

HOLY CROSS DAY
SUNDAY, SEPTEMBER 14, 2025

*Far be it from me to glory except in the cross
of our Lord Jesus Christ. Galatians 6:14*



ST PAUL'S CATHEDRAL
LONDON, ONTARIO | ANGLICAN DIOCESE OF HURON

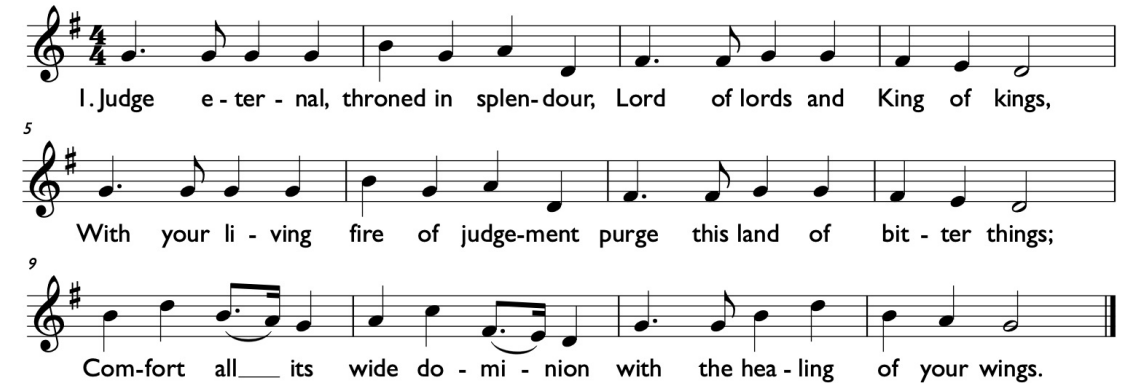
SUNG EUCHARIST (Book of Alternative Services)

Please stand when clergy enter.

Opening Hymn *Judge Eternal, Throned in Splendour*

RHUDDLAN
CP 594

Trad. Welsh



- | | |
|---|---|
| <p>2 Weary people still are longing
for the hour that brings release,
and the city's crowded clamour
cries aloud for sin to cease;
and the countryside and woodlands
plead in silence for their peace.</p> | <p>3 Crown, O God,
your own endeavour;
cleave our darkness
with your sword;
cheer the faint and feed the hungry
with the richness of your word.
Cleanse the body of this nation
through the glory of the Lord.</p> |
|---|---|

THE GATHERING OF THE COMMUNITY

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Presider In this time and place, we gather on the ancestral beaver hunting grounds of the Algonquin, Haudenosaunee and Attawandaran peoples; the traditional lands of the Anishnaabe Peoples, the Haudenosaunee Confederacy, and the Lenni-Lanape Peoples; and the current communities of the Chippewa of the Thames First Nation, Oneida Nation of the Thames, and Munsee-Delaware Nation.

People **From many places and peoples we come to this time of prayer.**

Presider We uphold our common stewardship of creation and our common birthplace of God's earth.

People **We respect our place on this land and move forward in love and peace.**

Presider Almighty God,

People **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Gloria
(Mass of St. Thomas)

David Thorne

REFRAIN

Glo - ry to God. Glo - ry to God. Glo - ry to God in the High - est.

VERSE 1

Glo - ry to God in the High - est, and peace to his peo - ple on earth.

Lord God, Heav'n - ly King, Al - might - y God and Fa - ther, we

wor - ship you, we give you thanks, we praise you for your glo - ry.

VERSE 2

Lord, Je - sus Christ, on - ly son of the Fa - ther. Lord God,

Lamb of God, you take a-way the sin of the world; have mer - cy on us. You are

sea - ted at the right hand of the Fa - ther: re - ceive our prayer.

(Continued)

VERSE 3

For you a - lone are the Ho - ly one, you a - lone are the Lord,

you a - lone are the most high, Je - sus Christ, with the Ho - ly

Spi - rit, in the glo - ry of God the Fa - ther.

The Collect of the Day

Presider Let us pray. *(silence)*

Almighty God, whose Son our Saviour Jesus Christ was lifted high upon the cross that he might draw the whole world to himself, may we who rejoice in the mystery of our redemption, have grace to take up our cross and follow him, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People **Amen.**

“Children's Corner” – Children are welcome to join Heather in the Assembly Room.

Congregation be seated for the Proclamation of the Word.

PROCLAMATION OF THE WORD
(Silence is observed between the readings and the homily for reflection.)

A Reading from the Book of Numbers: Reader: Mary Ann McDowell

The people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look

at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.
(Numbers 21:4b-9)

Reader The word of the Lord.
People **Thanks be to God.**

Psalm 98:1-6



The Lord has made known his vic-tory.

A Reading from the Letter of Paul to the Corinthians: *Reader: Elyshia John*

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. (1 Corinthians 1:18-24)

Reader The word of the Lord.
People **Thanks be to God.**

Sequence Hymn

ALLELUIA NO. 1
CP 405

Donald Fishel
1950 -

I. Al - le - lu - ia, al - le - lu - ia! Give thanks to the ri-sen Lord. Al - le - lu - ia, al - le - lu - ia! Give thanks to his name.

Holy Gospel John 3:13-17

Reader The Lord be with you.
People **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to John
People **Glory to you, Lord Jesus Christ.**

Jesus said, "No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Reader The Gospel of Christ.
People **Praise to you, Lord Jesus Christ**

I. Al - le - lu - ia, al - le - lu - ia! Give thanks to the ri-sen Lord. Al - le - lu - ia, al - le - lu - ia! Give thanks to his name.

Homily The Most Reverend Linda Nicholls *Please be seated*

The Nicene Creed *Please stand*

Presider Let us confess our faith, as we say,
All **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him

all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of Intercession Led by Susan Patterson

Leader Gracious God, we come to you in prayer for the church, the world, and all in need. I invite you to take a comfortable posture: standing or sitting for the Prayers of the People.
(A brief silence.)
Sustaining God, guide your church on the way. Give us patience in our journey, and protect us from division and doubt. May we look to the cross and live. God of grace,
People **receive our prayer.**
Leader Creator God, renew the earth. Heal our planet from the venom of greed and exploitation, and direct us to respect all life as a gift from you. May we look to the cross and live. God of grace,
People **receive our prayer.**
Leader God of wisdom, grant discernment to those in authority. Thwart the plans of the proud, bring low the mighty, and uphold those who work for peace. May they seek the way of the cross and live. God of grace,
People **receive our prayer.**
Leader God of grace, alleviate suffering. Comfort the sick and the grieving especially Ann & Ellis, Marg, George, Trudy, Sharon, Carol, Harvey & Family, Leigh, Sue, Roland, Patricia, Kevin. Come to the aid of those who are hungry or needing shelter. May they find hope in the cross and live. God of grace,

People **receive our prayer.**
Leader Good Shepherd, guide your flock. Protect us from the world’s lies and lead us in the way of truth. Strengthen us in our faith and inspire us to serve others. May we follow you to the cross and live. God of grace,
People **receive our prayer.**
Leader Merciful God, you receive into your loving embrace those who have died. Giving thanks for them, may we find comfort in the cross and live in the hope of resurrection. God of grace,
People **receive our prayer.**
Leader Gracious God, we lift up the community of St. Paul’s, clergy and all ministry leaders entrusted with holy work. May Your Holy Spirit guide them in faithfulness, that all who enters this sacred space may encounter the redeeming love of Christ Jesus. Let our witness extend beyond these walls, bearing Your light to the world. God of grace,
People **receive our prayer.**
Leader We entrust these prayers to you, O God, in the name of Jesus Christ, our redeemer and friend.
Amen.

Confession and Absolution

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider Most merciful God,
All **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People **Amen.**

The Peace *Please stand*

Presider The peace of the Lord be always with you.

People **And also with you.**

Offertory Hymn *Thou, Who at Thy First Eucharist*

SONG I
CP 57

Orlando Gibbons
(1583-1625)

I. Thou, who at thy first eu - cha - rist didst pray that all thy

5 church might be for - ev - er one, grant us at ev - ry eu - cha - rist to say with

11 long - ing heart and soul, "Thy will be done". O may we all one

15 church, one bo - dy be, through this blest sa - cra - ment of u - ni - ty.

(continued)

2. For all thy church, O Lord, we intercede:
make thou our sad divisions soon to cease;
draw us the nearer each to each, we plead,
by drawing all to thee, O Prince of Peace.
Thus may we all one bread, one body be,
through this blest sacrament of unity.
3. So, Lord, at length when sacraments shall cease,
may we be one with all thy church above,
one with thy saints in one unbroken peace,
one with thy saints in one unbounded love;
more blessed still, in peace and love to be
one with the Trinity in Unity.

THE CELEBRATION OF THE EUCHARIST

Prayer over the Gifts

Presider Merciful God, through the death of your beloved Son you transformed an instrument of shame into a sign of hope and glory. Receive all we offer you this day, and renew in us the mystery of his love; through the same Jesus Christ, the Lord of glory.

People **Amen.**

The Great Thanksgiving

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Presider Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who for our sins was lifted high upon the cross, that he might draw the whole world to himself. By his suffering and death, he became the source of eternal salvation for all who put their trust in him.

Therefore with all the host of heaven who gather around your throne and the Lamb, we raise our voices to proclaim the glory of your name.

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
might, heav'n and earth are full of your glo - ry. Ho -
san - na, ho - san - na, ho - san - na in the
high - est. Ho - san - na, ho - san - na, ho -
san - na in the high - est. Bless - ed is he who comes in the
name of the Lord. Ho - san - na, ho -
san - na, ho - san - na in the high - est. Ho -
san - na, ho - san - na, ho - san - na in the high - est.

Music: *Mass of the Angels and Saints*, Steven R. Janco, © 1996, GIA Publications, Inc.

Presider We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.

All Therefore, Father, according to his command,
we remember his death,
we proclaim his resurrection,
we await his coming in glory;

Presider and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

Community Mass
CP 734

Richard Proulx
1937-2010

People

Organ: All sing:



A - men, A - men, A - men.

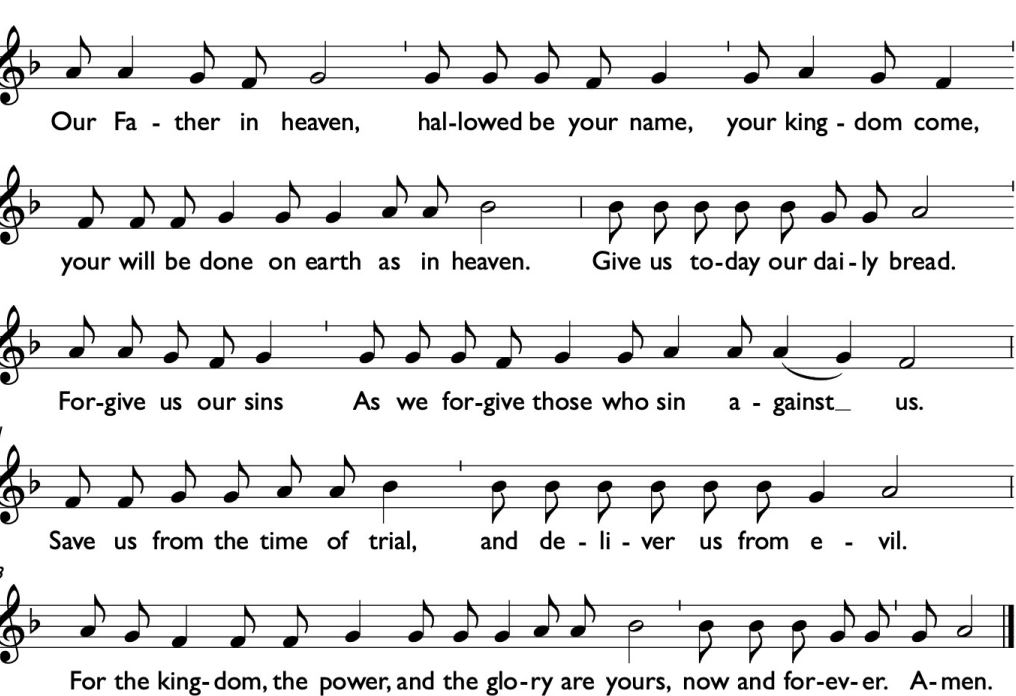
Lord’s Prayer

Presider:



Priest: As our Sa-viour taught us, let us pray:

All



Our Fa - ther in heaven, hal-lowed be your name, your king - dom come,
your will be done on earth as in heaven. Give us to-day our dai - ly bread.
For-give us our sins As we for-give those who sin a - gainst us.
Save us from the time of trial, and de - li - ver us from e - vil.
For the king- dom, the power, and the glo-ry are yours, now and for-ev-er. A-men.

The choir will sing the **Agnus Dei** from *Missa 'L' hora passa'* by Lodovico Grossi da Viadana (1560 - 1627)

Agnus Dei, qui tollis peccata mundi: Miserere nobis / Dona nobis pacem.
Lamb of God, who takes away the sins of the world: Have mercy on us / Grant us peace.

The Communion

Presider The gifts of God for the People of God.
All **Thanks be to God.**

Gluten-free communion wafers are available. Please indicate your wish to the administrant at Communion.

Communion Anthem

Giovanni Pierluigi da Palestrina (1525/6 - 2 February 1594)
Sicut Cervus (As the Hart Longs)

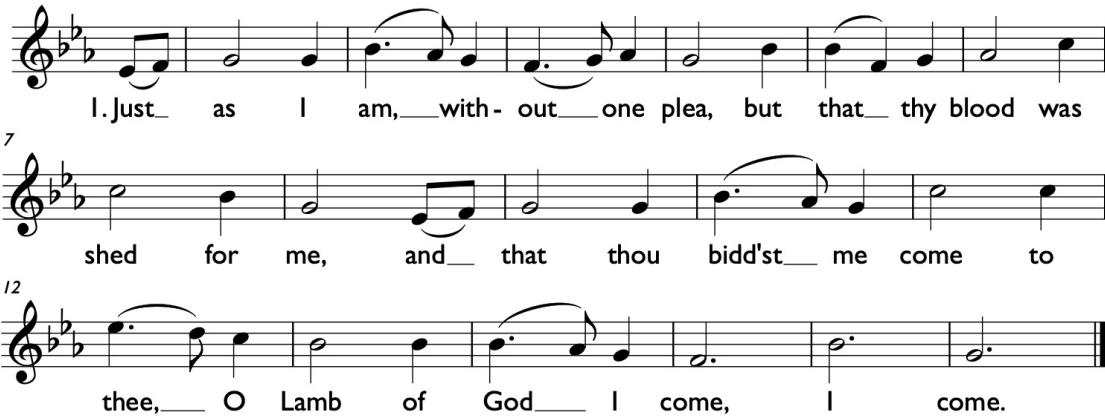
Psalm 42:1

Sicut cervus desiderat ad fontes aquarum, As a hart longs for the flowing streams,
ita desiderat anima mea ad te, Deus. so longs my soul for thee, O God.

Communion Hymn *Just as I Am*

WOODWORTH
CP 615

William Bradbury
1816-1868



I. Just as I am, with - out one plea, but that thy blood was
shed for me, and that thou bidd'st me come to
thee, O Lamb of God I come, I come.

(continued)

- 2

Just as I am, poor, wretched, blind;
sight, riches, healing of the mind,
yea, all I need, in thee I find,
O Lamb of God, I come, I come.
- 3

Just as I am, though tossed about
with many a conflict, many a doubt,
fightings and fears within, without,
O Lamb of God, I come, I come.
- 4

Just as I am, and waiting not
to rid my soul of one dark blot,
to thee, whose blood can cleanse
each spot,
O Lamb of God, I come, I come.
- 5

Just as I am-thy love unknown
has broken every barrier down-
now to be thine, yea, thine alone,
O Lamb of God, I come, I come.

Prayer after Communion (silence is kept)

Please stand

Presider

Let us pray.
Almighty God, we give thanks that you have made us partakers of the body and blood of your Son Jesus Christ our Lord, who took our nature upon him and suffered death upon the cross for our redemption; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People

Amen.

Doxology

Presider

Glory to God,

All

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Closing Announcements and Blessing

Post Communion Hymn *O Jesus, I Have Promised*

WOLVERCOTE
CP 438

William Ferguson
1874 - 1950

I. O Je - sus, I have pro - mised to__ serve thee to__ the end; be
thou for - ev - er__ near__ me, my__ Mas - ter and__ my Friend. I
shall not fear the__ bat - tle if__ thou art by my side, nor
wan - der from the__ path - way if__ thou wilt be__ my guide.

- 2

O let me feel thee near me:
the world is ever near;
I see the sights that dazzle,
the tempting sounds I hear;
my foes are ever near me,
around me and within;
but, Jesus, draw thou nearer
and shield my soul from sin.
- 3

O Jesus, thou hast promised
to all who follow thee,
that where thou art in glory
there shall thy servant be;
and, Jesus, I have promised
to serve thee to the end!
O give me grace to follow,
my Master and my Friend.
- 4

O let me see thy footmarks
and in them plant mine own:
my hope to follow duly
is in thy strength alone.
O guide me, call me, draw me,
uphold me to the end;
and then in heaven receive me,
my Saviour and my Friend.

Dismissal

The Deacon dismisses the congregation in these or similar words:

Deacon Go forth in the name of Christ. Alleluia.
People **Thanks be to God.**

Postlude	Choral Song and Fugue	Samuel Sebastian Wesley (1810 - 1876)
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Notes for the Postlude:

Samuel Sebastian Wesley (the Grandson of Charles Wesley of Methodist fame) was an English Cathedral Organist and Director, who held posts at various cathedrals, including Hereford, Winchester and Gloucester. He wrote around 25 organ pieces, and is best known for his choral works, and a couple of hymn tunes, including 'Aurelia', which we know well as 'The Churches One Foundation'.

This piece (very much influenced by the Prelude and Fugue pairing of J.S. Bach) begins with a grand hymn like tune, which Wesley gradually develops in little sections, but keeps returning to, binding this movement together. The fugue uses a descending, almost untouched C major scale as its subject, with a wonderful bouncy rhythm at the start, helping us hear its appearance throughout the piece. The fugue explores all sorts of keys, and includes a second subject (fugue within a fugue!), including C# major, which creates the large chord towards the end of the piece, building up from the bottom and banishing all the previous keys. A final joyous page of music across a dominant pedal leads us to the end.

The original piece would have sounded different and far less grand - it was written for chamber organ (a small organ of perhaps no more than 8 stops) and few pedals (notes for the feet). Walter Emery (1909-1974) a highly respected English musicologist made an edition that expands on the original, providing a more developed pedal part, adding notes and richer manual registrations suitable for a modern cathedral organ, and it is this satisfying version we hear today.

Interestingly, Wesley may well have approved of this version. The keyboard for the feet on most modern organs is shaped in a concave way - that is to say it radiates out (like a protractor) from the player, making access for the feet easier. Older organs have straight pedal boards (or worse, inverse concave) making playing harder and more limited in ease of

use. Wesley developed this conclave pedal board with famous English organ builder, Father Willis, which has become the standard across the world.

Coffee Hour

After the service please join us for coffee and cold drinks.

ANNOUNCEMENTS

Diocese of Huron Chain of Prayer – Today we pray for the Parishes of Christ Church, Ayr; St. James, Cambridge; St. John's, Cambridge; St. Luke's, Cambridge.

Memorial Flowers – This is a wonderful way to beautify our Church, while remembering our loved ones. There are available Sundays for all Altars, especially during the summer months. For more information please contact Carrie Fieldhouse at 519-434-3225, ext. 201 st.pauls@stpaulscathedral.on.ca.

Learn more about the Cathedral! Check us out online at: www.stpaulscathedral.on.ca
If you wish to receive a weekly email from the Cathedral for current and upcoming events
please email: st.pauls@stpaulscathedral.on.ca
The Cathedral: <https://www.facebook.com/StPaulsLondonCanada>

Presenting the Tuesday Concert Series at St. Paul's.

We are delighted to announce the return of our popular concert series, now on **Tuesdays at 12:15 PM**. (Moved back from Thursday by popular demand).

This season begins on **October 7th** with an extraordinary performance by **Michael Bloss**, one of Canada's finest organists. Ahead of his upcoming recording, Mr. Bloss will perform the stirring, romantic music of French composer **César Franck**.

This series offers a weekly dose of musical inspiration, featuring a diverse lineup of organists, instrumentalists, and vocalists. The series concludes on **November 25th**.

As a gesture of our gratitude for your support, a complimentary lunch will be provided. Feel free to enjoy your meal with us or take it with you.

Experience the majesty of live music and enjoy a free lunch every Tuesday!



Once again, we have been selected to host Doors Open which will be held on September 20th and 21st, 2025. This year's theme is **Sights, Sounds, & Stories that Make Our City**. Heritage buildings are encouraged to show how their spaces have been repurposed. We will be open from 10am to 2pm on Saturday and 11:30am to 4pm on Sunday. If you would like to participate in some way, please contact Deacon Pat Henderson who is looking for volunteers. Thank you.

Ever wondered what makes the organ the "King of Instruments?"

During Doors Open, September 21 & 22 @ 1pm, join Director of Music, Laurence Williams, for an interactive journey behind the scenes of our magnificent organ. This isn't just a concert-it's a chance to demystify the organ and learn about its hidden powers.

- Discover the secrets of the pipes and stops.
- Find out why an organist needs multiple keyboards, pedals and special shoes from a ballet shop.
- Experience the incredible range of sounds, from a whisper to a roar.

All of this will be woven into a performance of some of the most beautiful and exciting organ music ever written. It's a fun and fascinating event for all ages - lasting just under an hour.

Bible Study, Mid-Week Holy Eucharist, Soup – Wednesdays @ 11am.

Today's Liturgical Leaders

Presider – **The Venerable Sam Thomas**
Preacher – **The Most Reverend Linda Nicholls**
Gospeller – **The Reverend Pat Henderson**
Organist & Director of Music – **Laurence Williams**
Associate Organist – **Olakunle Aoko**
Servers – **Stephanie Allen, Raphael Samuel, Tristan Fair**
Lay Administrants – **Lois Gosney, Marilyn Papple**
Greeters – **Linda Gregson, Florence Perkes**
Welcome Ministers – **Hazil Malone, Benita Onebunne, Catherine Morrissey**
Live Stream – **Jade Vajna**
Children's Ministry – **Heather Clark**
Warden – **Doreen Kyomugisha**

The Right Reverend Todd Townshend
Bishop of Huron
The Very Reverend Dr. Kevin George
Dean of Huron & Rector of St. Paul's Cathedral
The Venerable Sam Thomas
Senior Associate Priest/Director of Pastoral Care
The Reverend Dr. Dawn Davis
Director of Faith Formation
The Reverend Pat Henderson
Deacon
The Reverend Canon Marian Haggerty
Honorary Assistant Emeritus
The Most Reverend Linda Nicholls
Honorary Assistant

The Reverend Dr. Joshua Samuel
Resident Theologian
Laurence Williams
Organist & Director of Music
Gord Rolleston
Church Warden
Jim Ferguson
Church Warden
Doreen Kyomugisha
Deputy Church Warden
Heather Clark
Children's Ministry
Carrie Fieldhouse
Parish Coordinator

