

Sunday Sermon Summaries

Pastor Philip Thomas, September 14, 2025 Galatians 5:13-6:10 - Living Free (Part 4)

1. First Summary of the Sermon

Pastor-Focused Summary (sermon flow):

The sermon centered on **Galatians 5:22-23** within the context of **Galatians 5:13-6:10**, with a focus on the fruit of the Spirit, especially the first three attributes: love, joy, and peace.

Pastor Philip began by reading the passage and explaining the contrast between living by the Spirit and living by the flesh. The acts of the flesh are obvious and destructive, while the Spirit produces godly fruit. He emphasized that bearing fruit requires being planted by streams of living water, as Psalm 1 shows, and warned against walking, standing, or sitting in sinful influence.

The key is to delight in God's Word, meditate on it day and night, and plant ourselves in the life-giving streams of the Spirit. He then explained that vines must remain connected to the vine, as in John 15, to produce fruit.

Moving to the specific fruits, he highlighted love as the greatest -- central to God's nature, the gift of salvation, and our response to Him. He read 1 Corinthians 13:13 and Ephesians 3:14-19, stressing that grasping even a part of God's love fills us with His fullness and transforms our lives.

Next, joy was explored as something found, not in blessings, but in trials. James 1:2-3 teaches that testing produces perseverance, which makes us steadfast in our faith.

Lastly, peace was explained as not the absence of conflict but the presence of God's Spirit in the midst of chaos. Romans 15:13, Isaiah 26:3, and Philippians 4 (referenced in theme) reminded us that peace comes by trusting in God.

The sermon concluded with a call to respond: allow the Holy Spirit to fill, Jesus to abide, and the Father to prune us, so that we may truly bear love, joy, and peace for God's glory.

Overall View Summary (bird's-eye perspective):

This sermon unfolded the meaning of the fruit of the Spirit, focusing on love, joy, and peace as foundational for Christian life. Through vivid imagery of trees by water (Psalm 1), vines connected to the vine (John 15), and the reality of life's seasons (Ecclesiastes 3), the pastor showed that fruitfulness comes only from abiding in God's Word and Spirit. To bear the good fruit of the Spirit, we must first be planted by the streams of living water, attached to the vine, and continually pruned by the gardener.

Love is the essence of God and the greatest command, joy is found even in trials as faith is tested and strengthened, and peace is the Spirit's gift in believing, even when chaos surrounds us. This message called for believers not only to admire these virtues, but to actively yield to God's work in your daily life -- to let Him plant, prune, and shape us so that our lives display fruit that blesses others, and glorifies Him. Hallelujah!



Scripture Reference

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Galatians 5:13-6:10	Core passage read in full contrasts acts of the flesh with fruit of the Spirit; call to live by the Spirit, carry burdens, sow to please the Spirit, and not grow weary in doing good.
Galatians 5:22-23	Focus of the sermon the first three fruit of the Spirit listed: love, joy, and peace
Psalm 1:1-3	Tree by streams of water, bearing fruit in season; warning against walking, standing, or sitting with sinners.
Ecclesiastes 3:1-8	A time and season for every activity under heaven.
John 7:37-39	Jesus offers living water, pointing to the Spirit yet to be given.
John 15:1-8	Jesus as the true vine; branches must remain in Him to bear fruit; pruning for greater fruitfulness.
1 Corinthians 13:13	"These three remain: faith, hope, and love. The greatest of these is love."
Ephesians 3:14-19	Paul's prayer to grasp the width, length, height, and depth of Christ's love; filled with God's fullness.
James 1:2-3	Consider trials pure joy; testing of faith produces perseverance.
Romans 15:13	God fills with joy and peace in believing, by the Spirit's power.
Isaiah 26:3	God keeps in perfect peace those whose minds are stayed on Him.
Colossians 1:9-12	Benediction: prayer for knowledge, strength, endurance, patience, joyful thanks, and fruit-bearing.

Description

2 3. Important Points

The Fruit of the Spirit (Galatians 5:13-6:10)

- The acts of the flesh are destructive and obvious, but the fruit of the Spirit is godly and life-giving.
- Believers are called to live by the Spirit, not the flesh, and to carry each other's burdens.
- We don't do good works because we want to be saved we do good works because we are saved!
- Do not grow weary in doing good ask the Lord for help whenever you are in need -- for at the right time, a harvest comes if we do not give up.

Trees Planted by Streams (Psalm 1)

- Fruitfulness requires being planted in the right place: by streams of living water.
- Avoid walking, standing, and sitting with sinful influences, which shape desires.
- Instead, delight in God's Word, meditate on it day and night, and be nourished by it.

The Seasons of Life (Ecclesiastes 3)

• Bearing fruit requires patience, recognizing God's timing in every season.

- Sensitivity to God's seasons prevents reacting wrongly to circumstances.
- God calls His people to align with His ordained times and purposes.

The Vine and the Branches (John 15)

- Branches cannot bear fruit without remaining connected to the vine.
- Jesus is the true vine; believers are branches who must abide in Him.
- Pruning by the Father is necessary for greater fruitfulness.

Love Is the Greatest (1 Corinthians 13; Ephesians 3)

- Love captures God's essence, His salvation, and His call to us.
- Grasping God's love, fills believers with the fullness of God, transforming life.
- Love defines the Christian response, and is the foundation for all fruit.

Joy in the Midst of Trials (James 1:2-3)

- Joy is not in blessings but in trials, where faith is tested and you can see it yourself.
- Trials produce perseverance, strengthening faith to endure.
- Even in suffering, joy is possible because God is forever present, and always faithful.

Peace in Believing (Romans 15:13; Isaiah 26:3)

- Peace is not the absence of problems, but the Spirit's gift in trusting God.
- Believers experience peace when their minds are set on God's Word and promises.
- Perfect peace comes when your faith rests in God, despite chaos and/or suffering.

Response and Application

- Bearing fruit comes from yielding to God: being filled with the Spirit, abiding in Christ, and patiently accepting His pruning.
 - Believers often resist watering, abiding, and pruning, yet fruit only comes through surrender.
- The call is to let God break or soften us, and transform us, so that our lives overflow with love, joy, and peace.
 - A fruitful church and people bring blessings to families, communities, nations, and the world.

4. Second Summary of the Sermon

1. Sermon Overview:

The sermon focuses on **Galatians 5:22-23** exploring the first three attributes of the Fruit of the Spirit: love, joy, and peace. Pastor Philip discusses how believers can bear spiritual fruit by remaining connected to Christ and allowing the Holy Spirit to work through them.

2. Key Themes:

A. Spiritual Fruit Bearing

- Fruit requires being connected to a life source
- Metaphors of trees and vines illustrate spiritual growth

- Requires intentional spiritual practices
- Depends on connection with God (the vine, the living water)

B. Understanding Love, Joy, and Peace

Love:

- The greatest attribute
- Captures God's essence
- Demonstrates God's relationship with humanity
- Transformative when truly understood

Joy:

- Found even in trials
- Not dependent on circumstances
- Produces perseverance
- Develops spiritual strength through challenges

Peace:

- Not absence of conflict
- Comes from trusting God
- Transcends understanding
- Maintained by keeping mind focused on God

3. Practical Application Steps:

- 1. Meditate on the Fruit of the Spirit daily
- 2. Depend on the Holy Spirit
- 3. Allow God to prune and shape your life
- 4. Respond to challenges with love
- 5. Maintain joy through faith
- 6. Seek peace by trusting God
- 7. Abide in Christ
- 8. Be open to the Holy Spirit's work
- 9. Yield to God's transformative process
- 10. Respond to world's challenges with spiritual attributes

4. Core Message:

Bearing spiritual fruit is about dependence on God, allowing the Holy Spirit to work, and responding to life's challenges with love, joy, and peace.



According to the sermon, what initial actions are essential for individuals to start bearing spiritual fruit?

1. Spiritual Positioning

- Be planted by "streams of living water" (spiritual sources)
- Position yourself to receive spiritual nourishment
- Deliberately choose to connect with God

2. Intentional Spiritual Disciplines

- Delight in God's law and Word
- Meditate on Scripture day and night
- Spend consistent time with God in His word and prayer

3. Spiritual Attitude Adjustments

- Avoid walking in step with the wicked,
- Avoid standing in the way of sinners,
- Avoid sitting in the company of mockers
- Be careful about what thoughts and influences you allow to guide you
- Let God transform your mind through His Word and His Presence

4. Dependence on God

- Recognize you cannot bear fruit independently of Jesus
- Remain connected to Christ (like a branch to a vine)
- Allow the Holy Spirit to work in, and through you

5. Openness to Spiritual Transformation

- Be willing to be pruned by God's wisdom and kindness
- Surrender control to the Lord
- Allow God and His word to shape, guide, and mold you
- Be patient with your spiritual growth process, let God's timing be perfect

6. Practical Spiritual Engagement

- Trust God in trials
- Maintain a believing attitude in your heart
- Keep your mind focused on God and His love
- Respond to challenges with the spiritual attributes of Love, Joy, and Peace

The sermon emphasizes that bearing fruit is not a self-generated effort, but a result of consistent, intentional connection with God and openness to His transformative work.



According to the sermon, what are common hindrances to abiding in Jesus?

1. Worldly Influences

- Walking with "the wicked"
- Standing in "the way sinners stand"
- Sitting "in the company of mockers"
- Allowing evil or unhealthy social gatherings or media, and worldly influences to shape our thoughts

2. Spiritual Resistance

- Fighting against God's pruning process
- Reluctance to spend extended time with God
- Avoiding spiritual disciplines
- Resisting transformation

3. Limited Time and Busyness

- Claiming "I don't have time to get to the water"
- Limiting quiet time with God (e.g., only 5 minutes in the morning)
- Prioritizing personal schedules, over spiritual connection with God

4. Comfort and Control

- Wanting to maintain personal comfort first
- Fearing that spiritual growth will be painful, and resisting it
- Fearing loss of personal control
- Fear and unwillingness to let God do "whatever He wants"

5. Misunderstanding Spiritual Growth

- Expecting a smooth, conflict-free spiritual life
- Believing salvation means avoiding trials
- Wanting fruit without the necessary spiritual discipline
- Seeking our righteousness, rather than God's righteousness
- Seeking quick spiritual results without seeking God, Himself
- Not seeing or understanding that God is infinitely wise, and truly and eternally loving
- Not trusting God's word (the Bible)

The sermon emphasizes that these hindrances stem from human nature's tendency to fear and resist surrender, prioritize self, and avoid transformative spiritual processes. It comes from not really knowing God, or any of His wise, wonderful and loving attributes or counsel.

God loves you. Seek Him. Trust Him. He will let you find Him.



How might one actively integrate biblical principles into daily decision-making and actions?

1. Spiritual Awareness

- Constantly meditate on God's Word
- Be sensitive to the Holy Spirit's guidance
- Recognize different life seasons and God's timing
- Pause before making decisions to seek spiritual perspective

2. Intentional Spiritual Practices

- Start each day connecting with God
- Regularly read and reflect on Scripture
- Pray for wisdom and guidance
- Cultivate a mindset of dependence on God

3. Decision-Making Filters

- Ask: "Does this align with love, joy, and peace?"
- Evaluate choices through the lens of spiritual fruit
- Avoid decisions driven by flesh-based desires
- Seek counsel from spiritually mature individuals

4. Responsive Living

- Respond to challenges using you spiritual attributes
- Choose love over anger
- Maintain joy despite circumstances
- Seek peace through trust in God

5. Continuous Transformation

- Be open to God's pruning and shaping
- Surrender personal control
- Allow the Holy Spirit to work through you
- View challenges as opportunities for spiritual growth

6. Practical Application

- Practice self-reflection
- Be accountable to a spiritual community
- Regularly test your actions against biblical principles
- Cultivate a lifestyle of continuous spiritual learning

The key is maintaining an ongoing, dynamic relationship with God, allowing His principles to guide every aspect of life.