

What's Your Problem?
Dealing With Fear
2 Timothy 1:7

Psalm 34:4 (NKJV) I sought the LORD, and He heard me, And delivered me from all my fears.

- I. The Problem of Fear**
 - A. Types Fear**
 - B. Fear Can Prevent You From**
 - i. Serving Others - 2 Timothy 1:6-7**
 - ii. Sharing the Gospel - Acts 4:18-20; 1 Peter 3:14-15**
 - iii. Following God's Plan - Genesis 12:1-4; Psalm 78:9**
 - iv. Taking A Stand for Christ - John 12:42-43; Matthew 26:75**
 - C. Fear Can Lead To:**
 - i. Hiding From God - Genesis 3:10**
 - ii. Sinful Compromise - Proverbs 29:25**
 - iii. Outright Disobedience**
- II. Understanding Fear**
 - A. Understanding the Fear of the Lord - Proverbs 9:10; Ecclesiastes 12:13; Hebrews 10:31**
 - B. What is Fear?**
 - C. What Do We fear?**
 - i. Fear of Failure - Matthew 25:25**
 - ii. Fear of Loss - Luke 12:32-34**
 - iii. Fear of Harm - Psalms 91:5-10**
 - iv. Fear of Death - Hebrews 2:14-15; Psalm 23:4**
 - v. Fear of Judgment - Hebrews 10:26-27**
- III. Dealing with Fear**
 - A. Develop a Healthy Fear and Respect for God - Psalm 27:1**
 - B. Remember that God is with You - Isaiah 41:10; Isaiah 43:2**
 - C. Know that God Loves You - Psalm 118:6; 1 John 4:18**
 - D. Grow in Your Faith - Matthew 8:26; Ephesians 3:12**
 - E. Meditate on God's Word - Psalm 56:4**
 - F. Be Strong and Courageous - Joshua 1:7-9; Proverbs 28:1**
 - G. Grow in the Fruit of the Spirit - 2 Timothy 1:7**