

The Holy Eucharist

Holy Cross Day



The Cathedral Church of Saint George

September 14, 2025 • 10:30 a.m.

We acknowledge that in Kingston we are situated on traditional territory of the Anishinaabe, Haudenosaunee, and Huron Wendat peoples. We seek a new relationship with the original peoples of this land, one rooted in and based upon honour and deep respect.

WELCOME TO ST. GEORGE'S CATHEDRAL

Welcome to worship at St George's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! Please join us for coffee and fellowship following the service. We are thrilled you have decided to worship with us!

Service Music: *Short Service in the Phrygian Mode*, Charles Wood

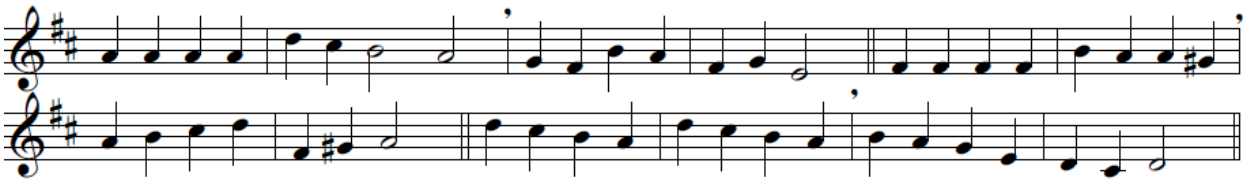
The flowers on the High Altar are given to the Glory of God and in celebration of Ann & Geoff Wilkinson's 35th Wedding Anniversary, with much love from Courtney, Kyle, Eli & Makenzie

The Gathering of the Community

PRELUDE: *Herzlich tut mich verlangen*, D. Buxtehude

The people's responses are in bold.

PROCESSIONAL HYMN | Sung by all, standing as able



Praise, my soul, the King of heaven,
to his feet thy tribute bring;
ransomed healed, restored, forgiven,
who like me his praise should sing?
Alleluia, alleluia,
praise the everlasting King.

2 Praise him for his grace and favour
to our fathers in distress;
praise him still the same for ever,
slow to chide and swift to bless:
Alleluia, alleluia,
glorious in his faithfulness.

Praise my Soul
John Goss 1800-80

The people are seated.

3 Father-like, he tends and spares us,
well our feeble frame he knows;
in his hands he gently bears us,
rescues us from all our foes:
Alleluia, alleluia,
widely as his mercy flows.

4 Angels, help us to adore him;
ye behold him face to face;
sun and moon bow down before him,
dwellers all in time and space:
Alleluia, alleluia,
praise with us the God of grace.

Henry Francis Lyte 1793-1847

Welcome & Announcements

The people stand as able at the invitation of the Celebrant.

THE OPENING ACCLAMATION

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And with thy spirit.**

Celebrant Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.**

Celebrant Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

People **Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

KYRIE ELEISON

Sung by the choir in Greek.

Lord have mercy, Christ have mercy, Lord have mercy.

GLORIA IN EXCELSIS

Celebrant Glory be to God on high,

People **and on earth peace, good will toward all.**

**We praise Thee, we bless Thee, we worship Thee, we glorify Thee,
we give thanks to Thee for Thy great glory: O Lord God, heavenly King;
God the Father Almighty. O Lord, the only begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father:**

That takest away the sins of the world, have mercy upon us.

Thou that takest away the sins of the world, receive our prayer.

Thou that sittest at the right hand of God the Father, have mercy upon us.

For Thou only art holy; Thou only art the Lord;

Thou only, O Christ, with the Holy Ghost,

art the most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Almighty God, whose Son our Saviour Jesus Christ was lifted high upon the cross that he might draw the whole world to himself, may we who rejoice in the mystery of our redemption, have grace to take up our cross and follow him, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The people are seated.

The Liturgy of the Word

The First Lesson | Numbers 21:4B-9

The people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Reader

The word of the Lord.

People

Thanks be to God.

Psalm 98

O sing unto the Lord a new song : for he hath done marvellous things.

2 With his own right hand, and with his holy arm : hath he gotten himself the victory.

3 The Lord declared his salvation : his righteousness hath he openly shewed in the sight of the heathen.

4 He hath remembered his mercy and truth toward the house of Israel : and all the ends of the world have seen the salvation of our God.

5 Shew yourselves joyful unto the Lord, all ye lands : sing, rejoice, and give thanks.

6 Praise the Lord upon the harp : sing to the harp with a psalm of thanksgiving.

7 With trumpets also and shawms : O shew yourselves joyful before the Lord the King.

8 Let the sea make a noise, and all that therein is: the round world, and they that dwell therein.

9 Let the floods clap their hands, and let the hills be joyful together before the Lord : for he is come to judge the earth.

10 With righteousness shall he judge the world : and the people with equity.

The Second Lesson | 1 Corinthians 1:18-24

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God.

<i>Reader</i>	The word of the Lord.
<i>People</i>	Thanks be to God.

Gradual Hymn | Sung by all, standing as able



In the cross of Christ I glory,
towering o'er the wrecks of time:
all the light of sacred story
gathers round its head sublime.

4 Bane and blessing, pain and pleasure,
by the cross are sanctified;
peace is there that knows no measure,
joys that through all time abide.

2 When the woes of life o'ertake me,
hopes deceive, and fears annoy,
never shall the cross forsake me;
lo! it glows with peace and joy.

5 In the cross of Christ I glory,
towering o'er the wrecks of time:
all the light of sacred story
gathers round its head sublime.

3 When the sun of bliss is beaming
light and love upon my way,
from the cross the radiance streaming
adds more lustre to the day.

Cross of Jesus
John Stainer 1840-1901

John Bowring 1792-1872

The Holy Gospel | John 3:13-17

<i>Gospeller</i>	The Lord be with you.
<i>People</i>	And with thy spirit.

<i>Gospeller</i>	The Holy Gospel of our Lord Jesus Christ according to John.
<i>People</i>	Glory be to thee, O Lord.

Jesus said, "No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Gospeller

The Gospel of Christ.

People

Praise be to thee, O Christ.

The people are seated at the invitation of the preacher.

THE SERMON THE REV. DR. REAGAN GALE

The Nicene Creed

Celebrant

Let us confess our faith, as we say,

People

I believe in one God, the Father almighty, maker of heaven and earth, and of all things visible and invisible;

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds, God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things were made: who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father.

And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets.

And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

The people may stand, sit, or kneel as preferred.

The Prayers of the People

Confession & Absolution

H

ear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you. *Matthew 1.28*

God so loved the world, that he gave his only- begotten Son, to the end that all that believe in him should not perish, but have eternal life.

John 3.16

Hear also what Saint Paul saith.

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

1 Timothy 1.15

Hear also what Saint John saith.

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world.

1 John 2.1,2

Celebrant Let us humbly confess our sins to almighty God.

People **Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.**

Celebrant Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

People **Amen.**

The people stand as able.

The Peace

Celebrant The peace of the Lord be always with you.

People **And with thy spirit.** *The people greet one another with a sign of God's peace.*

During the hymn, an offering is received to support the mission and ministry of the Cathedral. If you are able, please consider supporting as the plate is passed or by visiting www.stgeorgescathedral.ca/give.

The Holy Communion

Offertory Hymn | Sung by all, standing as able



When I survey the wondrous cross
on which the Prince of glory died,
my richest gain I count but loss,
and pour contempt on all my pride.

4 His dying crimson, like a robe,
spreads o'er his body on the tree:
then am I dead to all the globe,
and all the globe is dead to me.

2 Forbid it, Lord, that I should boast
save in the cross of Christ my God;
all the vain things that charm me most,
I sacrifice them to his blood.

5 Were the whole realm of nature mine,
that were a present far too small;
love so amazing, so divine,
demands my soul, my life, my all.

3 See from his head, his hands, his feet,
sorrow and love flow mingled down;
did e'er such love and sorrow meet,
or thorns compose so rich a crown!

Rockingham
Edward Miller 1735-1807

Isaac Watts 1674-1748

PRAYER OVER THE GIFTS

Celebrant Merciful God, through the death of your beloved Son you transformed an instrument of shame into a sign of hope and glory. Receive all we offer you this day, and renew in us the mystery of his love; through the same Jesus Christ, the Lord of glory. **Amen.**

THE GREAT THANKSGIVING

Celebrant The Lord be with you.

***People* And with thy spirit.**

Celebrant Lift up your hearts.

***People* We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

***People* It is meet and right so to do.**

Celebrant

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things. For the redemption of the world by the death and passion of our Saviour Christ, both God and Man; who did humble himself, even to the death upon the Cross for us sinners, who lay in darkness and the shadow of death; that he might make us the children of God and exalt us to everlasting life. Therefore, with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

Choir

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Celebrant

Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

People

We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.

Celebrant And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

People Amen.

THE LORD'S PRAYER

Celebrant And now, as our Saviour Christ hath taught us, we are bold to pray:

People **Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

People We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, That we may evermore dwell in him, And he in us. Amen.

All baptized Christians are welcome to receive communion in this Church. Please move to the rail at the direction of the ushers. You may receive the bread in open and outstretched hands, responding: "Amen." Gluten-free wafers are available; please make your need known to the minister. If you prefer to not receive wine from the common cup, you may simply touch the base of the chalice, again responding: "Amen." Should you wish to receive a blessing, please indicate that to the priest by crossing your arms over your chest.

THE MOTET *God So Loved the world*, John Stainer

THE PRAYER AFTER COMMUNION

Celebrant Almighty God, we give thanks that you have made us partakers of the body and blood of your Son Jesus Christ our Lord, who took our nature upon him and suffered death upon the cross for our redemption; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The people stand as able.

Celebrant Glory to God,

People

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the church and in Christ Jesus, for ever and ever. Amen.

THE BLESSING

Celebrant

Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, now and always. **Amen.**

THE DISMISSAL

Celebrant

Go in peace to love and serve the Lord.

People

Thanks be to God.

Closing Hymn | Sung by all



Alleluia, sing to Jesus!

His the sceptre, his the throne;

alleluia, his the triumph,

his the victory alone:

hark, the songs of peaceful Sion

thunder like a mighty flood;

Jesus out of every nation

hath redeemed us by his blood.

3 Alleluia, bread of angels,

thou on earth our food, our stay;

alleluia, here the sinful

flee to thee from day to day:

Intercessor, Friend of sinners,

earth's Redeemer, plead for me,

where the songs of all the sinless

sweep across the crystal sea.

2 Alleluia, not as orphans

are we left in sorrow now;

alleluia, he is near us,

faith believes, nor questions how:

though the cloud from sight received him,

when the forty days were o'er,

shall our hearts forget his promise,

'I am with you evermore'?

4 Alleluia, King eternal,

thee the Lord of lords we own;

alleluia, born of Mary,

earth thy footstool, heaven thy throne:

thou within the veil hast entered,

robed in flesh, our great High Priest;

thou on earth both Priest and Victim

in the eucharistic feast.

Hyfrodol

Rowland H. Prichard 1811-87

W. Chatterton Dix 1837-98

POSTLUDE: *Hyfrodol*, H. Willan

The postlude concludes our worship service, sending us forth into the week ahead. You may choose to remain seated for the duration or depart following the closing hymn.

Next Sunday: The Fifteenth Sunday after Pentecost

The Ven. Bob Hales, *presider*

The Very Rev Douglas Michael, *preacher*

JEREMIAH 8:18-9:1; PSALM 79:1-9; 1 TIMOTHY 2:1-7; LUKE 16:1-13

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PREACHER	The Rev. Dr. Reagan Gale
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LIVESTREAM	Derek Falkner & Peter McCubbin		

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