

What Can I Do?

1. Wear a keffiyeh to show support and counter the silencing of talk about Palestine
2. Buy fair trade items from the West Bank
3. Tell your friends and family about this event and other events you attend
4. Learn and share the story of one person from Palestine that touches your heart
5. Boycott, Divestment, Sanctions (BDS)
<https://www.bdsmovement.net/> for all the information you could want; consider trying the BoyCat app
6. Lobby our government and politicians for change CJPME has regular petitions you can support, or contact our elected representatives to express your views – this really does make a difference
7. Sign up for or Donate - Support organizations that are fighting for human rights and/or are working to change government policy. Some examples (there are many more) include
 - Amnesty International and Human Rights Watch
 - CJPME (Canadians for Justice and Peace in the Middle East) – Note that they have a great newsletter with regular actions you can take
 - B'tselem (Israeli Information Center for Human Rights in the Occupied Territories)
 - IfNotNow has a great list of organizations in Israel & Palestine -
<https://www.ifnotnowmovement.org/organizations-in-israel-palestine>
8. Inform yourself - ways to do this include the following (note that this is nowhere near an exhaustive list but gives you a few ideas of places to start in various categories)

BOOKS: If I must die by Refaat Alareer

The Palestine Israeli Conflict – A very short introduction by Martin Bunton

Erasing Palestine – Free speech and Palestinian Freedom by Rebecca Ruth Gould

An Israeli in Palestine by Jeff Halper

Daybreak in Gaza – Stories of Palestinian Lives and Culture edited by Mahmoud Muna and Matthew Teller

One Day, Everyone Will Always Have Been Against This by Omar El Akkad

I Don't Want This Poem to End by Mahmoud Darwish

Things You May Find Hidden in My Ear by Mosab Abu Toha

On Palestine by Noam Chomsky & Ilan Pappé

Christ in the Rubble: Faith, the Bible, and the Genocide in Gaza by Munther Isaac

NEWS SOURCES: <https://www.aljazeera.com/>

<https://english.wafa.ps/>

<https://ifamericansknew.org/>

<https://www.972mag.com/>

<https://www.middleeastmonitor.com/category/news/middle-east/>

WEBINARS: organizations that have useful and informative webinars available online include

Green Olive Collective - <https://members.greenolivecollective.com/webinars/>

Doctors Against Genocide - <https://www.youtube.com/@DoctorsAgainstGenocide>

Voices from the Holy Land - <https://www.voicesfromtheholylnd.org/salonrecordings>

Combatants for Peace - <https://www.youtube.com/@combatantsforpeace501>

INFOGRAPHICS – check out Visualizing Palestine - <https://visualizingpalestine.org/Courage>

Questions? Want to get involved or informed? Contact peacewithhumanity@gmail.com

Get Together in Person (vigils, demos, talks) - Courage is Contagious

