

# Deeply Rooted & Overflowing Nourished

Psalm 119

Pastor Chris Lenhart - 2/11/24



## Introduction

### Words to Guide us (1-8)

### Words to Feed us (97-104)

### Words to Deliver... (169-176)

Next Week: Proverbs 1 "Wisdom's Source"

## Further Study

Ps. 23  
Other Forms of  
OT Acrostics  
Lam. 1-2  
Lam. 3  
Ps. 111-112  
Ps. 24, 34, 145  
Nah. 1:2-10  
Ps. 9-10, 37  
Acrostics are a  
tool to aid in  
memorization.

Ps. 19:8  
Col. 3:1-2  
Phil. 4:4-9  
Rom. 8:5-7  
Heb. 3:1; 12:2

Ps. 51:15  
Jn. 10  
Lk. 15  
Mt. 18

Follow along with today's sermon using your smartphone. Download the "CMBC" app (search for "Calvary Monument" in your app store) and click on "Sundays" at the bottom of the screen.

<p align="center"><b>Deeply Rooted &amp; Overflowing</b></p> <h1 align="center">Nourished</h1> <p align="center">Next Steps: Home-Group Study and/or Personal Discipleship Guide</p>		<p align="center"><b>Psalm 119</b></p>
<p><b>Get together as a family or with a friend or group of friends this week!</b></p> <p>Start with <b>Prayer</b> -ask Jesus to guide our time together. Go over prayer requests together.</p> <p><b><u>Read the Text</u></b> – Psalm 119</p> <p><b><u>Questions for Reflection &amp; Discussion:</u></b></p> <ol style="list-style-type: none"> <li>Journal or discuss in your group about how God has used his word in your life to help guide, sustain, encourage, or direct you through both seasons of comfort, but also through seasons of difficulty.</li> <li>We often look at God’s word as a legal code or document, but our minds often equate legal codes with restriction. First, how is God’s Word so much more than a legal code? Then, how does God use his word to move his people away from slavery and into freedom?</li> <li>In what ways did Jesus demonstrate the habits of silence, solitude, prayer and regular interaction with his father, God?</li> <li>Meditation can be a concept that is often misunderstood or misguided. Who or what is the follower of Jesus to fix their minds on? (Col. 3:1-2; Phil. 4:4-9; Rom. 8:5-7; Heb. 3:1, 12:2) How can setting our minds and focusing our attention on the ways and words of God throughout the day help to sustain us and keep us from evil?</li> <li>Discuss how the last stanza of Psalm 119 (verses 169-176) reflect the lives of those seeking to live faithfully today? Talk about the synergy between the, I/Me/My statements and the You/Your statements. What does the author do, and what does he attribute to God?</li> </ol> <p><b><u>Questions guiding Spiritual Formation &amp; Application:</u></b></p> <ol style="list-style-type: none"> <li>How does this text invite us to grow in a greater love for God?</li> <li>What lessons within this text move us towards growing in our love for one another?</li> <li>What principles could be applied to our family life, careers, communities, or congregational life?</li> <li>Consider how Jesus could use our application of the principles in this text to draw those that do not know him, unto himself?</li> <li>Who is currently in our lives that needs an invitation to meet Jesus or be part of a kind and gracious Christian community?</li> </ol>		<p><b><u>Further Study</u></b></p> <p>Ps. 23</p> <p><b><u>Other Forms of</u></b></p> <p><b><u>OT Acrostics</u></b></p> <p>Lam. 1-2</p> <p>Lam. 3</p> <p>Ps. 111-112</p> <p>Ps. 24, 34, 145</p> <p>Nah. 1:2-10</p> <p>Ps. 9-10, 37</p> <p>-----</p> <p>Ps. 19:8</p> <p>Col. 3:1-2</p> <p>Phil. 4:4-9</p> <p>Rom. 8:5-7</p> <p>Heb. 3:1; 12:2</p> <p>Ps. 51:15</p> <p>Jn. 10</p> <p>Lk. 15</p> <p>Mt. 18</p> <p><b><u>Prayer Requests</u></b></p> <p>Family</p> <p>Church</p> <p>Community</p> <p>Career/Friends</p> <p>Other</p>