# *<b>REFRESHCHURCH*

August 24, 2025 Frank k

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**Sermon Title: Ultimate Confidence** 

Scripture: Psalms 16

### S.O.A.P. Devotional Outline

### S – Scripture

Read Psalm 16 slowly and prayerfully. Focus especially on verse 11.

#### **Reflective Questions:**

- What words or phrases stand out to me in this passage?
- How does verse 11 speak to my current spiritual journey?

### O – Observation

David, in Psalm 16, expresses unwavering trust in God despite life's uncertainties. He chooses God over idols, celebrates God's provision, listens to divine counsel, and rejoices in eternal joy.

### 1. Confidence in God's Protection (Verses 1–4)

"Protect me, God, for I take refuge in you."

David doesn't run to worldly solutions—he runs to God.

Cross-reference: Proverbs 18:10

"The name of the Lord is a strong tower; the righteous run to it and are safe."

### **Reflective Question:**

• When I feel anxious or threatened, where do I instinctively turn?

## 2. Confidence in God's Provision (Verses 5–6)

"Lord, you are my portion and my cup of blessing; you hold my future." David sees God not just as a provider, but as the provision itself.

**Cross-reference:** Matthew 6:31–33 - "Seek first the kingdom of God and his righteousness..."

### **Reflective Question:**

• Do I truly believe God is enough for my needs and future?

#### 3. Confidence in God's Guidance (Verses 7–8)

"I will bless the Lord who counsels me—even at night when my thoughts trouble me."

God's wisdom is available even in the quiet, restless hours.

Cross-reference: James 1:5

"If any of you lacks wisdom, he should ask God..."

#### **Reflective Question:**

• Am I inviting God into my decisions and listening for His guidance?

### 4. Confidence in Eternal Joy (Verse 11)

"You reveal the path of life to me; in your presence is abundant joy; at your right hand are eternal pleasures."

David finds joy not in circumstances, but in communion with God.

Cross-reference: John 15:11

"I have told you these things so that my joy may be in you..."

#### **Reflective Question:**

• What temporary pleasures am I tempted to pursue instead of eternal joy?

# X A – Application

This Psalm invites us to anchor our confidence in God alone. In a world full of distractions, we are called to find refuge, provision, guidance, and joy in Him.

#### Personal Reflection:

- What areas of my life need a deeper trust in God?
- How can I cultivate joy in God's presence daily?
- What steps can I take to seek God's counsel more intentionally?

# A P – Prayer

Lord, thank You for being my refuge, my portion, and my guide. Help me to trust You more deeply and seek Your presence above all else. Reveal the path of life to me, and fill me with Your abundant joy. May my confidence be rooted in You alone. Amen.