## Experiencing Calmness in the Storms of Life Psalm 57

| _  | to God for mercy (v1). |  |               |       |
|--|------------------------|--|---------------|-------|
| Take in him (v1; Ps 18:1-2; 46                             |                        |  | 1; 138).      |       |
| Ground your confidence in the of God (v7).                 |                        |  |               |       |
| Continue to God and seek his (v5-11; Ps 108:1-5; 138:1-2). |                        |  |               |       |
| Trust G  | God's                  |  | for your life | (v2). |

Be intentional in getting connected to the body of Christ.