

trendings



September 17, 2025

Growing Together in Christ to Love and Serve All People

Prayer of the Week:

Almighty God, we pray for peace in our world. Bring an end to conflict and strife, to violence and injustice. Calm the anxiety and fear in our hearts. Inspire leaders to work for the well-being of all people. May your love and compassion prevail, uniting nations in a common pursuit of peace. Let your kingdom of peace reign on earth as it is in heaven. In the name of Jesus, the Prince of Peace, we pray. Amen.



New seasons bring changes Do you volunteer in the community on a Board or non-profit?? Please let Kathy know ... We want to recognize our community helpers!

Upcoming Greeters and Coffee Hosts:

September 21: Christine Koch, Greeter;

Johannes Grad & Hillary Nordwell, Coffee Hosts

September 28: Brady and Joyce Kasper, Greeters

Camruds: Coffee Hosts

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour,
Sign up to provide flowers on the Flower Chart in the Narthex.

Worship is at 10:00 am on Sundays, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Sunday, September 21st at Saint Andrews:

9:00 AM Adult Education Hour/Coffee

10:00 AM Worship in-person in the Sanctuary and livestreamed

Readings for September 21:

Genesis 28: 10-22

John 1:43-51

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM.



Happy fall to all! The new season brings a new fall handbell rehearsal schedule. My hope is to grow the ensemble even more this year with folks that have always thought, "hmm, that looks interesting. Maybe I could do that!" You would typically see a group of us playing a piece during worship services - this is the more traditional route for the

instrument. However, there is more to bells than just that! I love incorporating one or two individuals to ring bells at the beginning of a hymn, just to add to the excitement of preparing for the joy of song. As well, playing bells with mallets on a tree as a descant with the organ can really set the tone for prayerful intention. Regardless of what we do, I aim to make playing fun and new for both experienced and novice ringers. I will help you perfect techniques, and maybe even learn a thing or two. Please email me directly at drvwilkie@gmail.com, or reach out to the office if you are interested in exploring this part of the worship service. Rehearsals begin Tuesday night **September 23rd at 7pm** in the sanctuary. I look forward to glorifying God's name with you in this awesome way! God bless, Vanessa Wilkie

Pastor's Bible Study is back! The group meets in person in the Library or on Zoom at 10:00 AM each Tuesday. Please contact Pastor Lara for the zoom link (pastor@salc.church)



Opportunities for You!

Volunteers keep our church operating. *Remember – we offer free training!*

Here's a list of opportunities coming up. To volunteer, talk to Fellowship Coordinator Sherry Grindeland at church, via phone at 425-746-2529m or email sherry@salc.church.

Coffee Hosts – Set up the coffee service and provide treats. People start looking for coffee by 8:40 AM so this is an 8:15 AM start time. Clean up about 11:15 AM, after worship service. **Dates available: September 21 and 28.**

Help with Sunday Morning Bible Study – As part of our Adult Education/forum program, we will hold a monthly Bible Study at 9 AM the second Sunday of the month. **Leaders needed.** We will supply the materials. **Open dates for the fall include: October 12, November 9 and December 14.**



The church staff and Health and Wholeness committee will be undergoing their biennial **CPR and AED class on October 29, 9:00 AM until 12:30.** Church members are invited to join us for the direct cost of \$35 for the class. Please let Facilities Manager Kurt Lutterman (kurt@salc.church) know if you are interested.

Thank you to the folks that helped repair and “spiff up” our building during the recent Work Party getting ready for the new program year: John Nelson, Gary Rudolph, Erik and Kellen Johnson, Renee Lund, Carolyn Ferris, Howard Johnson, and Doug Johnson. Please thank them for their service!

Wow! What an ordination for Jill Nichols-Hicks! Thanks to everyone who made this special service so lovely!!

Dianne made the gorgeous stole!



This group put on a great reception!

Melanie assisted!



The best ushering team



Laying on of hands

A full house!



A 'pastor trio'

Operation Bootstrap Africa had their event at SALC! Thanks to Dave and Michele Vossler for coordinating!



Commemorations of the church:

Wednesday, September 17

Hildegard, Abbess of Bingen, died 1179

A mystic who was widely influential within the church, Hildegard advised and reproved kings and popes, wrote poems and hymns, and produced treatises in medicine, theology, and natural history. She was also a musician and artist.

Thursday, September 18

Dag Hammarskjöld, renewer of society, died 1961

A Swedish diplomat, Hammarskjöld served as the second Secretary General of the United Nations until his death in a plane crash while trying to negotiate peace in present-day Zambia. His journal, published as *Markings*, revealed the depth of his Christian faith.

Saturday, September 20

Nelson Wesley Trout, bishop, died 1996 (TFF)

A native of Ohio, Trout served parishes in several parts of the United States before being elected bishop of the South Pacific District of the American Lutheran Church, the first African American Lutheran to serve in such a capacity.

Sunday, September 20th

Matthew, Apostle and Evangelist

Matthew (or Levi) was a tax collector in Capernaum for the Roman government. Tax collectors were frequently despised for dishonesty and for assisting the occupiers. Jesus nevertheless showed love for them, and chose Matthew to be a disciple.

DORCAS NEEDS BOXES!! Dorcas Circle needs extra-large shipping boxes to ship quilts to Lutheran World Relief. We prefer boxes that are approximately *2 feet tall*. Boxes can be broken down and brought to church. If you have any question, please contact Linda Willenberg at willenberglinda@gmail.com.



IT'S THAT TIME AGAIN!

This fall the Health and Wholeness Committee is collecting items for **Personal Care Kits**. Lutheran World Relief will give these kits to needy people throughout the world. (including the US) The need is never ending! Help us fill as many kits as we can with the following items. (We did 180 in the spring)

- **Bath towels: lightweight, dark colors, size 20"X40" to 27"X50".**
- **Soap: 4 or 5 oz.**
- **Toothbrushes: adult size. Multi-packs are ok**
- **Combs: Sturdy (no picks or fine-tooth combs)**
- **Nail Clippers: large sizes**
- **Medium size sturdy boxes, which we use for mailing.**

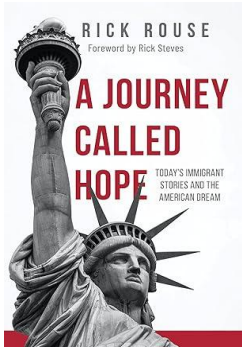
You may put your donations in the bin designated "LWR/Health Kits Items" in the Narthex, or leave on bench in office.

We also accept monetary donations. Clearly mark your check "Kits for LWR" and place in offering plate or mail to Saint Andrews.

On behalf of Health and Wholeness, thank you thank you thank you!

Submitted by Terri Anderson

Saint Andrew's Women's Book Group (Formerly WEBS)



A Journey Called Hope by Rick Rouse is our book selection for Fall 2025. The author tells “today’s immigrant stories and the American Dream”. Rick Rouse is a Lutheran pastor, professor, author, and popular conference speaker. He plans to visit our group for one of our meetings in November. We are also looking forward to Bill Brueggemann being our guest speaker on October 15th on Zoom.

We will meet promptly at 10:00 am on Wednesdays from October 8th through November 19th. We will end on time at 11:30 am. All women are invited to join us in the Library or on Zoom. We meet together to learn, share our stories, pray, and encourage service. And, we laugh a lot!

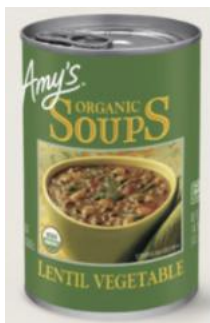
“Author Rick Rouse weaves a tapestry of immigrant experiences - successes, hopes, challenges, and dreams - that have often unfolded amidst global conflicts and political polarization...We discover how diversity enriches America and our faith.” (back cover)

The book is available through Chalice Press (ask Carol Schneider about a discount code) or Amazon (\$19.99). Contact Cheryl Jurrus (cheryljurrus74@gmail.com) for the reading/discussion schedule and Zoom link.

Outreach and Servant Ministries

Corner of Blessing - Food of the Month – September

hopelink



For the month of September Hopelink has asked us to collect **Hearty Soups!** Non-condensed, High calorie soups are what they need. **Progresso, Amy's and Chunky Campbells** are all great, well-loved brands. Here are some suggested examples: *Italian wedding soup, clam chowder, beef barley, chicken pot pie, lentil and vegetables, tomato bisque, etc.*



Ministry Partner of the Month for September



Most Generous God, we thank you for all that you provide to meet the needs of all your people. We thank you for the work that Samaritan Center does to strengthen our communities. We thank you for the therapists that are making that work happen. Bless and sustain them in their work. And watch over and protect the people that the Samaritan Center serves. In Jesus name we pray, Amen.

About Samaritan Center:

Samaritan Center's mission is "Restoring Hope and Reconciling Relationships." They seek to express God's love and compassion by offering hope for wholeness to individuals, couples, families, groups and congregations. They provide affordable professional services including counseling, consultation, education, and training. All Samaritan's therapists hold master's or doctoral degrees and are licensed in the state of Washington. Our mission is to provide the care that is needed regardless of our clients' ability to pay.

For more than 60 years, Samaritan Center of Puget Sound has been a regional leader in providing mental health services. They have built a reputation on depth of experience, ongoing professional training, and a commitment to affordable, accessible care.

Samaritan has a clinical staff of approximately 25 counselors. They serve a wide range of ages – couples and families as well as individuals. Their therapists see hundreds of clients a week throughout the State of Washington, both in-person and remotely, many at reduced fees.

Three of their **values** are:

- **Holistic** - They believe healing takes place on many levels – mental, emotional, physical and spiritual – and in many ways – individually, relationally and in communities.
- **Faith-Respecting** – They are an ecumenical Christian community that respects the beliefs of all people.
- **Inclusive** - They recognize that each person is created in the image of God and that we need one another's diversity. They welcome all people in a spirit of compassion and justice.

Saint Andrew's supports the work of the Samaritan Center in a couple of ways. We provide financial support through our current fund Outreach budget. And we provide space for them to meet with clients.



Lutherfest Tickets on Sale

Get your tickets now for the Oct. 5th Lutherfest.

This German style fall event features a bratwurst dinner, and appropriate beverages.

Gerdy Mende will lead the program which includes music, trivia about German Octoberfests and a look our Lutheran roots.

The Lutherfest raffle and auction proceeds will help underwrite an intergenerational mission trip to Lantern Hill in 2026.

Yes, volunteers are needed to pull off this party. (Fellowship Coordinator Sherry Grindeland - sherry@salc.church)

Tickets are \$20 person.

Raffle/Auction Items are coming in:

- *A beautiful handmade wooden jewelry box, made by Ron Ryan.*
- *A "Bible Story" wall-hanging quilt completed by Dianne Chong w/ Bible story books.*
- *A Paella Party; July 25, 2026 at the Getzingers. First 12 to sign up @ \$100. Pp*
- *Wine ! (6 bottles of red from Linda W.'s wine cellar to yours)*
- *Half day of Tech assistance (computer/smart phone/internet) from Johannes G*
- *A "Readers" package – handmade afghan, tea+cups, a couple of good reads.*
- *A Wine Tasting Party Gift basket*
- *"You might be Lutheran..." items from Old Lutheran*
- *A Lantern Hill/Mexico gift basket*
- *A 3-night stay in Hood Canal (Brinnon, WA).*
- *Penzey's Spices gift basket.*
- *Two (2) tickets to Pacific NW Ballet "In the Upper Room" – November date. Includes access to the donor lounge, which allow the winner to join us in the Allen Room one hour before the show and at all intermissions for complimentary hors d'oeuvres, dessert, wine, coffee, and water.*
- *Two tickets to the Seattle Symphony (choice of dates).*
- *Framed original watercolor painting of 2 waterfowl. By Lowell Stime (former LBI professor)*

What can you procure or donate (new items, please!) – sports/theater tickets, restaurant gift cards, a themed gift basket??? `Kathy can send the procurement form or grab a couple in the Narthex!!

For more information or to volunteer check with Fellowship Coordinator Sherry Grindeland at 425-746-2529 or sherry@salc.church.

Youth & Family Ministry Events!!



Sunday School returns in October!! We have great kids at Saint Andrew's who are excited about returning to Sunday school! We need **TEACHERS!!!** Can you contribute time to our youngest saints?? They have great, inquisitive minds and are fun to be around!! Curriculum is provided, you just need to like kids 😊 Contact Ann Thorpe (annthorpe@me.com) to be a teacher!




Knit Wits: At the last Knit Wits meeting such colorful, wash cloths, hats, and scarf were brought in. People will certainly appreciate these this coming winter.

Last week Dianne was able to send 60 black hats to Operation Bootstrap Africa for the MaaSAE Girls Lutheran Secondary School. Thanks to all of you who have made hats.

In October, Knit Wits will be back to meeting on the third Sunday (October 19) after the service.

Sunday, 9:00 AM
Education Hour
Getting to know our Neighbors
History of the indigenous people of Bellevue,
Beyond the Duwamash.
Brent Hicks, presenting
 Sunday, September 21st at 9:00 AM in the Fellowship Hall.
 Join us! All are welcome!

 Saint Andrew's
LUTHERAN CHURCH

NOTE: Our Education Hour on September 28 at 9:00 AM will be a presentation from our JEDI group exploring White Christian Nationalism - what is it, where did it come from and why Pastor called it an Idol in one of her Revelations sermons. Plan to be part of the discussion.

Health and Wholeness -Covid Information

COVID-19 (Coronavirus infectious disease 2019) caused by the SARS-CoV-2 virus continues to be present in our community, with cases rising this summer. With fall and winter coming and people indoors more of the time, cases are expected to rise. Health care professionals are recommending that folks without a contraindication should get an updated COVID-19 vaccine now. The vaccine is now available in pharmacies. The Washington state Department of Health just passed a rule that a prescription is not required to get the vaccine. So, getting a COVID shot is no more difficult than getting flu (influenza) or RSV (respiratory syncytial virus) vaccines. There are several COVID vaccines available. Below is the statement from the Department of Health.

Dave Vossler

Provider Alert: Washington State DOH Issues a Standing Order for People 6 Months and Older to receive the 2025-2026 COVID-19 vaccine

Date: September 15, 2025

On September 4, 2025, the Washington State Department of Health has issued a *statewide order allowing all residents aged 6 months and older to receive a 2025-2026 COVID-19 vaccine, regardless of health status.*

Current Situation:

- The Washington State Department of Health (DOH) continues to recommend that everyone 6 months and older, including pregnant people, stay up to date with the current COVID-19 vaccine to help protect against severe illness, long COVID, hospitalization, and death. · DOH recently issued a statewide standing order for COVID-19 vaccines that authorizes qualified health care providers – including doctors, pharmacists, and nurses – to administer the most up-to-date versions of the COMIRNATY, MNEXSPIKE, SPIKEVAX, and NUVAXOVID vaccines to everyone ages 6 months and older, including pregnant individuals, who do not have contraindications to the vaccine. Refer to DOH COVID-19 Vaccine Schedule.
- The standing order supports DOH’s recommendation that all people 6 months and older receive the COVID vaccine and is supported by recommendations from trusted national medical organizations such as the American Academy of Pediatrics, the American College of Obstetrics and Gynecology, and the American Academy of Family Physicians. The standing order removes a barrier to accessing COVID-19 vaccines, but other challenges remain. o COVID-19 vaccines remain covered by most private insurers, Apple Health, and Washington’s Adult Vaccine and Childhood Vaccine Programs.
- Patients do not need to provide documentation that they are “high-risk” if they receive the COVID-19 vaccine in Washington State. The standing order authorizes the administration of the COVID-19 vaccine to anyone 6 months and older including pregnant individuals if there are no contraindications.

Actions Requested:

- Recommend COVID-19 vaccination for all individuals 6 months and older without a contraindication, including pregnant people.
- A recommendation from a healthcare professional is one of the strongest drivers of vaccine uptake.
- Maintain 2025-2026 COVID-19 vaccine inventory.
- Ordering for COVID-19 vaccines through the Washington Childhood and Adult Vaccine Programs will likely open between the end of September and early October. · Review the standing order and FAQs and share with your networks as appropriate.
- Administer COVID-19 vaccine at the same time as other vaccines during a visit, such as giving COVID-19 and flu vaccines at the same time. · Address questions from patients about WA DOH's COVID-19 vaccine standing order.

Background:

Since 2021, COVID-19 vaccines have been recommended for all individuals 6 months and older who do not have contraindications to the vaccine. On August 27 the FDA approved 2025-2026 COVID-19 vaccines, but limited COVID-19 vaccine authorizations to those 65 and older, and those with at least one condition that puts them at high risk for severe outcomes from COVID-19. National medical organizations, some state and local health departments (including DOH and Public Health – Seattle & King County), continue to recommend COVID-19 vaccination for all people ages 6 months and above. Staying up to date with the current COVID-19 vaccines help protect against severe illness, hospitalization, long COVID, and death.





ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:

The Eastside Lutheran Church Community (ELCC) has created a new logo and the website has been updated with events throughout the summer to mark on your calendars!

Be sure to check out the website [HERE](#).

Peace Rock Painting

For Families with Children

Sunday, September 21, 2025, 3 PM

Anderson Hall

Our Savior Lutheran Church

745 Front St S, Issaquah

425-392-1201



**PEACE
WITH CREATION**
SEASON OF CREATION 2025



Weekly Calendar – You can access our full calendar [HERE](#).

Wednesday, September 17

2:00 PM Jackie Risdal Memorial Service

Thursday, September 18

7:00 PM Choir Rehearsal

Friday, September 19

Office is closed.

Saturday, September 20

Sunday, September 21

9:00 AM Education Hour –
Our Indigenous Neighbors

10:00 AM Worship

Monday, September 22

1:00 PM Staff meeting

7:00 PM Outreach Committee meeting

Tuesday, September 23

8:30 AM Tuesday Morning Men

10:00 AM Pastor's Bible Study

7:00 PM Building & Property Committee
Bell Choir

Wednesday, September 24

10:00 AM Care Team meeting

7:00 PM JEDI meeting

Thursday, September 25

7:00 PM Choir Rehearsal

Friday, September 26

Office is closed.

Saturday, September 27

Sunday, September 28

9:00 AM Education Hour – JEDI program

10:00 AM Worship

5:30 PM Sock Samuri event

Monday, September 29

1:00 PM Staff meeting

Tuesday, September 30

8:30 AM Tuesday Morning Men

10:00 AM Pastor's Bible Study

7:00 PM Bell Choir

Wednesday, October 1

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Soren Lester, Facilities Set-up

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

Find us on:



SALC Family Social Media Accounts:



We are a Reconciling in Christ (RIC)
Congregation



Do you have an item for "Trendings"? Please send it to Kathy by 12 Noon on Tuesday
(kathy@salc.church)