

## #TargetPractice: What has God equipped you to do?

We learned today about Moses. What were some amazing things that Moses is known for doing? (The 10 plagues in Egypt, Leading the Hebrew slaves to freedom, Splitting the Red Sea, The Ten Commandments, Leading Israel in the desert for 40 years...)

Wow! Those are some incredible things!! But what did Moses do when God sent him to free the Israelites from slavery? (he didn't think he could do it...he wasn't good enough...he didn't have the right skills...)

Have you ever thought that you are too young to do anything to serve God? Or you don't know enough yet? Or you don't have any skills?

Guess what! None of that is true!! None of us are fully capable of serving God on our own but God is there to help us. He has given each of us talents and skills we can use to serve Him...no matter how young or old we are. We just need to ask Him to help us see what needs to be done and give us the courage to do it.

But you might say, "What kinds of things can I do?" First, let's think of some skills or talents you might have.

### *Kid input*

Now, is serving God always going to be something huge and dramatic like we saw Moses doing? NO! Let's think of some ways we can serve God using your talents and skills.

Let's read Matthew 22:37-39 to help us out.

**37** Jesus answered, *"Love the Lord your God with all your heart, soul and mind."*<sup>[a]</sup> **38** *This is the first and most important command. 39 And the second command is like the first: 'Love your neighbor as you love yourself.'* (Matthew 22:37-39)

Jesus said to LOVE GOD and LOVE OTHERS.

What are some things you can do to show love to God?

### **1. Pray Regularly**

*Talk to God in their own words.*

*Pray for family, friends, and those in need.*

*Say thank-you prayers to build gratitude.*

## **2. Read or Listen to Bible Stories**

*Learn about God's love and His teachings.*

*Share favorite Bible stories with others.*

What are some ways you can show love to others?

## **3. Show Kindness**

*Help a friend who's feeling down.*

*Stand up for someone being bullied.*

*Use kind words, even when it's hard.*

## **4. Help at Home**

*Clean up without being asked.*

*Help younger siblings.*

*Serve parents with a cheerful heart — a real act of love and obedience to God (Ephesians 6:1).*

## **5. Volunteer at Church**

*Join a children's choir or help in Sunday school.*

*Pass out bulletins or greet people with a smile.*

*Make cards or crafts for people in the hospital or elderly in the church.*

## **6. Share What They Have**

*Donate toys or clothes to those in need.*

*Give a portion of their allowance to charity or missions.*

## **7. Forgive Others**

*Practice saying “I forgive you” and meaning it.*

*Learn to let go of anger — that’s a huge way to reflect God’s heart.*

### **8. Be a Light**

*Jesus said, “Let your light shine” (Matthew 5:16).*

*That can mean being joyful, honest, or a good friend — especially when others aren’t.*

There are lots of ways we can serve God. Look for ways you can show love to God and others this week!