus. Jesus Christ is the way. Jesus Christ is the truth. Jesus' point is the truth is narrow. Why do you think this exclusive response by Jesus causes so many people to have a troubled heart?
  - (f) While the Gospel and salvation is exclusive, it is also inclusive. Read Romans 10:13 in your Bible or sermon notes. How is Romans 10:13 inclusive?
  - (g) Read Philip's response in John 14:8 and Jesus' response to Philip's question in John 14:9-11 in your Bible or sermon notes. The more you get to know Jesus Christ, the more real heaven becomes. Why do you think the disciples did not see Jesus as God the Father in human flesh?

- 4. A second promise from Jesus to calm our troubled hearts is Jesus said that you and I will do even greater things than He did while here. Read John 14:12 in your Bible. Think for a moment about all the miracles and great works Jesus did. How is this possible?
  - (a) Read Acts 1:8 in your Bible or sermon notes. This is how this is possible. A person who is a genuine disciple of Jesus talks like Jesus, acts like Jesus and thinks like Jesus. This means first, to do greater things than Jesus means our works are greater in the same kind of way that Jesus did. We have a greater opportunity to bring more people to Christ. Are you doing that? Why or why not?
  - (b) To do greater works than Jesus means our works are greater in breadth. Jesus never traveled outside or Israel in His earthly ministry. We can take the Gospel anywhere in the world today. This means if our hearts are troubled, then we should do something Jesus would do. If your heart is troubled, what would that be for you?
- 5. A third promise from Jesus for troubled hearts is Jesus said that He will do whatever we ask in His name. Read John 4:14 in your Bible. Some have taken this to mean a "name it and claim it" theology. Why is this wrong?
- 6. We saw ten ways as to what it means to pray in Jesus' name. These are listed in your sermon outline. Read each of these, the verses with them and any other information given. Which of these do you need to be more diligent to do in your prayer life?