

My Health MATTERS





Social **GROUP**

- Chat
- Share Recipes
- Workout Weekly
- Prayer Room
- Share pictures
- Have accountability
- LIVE STREAMING
- Non-Judgmental

*Strength
in
Unity*



Dream TEAM

Health
is wealth



Fitness



Dream
TEAM



Dr. June
KNIGHT-WEHR
Garden of Eden Ministries



TENNESSEE

Cheerleader for you all



ORGANIZER

Dream
TEAM



Pastor
Dennis
WEHR
Garden of Eden Ministries



Nutrition Coach

TENNESSEE



TIPS & WISDOM

Dream **TEAM**



Dr. Jill **STONE**

PHD in Public Health
Masters - Fitness



Fitness

CALIFORNIA

Fitness Coach & Counselor



NUTRITION

Dream
TEAM



Deborah
KAUFMAN

Luv Aqua Fitness

NEW JERSEY

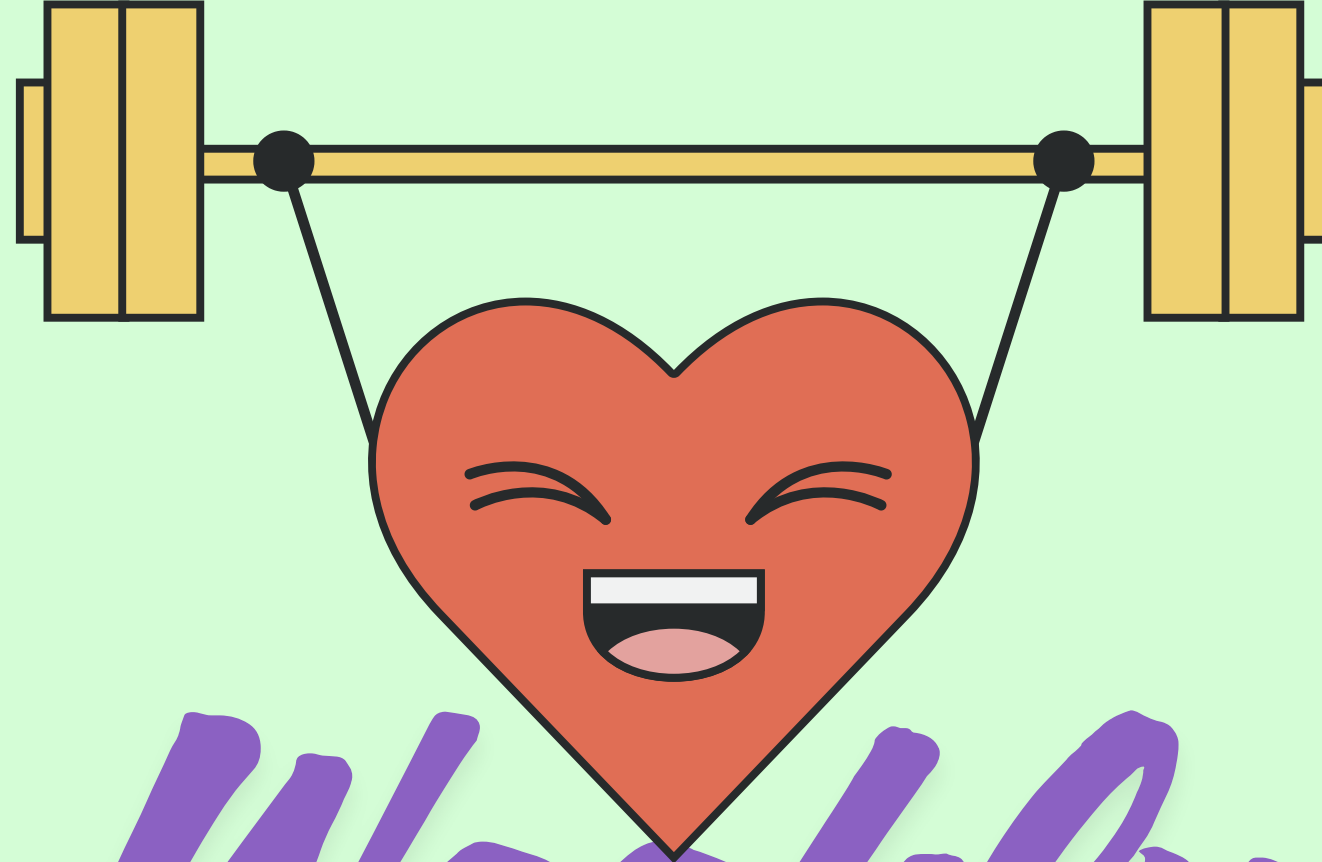


Aquatics & Fitness



DANCER

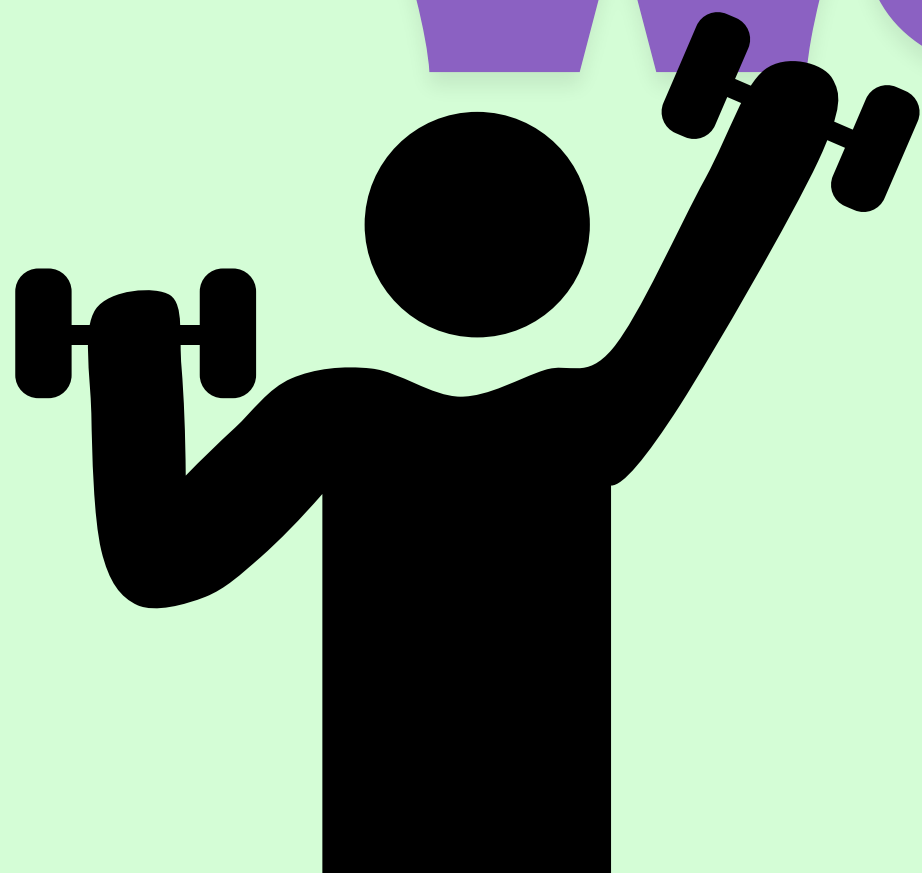
*Keep
Pushing
Forward*



EXERCISE
TIME

Weekly
WORKOUTS

w/Dr. Jill



Support **GROUPS**

W/Dr. June





Register Today

www.goem.us

