

Day 1: The Temple of the Holy Spirit

Reading: 1 Corinthians 6:12-20

Paul's words to the Corinthians remind us that our bodies are not our own, but temples of the Holy Spirit. This profound truth challenges us to reconsider how we view and treat our physical selves. Today, reflect on what it means to honor God with your body. How might your daily choices - in what you eat, how you rest, and how you express yourself physically - change if you truly saw your body as God's dwelling place? Consider areas where you may have adopted cultural norms rather than God's wisdom regarding your body. Pray for discernment and the strength to make choices that reflect your status as a bearer of God's presence in the world.

Day 2: United with Christ

Reading: Romans 6:1-14

The concept of being united with Christ is central to Paul's teaching. This unity goes beyond mere belief; it's a profound spiritual reality that should transform every aspect of our lives. As you read today's passage, meditate on what it means to be "united with him in a death like his" and "united with him in a resurrection like his." How does this unity with Christ impact your daily life? Are there areas where you're living as if you're still bound to your old self? Take time to thank God for the new life you have in Christ, and ask Him to help you live fully in this new reality, leaving behind old patterns and embracing your identity as one united with Jesus.

## Day 3: Marriage as a Picture of Christ and the Church

**Reading:** Ephesians 5:21-33

Paul uses the analogy of marriage to illustrate Christ's relationship with the Church. Whether you're married or single, this passage offers profound insights into God's love and faithfulness. As you read, consider how your relationships - romantic or otherwise - reflect (or fail to reflect) Christ's sacrificial love for the Church. If you're married, how can you make your marriage a clearer picture of Christ's love? If you're single, how can your relationships demonstrate God's faithfulness and love to others? Pray for God to deepen your understanding of His love and to help you embody that love in all your relationships.

## **Day 4:** The Sacred Calling of Singleness

**Reading:** 1 Corinthians 7:25-35

In a culture that often idolizes romantic relationships, Paul's words about the value of singleness are counter-cultural and deeply meaningful. Whether your singleness is temporary or lifelong, God calls it sacred. Today, reflect on how singleness can be a powerful testimony of complete devotion to God. If you're single, how can you use your freedom to serve God more fully? If you're married, how can you support and encourage the single people in your life? Ask God to help you see singleness - whether your own or others' - as a gift and an opportunity for undivided devotion to Him.

Day 5: Ambassadors for Christ

**Reading:** 2 Corinthians 5:16-21

Paul reminds us that we are Christ's ambassadors, with our very lives meant to embody the message of reconciliation. This calling encompasses every aspect of our being - including our sexuality, relationships, and how we use our bodies. As you read today's passage, consider: How is your life preaching the gospel? Are there areas where your actions or attitudes are misrepresenting Christ? Reflect on the incredible privilege and responsibility of being God's representative in the world.

Pray for the Holy Spirit to empower you to live in a way that clearly and compellingly communicates God's love and invitation to reconciliation with Him.