


Contemplative Gathering

Facilitated by Margaret Benefiel, Ph.D.

Director of the Shalem Institute for Spiritual Formation

 Tuesday, September 30th


 7:00 – 9:00 pm

 First Baptist Church, 1300 Oxford Street, Halifax (Meeting in the Parlour)

Join us for a contemplative gathering open to those who are newly drawn to the contemplative path, as well as seasoned practitioners.

Margaret will guide us in:

- Contemplative practice
- A contemplative story telling process to share about our personal contemplative path or new interest.
- Time for questions about Shalem's programs and support

 Contemplative practices are a significant way to enter more deeply into the depth of God within us; into one's own soul, and into every aspect of our lives.

This is an opportunity to learn about what supports are available from Shalem for your personal contemplative journey; about Shalem's programs for training contemplative leaders and spiritual directors; and to express our hopes and visions that will fuel the flourishing of our local contemplative community. There are a growing number of local Shalem graduates who offer diverse spiritual support.

For more information about the Shalem Institute check out their website at [Shalem.org](https://shalem.org)
For Margaret's bio: <https://shalem.org/staff-board/#benefiel>

