



St. Paul's News Bulletin

September 21, 2025



Welcome Everyone! Please join us after the service for coffee and goodies each Sunday. If you are new to St. Paul's, we would be happy to provide a welcome package.

Welcome Newcomers: It was a joy to officially welcome 27 people at our Sept. 14 service. The list of newcomers is compiled from the record of those who have officially joined St. Paul's parish list since the previous Newcomers celebration day. You can join by completing the form available in the pews or in a Newcomers Welcome Package, or by contacting the parish office. Please also contact the office about any errors or omissions.

Living Waters: The deadline for the October/November issue of *Living Waters* is **today** Please submit material to office@stpaulscalgary.ca

Alpha Series: Discover life, faith and meaning. Join us **Sept. 24 - Dec. 10** for engaging conversations in a welcoming setting. Sign up on the Alpha board in the hall or contact the parish office.



Alpha Prayer Vigil: Dinah is looking for volunteers for an Alpha prayer vigil. They will pray for participants and leaders from home for 90 minutes each Wednesday evening until Dec. 10. Volunteers would sign up for one week only. Materials with prayer suggestions will be provided. There will also be prayer vigils on Friday, Nov. 7 & Saturday, Nov. 8. Please look for the signup sheet in the Parish Hall, or see.

Blessing of the Pets: On **Sunday, Oct. 5** bring your pets or a photo of them for a special blessing!

Food for Others Sunday: Nov. 30 is Food for Others Sunday, to draw attention to our collection of non-perishable items for the Calgary Food Bank. Donations may be left in the marked box.

Coffee Time Chart: The 2025 Coffee Time Chart is available in the Parish Hall. Please consider volunteering for this vital part of our Parish family life. Training is available.

Rider's Ministry: This ministry helps seniors and others attend our Sunday Eucharist by providing transportation to and from church. Please see the signup sheets in the hall: one for those who need a ride and one for those who can volunteer to drive occasionally.

Fall Clean-Up Day: Join us on Saturday, **Oct. 4**, from 9 a.m. to 3 p.m. as we clean both the inside and outside of the church. Whether you can stay for an hour or the whole day, all are welcome! Lunch will be provided.



Sundance on the Green – Vendors: Vendor tables are available for a craft and bake sale at Sundance on the on Saturday, **Nov. 1** from 9 a.m. to 1 p.m. The deadline to reserve a table for \$20 is **Sept. 30**. Contact Cheryle at chejah367@gmail.com

Ladies' Luncheon Feedback: Feedback on past events and suggestions for 2025-2026 are welcome. Please find survey forms by the south door. Please complete and return by **Sept. 30**.

Altar Guild needs new members: Help is needed preparing for services by setting up and cleaning up the communion vessels, flowers, candles, linens. etc. Training is available. Contact Barb Leinweber or the Parish Office if you can help.

St. Paul's Anglican Church
7 Sunmills Green SE T2X 3P6
Phone: 403 256-1428

e-mail: office@stpaulscalgary.ca
website: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling
Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

Wardens: Paul Bourgeois & Ingrid Bolton

Deputy Warden: Muyi Ekomwenrenren

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

X: [@stpaulscalgary](https://twitter.com/stpaulscalgary)

Instagram: [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Outreach



Alongside Hope Anniversary

In September 1959, the Anglican Church of Canada's General Synod created the Primate's World Relief Fund, named for the Primate (Archbishop of Canada). In 1969, "and development" was added to reflect the link between long-term development and disaster relief. PWRDF believes those affected are best suited to find lasting solutions. Now renamed **Alongside Hope**, the work continues. Won't you help?

5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is today, **Nov. 30**.

Inreach Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

Chemo Care Bag: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet on the first & third Wednesdays of each month at 1 pm, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. **A new session starts Oct. 9.**

Hunger for Healing, a Christian Twelve Step Programme, meets every Wednesday 11:30 a.m. to 1:00 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

Check out these opportunities to participate

2025 Flower Chart is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Servers: we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

Card Ministry: If you know anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would appreciate receiving a greeting card from the St. Paul's Family, please contact Pauline Payne at 403-988-2546 or email her at

Pauline_payne1@yahoo.com.

Casserole Ministry: If someone would benefit from receiving a casserole, please **contact Linda Hubert or help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and then put in freezer.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

We are looking for volunteers to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

Sunday:	Holy Eucharist 10 a.m. Handchimes Practice 11:30 –12 p.m. Word to World Ministries Canada: 2 - 3 p.m. Philippines Independent Church (IFI): 4 p.m.
Monday:	Walking Group: 9 a.m. (see the St. Paul's website under events for locations) St. Paul's Stringers rehearsal: 7:30 p.m. Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month in-person) 7:30 p.m. (4th Mondays of the month via Zoom)
Tuesday:	Girl Guides: 6:30 – 8 p.m.
Wednesday:	Morning Prayer: 9:30 a.m. Bible Study: 10:30 a.m. Hunger for Healing: 11:30 a.m. (in the Chapel Room) Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
Thursday:	TOPS (Taking off Pounds Sensibly): 6:00 p.m. Choir Practice: 7:30 p.m. (If you'd like to join Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)
Friday:	Handchimes Practice 10 - 11 a.m. S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website) Coffee House: 7 p.m. second Friday on alternate months. Next date is Nov. 14
Saturday:	Ladies Luncheon: 11:20 am -2nd Saturdays. Next date is Oct. 11. Men's Breakfast: 8:30 am - 3rd Saturdays (at St. Peter's alternate month Check website to confirm location). Next date is Oct. 18 at St. Paul's.



Welcome to newcomers and visitors

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home.

Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. We are so glad you were able to join us.

Youth Ministry

Exciting opportunity for the Youth of our Parish! S.P.Y. Group is a social group. All youth are welcome!

St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Type Youth Group into the search to find the page. To register use this QR code



Pioneers of Paul (POP) - our youth volunteer group

POP youth volunteer program is now on **hold indefinitely**. Thank you to all the dedicated youth and parents who supported our mission over the last 3 years - you have richly blessed many people in our community, including myself. Thank you and God bless you always.

-Laura

Diocesan Office Open House

Come see the renovated St. Edmund's House. All are invited to St. Edmund's House Open House, taking place on Saturday, **Nov. 1** from 1:30 to 5:00 p.m. There will be a Eucharist Service followed by a Wine & Cheese.

Our Ministries

ALTAR GUILD: Barb Leinweber

Members of the Altar Guild prepare the church for worship services by setting out and then cleaning up the communion vessels, polishing brass, arranging or setting out flowers, replacing candles, marking Bible and Altar Book places and keeping the linen washed and ironed.

The volunteers work in rotation, which turns out to be about once a month. Set-up can be done Friday or Saturday as suits your schedule. During the Christmas and Easter seasons there are extra shifts, which are covered on a volunteer basis. There are two meetings a year, at which time all members get together to discuss issues, idea, and the future while getting to know each other and keeping aware of the importance of this group.

New members are needed - male or female - as many hands make light work. If interested in this quiet, behind-the-scenes ministry to our community, please contact Barb or the Parish Office at 403-256-1428.

Stewardship Reflections:

"No servant can serve two masters. He will hate one and love the other or be devoted to one and despise the other. You cannot serve God and mammon (wealth)." LUKE 16:13

Jesus knows that for many of us, God and money run "neck and neck" as top priority. Is money a "god" that you put before God? Giving money to support the Church and other charity is a pillar of our faith, just like attending Mass every Sunday and participating in parish ministry. Giving money frees us from becoming a slave to money. It increases our dependence on God and our trust that God will provide all that we need.

Financial News

Our deficit at the end of July was \$11,346. Thank you to everyone for helping support our mission financially in these challenging times.

