

S.O.A.P Devotional Guide

Theme: *Wake Up with the Right Perspective (In the Morning When I Rise)*

S – Scripture

- **Psalm 3:3–5** – “But you, LORD, are a shield around me... I lie down and sleep; I wake again, because the LORD sustains me.”
- **Psalm 4:6–8** – “Let the light of your face shine on us... In peace I will lie down and sleep, for you alone, LORD, make me dwell in safety.”
- **Psalm 5:1–3** – “In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly.”

What stands out in these scriptures to you?

O – Observation

- **Psalm 3:** David finds **confidence in crisis**, trusting God as his shield and sustainer even while fleeing from Absalom.
- **Psalm 4:** David shifts from **distress to joy**, recognizing that true prosperity and peace come from God's presence—not material abundance.
- **Psalm 5:** David models **prayerful expectation**, beginning his day with intentional connection to God, seeking guidance and strength.

Your Observations:

A – Application

- **Start your day with God:** Before anything else, speak to Him. Whisper a prayer, meditate on Scripture, or journal your thoughts.
- **Trust God in your crisis:** When surrounded by stress or betrayal, remember that God is your shield and sustainer.
- **Seek spiritual joy over material gain:** Let your heart be filled with joy from God's presence, not from worldly success.
- **Create a morning rhythm:**
 - Set up a “morning altar” or quiet space.
 - Use a devotional app or Bible reading plan.
 - Set reminders to pause and pray throughout your day.

Your application:

P – Prayer

“Lord, thank You for being my shield, my sustainer, and my joy. Help me to begin each day with You, trusting Your presence to guide me through every moment. Teach me to seek Your face above all else and to rest in Your peace. Amen.”

Your Prayer: