



St. Luke Cedar Hill

www.stlukesvictoria.ca

"a beacon in the community, illuminating
many ways to encounter God"

The Prescription



Summer 2025

St. Luke's Rector: The Reverend Daniel Fournier

Editors: Sharon McMillan, Neil Patterson, Barb Prescott

Cover photo by Sharon McMillan

(All unattributed pictures in this edition are from websites that offer free photos for non-commercial use)

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We embrace the knowledge that the Lək'wəŋən and W̱SÁNEĆ peoples are the original custodians of the lands on which we gather. Their traditions are a blessing that can open our hearts and minds, and they are bearers of ancient wisdom that can give us hope.

From the Editors

Sharon McMillan, Neil Patterson, Barb Prescott

Welcome to this Summer 2025 issue of ***The Prescription***. Thank you to everyone who sent in pictures and articles for this issue. We are always happy to receive your contributions! We also appreciate feedback and suggestions as to what you would like to see included in ***The Prescription***.

The submission deadline for the Fall edition of ***The Prescription*** is **Friday, September 26th**. It will be a short turnaround time to this next issue. As you are reading this ***Prescription***, please think about articles, photos, poems, or other creative endeavours you could send for the Fall issue. Please send your contributions to: communications@stlukecedarhill.ca or admin@stlukecedarhill.ca.

Happy New Year, Happy Fall!

Having been part of the school system for many years (through my own school years, my children's school years, and my work life as clerical support with the Greater Victoria School District), September always feels like the "new year" to me, more so than January. Summer is waning now and new activities are starting. One of our new programs at St. Luke's this fall will be Silver and Sage. (See Brenda's article on page 3 for details.) Also, please refer to the Dates to Note on page 5 and mark these dates in your calendars. Some of our ongoing programs will be resuming in September, such as Reflections on September 21st and Fantastic Friday on September 26th.



Also, please take particular note of Sunday, October 19th. This will be our Celebration Sunday, a week earlier than in previous years. Bishop Anna will be visiting St. Luke's that Sunday to help us celebrate St. Luke's 165th Anniversary. We chose October 19th to be as close as possible to the Feast of our Patronal Saint, St. Luke's Day

(October 18th). We plan to celebrate this special anniversary along with our usual Celebration Sunday activities. (See more information on page 21.)

In this issue, you'll see stories highlighting our 165th anniversary, including a report and pictures from the Vintage Fashion Show and Tea in May featuring St. Luke's history through fashions. As well as the report, we have included the script read to accompany the fashion show, which provided highlights of St. Luke's history. Of course, a recent highlight of this summer for many of us (and for the children and youth of St. Luke's, Church of the Cross, and the surrounding neighbourhood) was this year's Amazing Journey Day Camp. We hope you enjoy the collages of pictures from the Camp on pages 12-14. Thanks to Sharon McMillan for putting together those collages and others found in this issue.

As I look ahead to the busyness of fall, I find myself reassured by the words we say each week near the end of the 10 am service: "Glory to God whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God, from generation to generation, in the Church and in Christ Jesus, For ever and ever. Amen." I am especially encouraged by thinking of God's power, working in us – not just in me, but in all of us working together at St. Luke's to do more than we can ask or imagine.



Blessings to all of you as summer is winding down and we start our fall activities at St. Luke's.
Barb

From the Rector's Desk

by the Rev. Daniel Fournier



Dear Friends,

Several years ago when our son TJ was living in Toronto, working on his Master's Degree in Russian and Slavic languages, we visited the place where his wife-to-be, Ashley, worked. She was the Program Director of St. John the Compassionate Mission, a social services organization in downtown Toronto, run by the Apostolate of the Carpatho-Russian Diocese of the Ecumenical Patriarchate of Constantinople. This little organization did some very big and powerful things for those in need in downtown Toronto, such as serving meals, selling clothing, baking delicious bread, and providing social services, counselling and community. Their building consisted of a food serving area, a clothing shop, a bakery, and office space. And one more space - a special space - behind the wall of the eating area was a chapel. It was beautifully ornate, with candles, an altar and plenty of iconography.

And on the wall of the dining area was a full wall-sized icon of "The Hospitality of Abraham", often known as the Icon of Holy Trinity, which is based on Genesis 18: 1-15. One could look upon this great icon for hours, and into the deep mystery it represented. In its location, in the St. John the Compassionate Mission, it represents a doorway to the deeper mystery of God, who is loving and, as many theologians would profess, has a special and particular place for those who are poor and vulnerable.

On that day that I visited Ashley's work, I was so very moved and drawn in, and deeply impressed by the work of the mission. And, when noon came, all were invited to join for noontime prayer.



The Hospitality of Abraham by Andrei Rublev, Public Domain, via Wikimedia Commons

Now at St Luke's we do not have such icons in our worship space in the Eastern Orthodox sense of the word, and I would not object if someone wanted to place one somewhere. But we do have symbolism in our worship space that calls us, perhaps even intrigues us, to explore the mystery of God that is before us when we come to worship in our beautiful space. Our space does speak to people deeply, and perhaps that's why so many wish to use it. Recently, for example, I have seen more requests for weddings to be held at St Luke's.

When we enter our place of prayer, we are reminded of God's love expressed in the person and acts of Jesus through the symbols that are there before us: a baptismal font where new life begins; the lectern and pulpit where the word of God is proclaimed; the altar where the Eucharist is celebrated reminding us of all Jesus did for us. Through these symbols, we are inspired to go deeper in faith. And as we gather together to receive forgiveness and be guided by the leading of the Holy Spirit into a life that is rooted in love, generosity, honesty, kindness and life-giving grace, where are the icons that lead us deeper into faith, into following the way of Christ, on the path of life?

I invite next time you come in to our beautiful church to look for them. They are here.

Coming Soon - Silver and Sage 55+ Social Group

by Brenda Morgan



In the fall, Silver and Sage 55+ will be coming to St. Luke's. This new community outreach, run by volunteers, is for anyone from any background or walk of life.

Whether you're looking to learn, laugh, or simply connect with others in a vibrant community, this gathering is designed to offer something for everyone. Share your stories, discover new interests, and make lasting memories with fellow members. We will offer focussed and informative discussions, physical exercise, art and music.

Meetings will be held twice a month, on the 2nd and 4th Thursdays, 1:30 – 3:30 pm. Occasionally we may meet on Saturdays to encourage intergenerational gatherings or to accommodate a special activity. We will be using the St. Luke's church space for speakers and musical events, and we have the option of the Hall or the Sequoia Lounge for other forms of activity.

We will be starting on September 25th from 1:30 – 3:30 pm in the church and we will kick off the new venture with a short, one-act radio play, *Fourteen* by Alice Gerstenberg, presented by Claire White and her troupe. They will be presenting the same show at the Langham Court Theatre earlier in the month. Luckily, they are coming to us too.

About us: The name we have chosen for the group, Silver and Sage, is suggestive of what we believe in and acts as a metaphor for who and what we are.

Imagine a candlestick in a thrift shop, blackened with tarnish. Under all the tarnishing though, the shape is beautiful, so you buy it. You soak it in an aluminum-foil-lined basin with washing soda, and you start to notice the tarnish disappearing. A little more work with polish, and it's gleaming – Silver! Glad you bought it? You bet! Silver is valuable, beautiful, tough, long-lasting. It can be brought up to a shine. Hey! That's not grey hair you have – it's silver!

As for 'Sage': The word is evocative in so many ways. The sages of old were always elders, revered for their wisdom. We lose so much, incrementally, as the years go by, but there is something we gain—wisdom. It's a universal truth: We wish we were in our youth the people we become in our old age. Sage is also a herb, intense in smell and flavour, used to enliven plain foods. Our Indigenous people use it for spiritual healing and serenity. Sage is also a colour, a tone of green; it has a hint of grey in it, but still green—and green is ever youthful in spirit, hopeful, and alive.

Valuable, strong, glowing, wise, youthful in spirit, hopeful, lively, thoughtful, spiritual, serene: if any of these words resonate for you, then you are a candidate for the group. Please join. You will have much to gain, and we hope, much to offer. If you have knowledge of an interesting field, please offer a presentation.

Through this evolving project, we hope to encourage healthy ageing. We want to address social isolation and keep seniors intellectually engaged and informed. Our exercise sessions will help seniors remain flexible, and our computer sessions will address basic computer literacy and scam-awareness. We hope to encourage a sense of purpose by offering opportunities for volunteering or leadership in

charity drives. We are planning joy too: music and other entertainment. We mostly want people to feel at home and have fun.

This is new for the Silver and Sage planning team, and we will learn as we go. Any group is dependent on its members' enthusiasm and willingness to be engaged, so whether you are 55 or 85+, if you want to be involved, if you want to make new friends, if you want to maintain mental and physical agility, if you want to have fun, please consider joining, and bring your friends along too.

Pub Night

A great time was had by all!



Pub Night was a fundraiser for the group going to CLAY.

Photos by Barb Prescott

Dates to Note: September through October 2025

Date	Event
Sunday, September 14 th	Back to School Brunch after the 10 am service
Saturday, September 20 th	Attic Treasures Vintage Market – 9:00 am – 4:00 pm
Sunday, September 21 st	Reflections Service – 7:00 pm
Thursday, September 25 th	Silver and Sage – 1:30 - 3:30 pm
Friday, September 26 th	Fantastic Friday (aka Messy Church) – 4:30 - 6:30 pm
Sunday, October 5 th	Blessing of the Animals Service – 2:30 pm
Thursday, October 9 th	Silver and Sage – 1:30 - 3:30 pm
Sunday, October 12 th	Harvest Thanksgiving – Services at 8:00 am and 10:00 am
Sunday, October 19 th	Celebration Sunday and Celebration of St. Luke's Patronal Festival – Bishop Anna will be visiting 10:00 am service, followed by lunch. No 8 am service this Sunday.
Sunday, October 19 th	Reflections Service – 7:00 pm
Thursday, October 23 rd	Silver and Sage – 1:30 - 3:30 pm
Saturday, October 25 th	Order of the Diocese of British Columbia – 10:30 am at Christ Church Cathedral

Unless otherwise noted, Sunday services are at 8 am and 10 am.

Coffee Time in the Hall follows most of the 10 am services.



ATTIC TREASURES *Vintage Market*

Saturday, Sept 20 10:00 - 4:00

St. Luke's Community Hall 3821 Cedar Hill Cross Rd.

Admission

General: 10am - 4pm: \$3 Early Birds: 9 - 10am: \$10

For info email admin@stlukecedarhill.ca or call 250 477-6741

Your Support is Always Gratefully Received...

Contact the Parish Office if you would like to help

as a Reader or Liturgical Assistant

with keeping the grounds tidy

or by donating to the Altar Guild for flowers

Financial support of St. Luke's is always welcome.

Make an extra financial donation to St. Luke's by:

- **Cheque or Cash** (collection plate, mail it, drop it off at the hall, or have it picked up)
- **E-Transfer** (from your bank account)
- **Credit Card** (Canada Helps)
- **PAR** (Pre-Authorized Remittance Program, also called automatic debit)

Visit the **Donate** page at the website (<https://www.stlukesvictoria.ca/donate>) for more information about making financial donations.

Spring Fair 2025 by Carol Turnham

St. Luke Cedar Hill held its annual Spring Fair on Saturday, April 26th. It was decided to open the Spring Fair one hour earlier than usual, at 9 am, and to charge Early Birds \$10.00 to enter at that time. It was free to all from 10 am-2 pm as usual. The Early Bird entry raised \$120.00.

The overall amount raised on the day was \$5,625.50. This amount was disappointingly lower than in recent years. There could be many reasons for this, such as that it was the weekend after Easter and Holy Week and many other events were held on that day, our quality donations were down compared to last year, and perhaps the Early Bird opening was not a good idea. The Early Bird opening was worth a try as it is very profitable for our Attic Treasures sales. It also prevented the huge crush of customers at opening time and allowed for a steady flow of customers all day.

Our thanks once again to all who contributed their time, talents and treasures to this sale. Our particular thanks to Jane Grant who provided a lovely lunch to the workers on Friday, to the Barons group (Baron's Organization International Canadian Order of Knights) and the Rovers who helped with set-up and take down, and to all our friends and relatives who came out to help with organization of the stalls and sales on the day. It seems harder to find workers every year, so your help is much appreciated! David Gittens provided his "Come and Get it!" Food Truck to allow customers to buy their lunch.

The usual advertising was done, although we could use more on-line help with this in future. The hall looked very festive with new bunting inside and out. Leftovers were taken to the Salvation Army and the Compassionate Resource Warehouse.

My thanks again to all who helped with this important fundraising endeavour.

A Recent Baptism at St. Luke's

The St. Luke's parish family celebrated the baptism of Sahar Saeidbakhsh on June 29th.



Left to Right: Brenda Morgan, Daniel Fournier, Sahar Saeidbakhsh, Behnaz Barani, Joan Scandrett

Photo credit: Sharon McMillan

Humour

submitted by Harry Felsing



A Cemetery Tour about Farmers, Florists, and Gardeners

Words and pictures by Barb Prescott



The sun was shining, and the camas were blooming when the Old Cemeteries Society held a tour on Sunday, May 4th in St. Luke's Cemetery featuring the farmers, florists, and gardeners resting there.

Yvonne Van Ruskenveld, of the Old Cemeteries Society, and family members and friends of those resting in St. Luke's cemetery shared their stories. Ruth Crawford Jennings spoke about her grandparents and the start of Jennings Florists. Wendy Gedney spoke about her grandfather and father and the Vantreight family farm. Mike McHugh, the past president of the Victoria Horticultural Society, spoke about Horace Whiteoak, founder of the Victoria Horticultural Society. Corey Scholefield told about his great-grandparents, George and Edith Scholefield and their farm at Cadboro Bay. (Corey's story is included on the next page.) Yvonne shared more stories of gardeners and farmers including Seneca Lent McMullen, William Trevellick and Eliza Edwards, James Tod, James and Sybil Grant, and the Aitkens family.

After the tour, the church was open for those attending to look around. All agreed it was an interesting and informative tour!



George Frederick Scholefield and His Family

Homestead Farmers in Cadboro Bay

*by Corey Scholefield,
with pictures from Peter Scholefield*

These recollections are from my Uncle Peter, who lives in West Vancouver, and is the grandson of George and Edith Annie Scholefield. I'm Corey Scholefield, the great grandson of George and Edith Scholefield.



*Peter with his grandparents, George and Edith Scholefield, on the Cadboro Bay farmhouse veranda
Summer 1941*



*Peter milking a cow with his grandfather
on the Cadboro Bay Farm*

George Frederick Scholefield was born in Shanghai in 1870. He married Edith Annie on March 25, 1896. Before coming to Canada in 1906 with his wife and two children, George attended an agricultural college in Devon, England.

In Canada, the family homesteaded on a farm in Fort William, Ontario and had three more children. George came to Victoria in 1926 with his wife, and four of his five children: Gertrude, Marguerite (Min), Daphne, and John Charles. The fifth child, eldest daughter Flora, came some years later to Victoria from Fort William. All of these family members (apart from Flora) are buried in St Luke's cemetery along with George's sister Ethel (who was known in Hollywood as Jane Clifford).

George purchased a 4-acre property on the south corner of Cadboro Bay Road and Sinclair Road where he built a farmhouse, barn, woodshed, and dairy. He developed and operated a small family-run mixed farm producing milk, butter, eggs, fruits, and vegetables. My uncle recalls enjoying the farm-fresh loganberries, and Devonshire cream. In the summers, Edith Annie picked and sold bouquets of sweetpea flowers.

One of the five children, Gertrude (my great-aunt) was an avid gardener when she lived in the rectory at St Luke's with her husband, Canon Fred Pike. Incidentally, they are buried down in a plot in Row A of this cemetery. She continued her love of gardening when they retired to a home on Dean Avenue, a couple blocks down the hill from where Camosun College (Lansdowne Campus) is now. In fact, as a child in the 80s, I remember running around in her back garden with all the lovely fruit trees she maintained there.

George and Edith Annie's youngest child, John Charles (my grandfather), followed in his father's footsteps by graduating from UBC with a degree in agriculture. Shortly thereafter, he taught agriculture at the Fairbridge Farm School near Duncan.



Corey telling his story by the Scholefield family grave

He then pursued a long career as an agricultural plant inspector for the federal government. At his homes in Vancouver (near Dunbar) and later in West Vancouver, he was an avid gardener.

My own recollections of Grandpa's yard are still with me, including an interesting innovation in lawn mowing, where Grandpa used this hovering lawnmower called a FlyMo!

And on the topic of Cowichan Valley agriculture, my father, Reg Scholefield, opened a family-run produce and grocery store in Duncan in 1985 called Reggie's Veggies and Deli. It was during this season that we'd start seeing the local produce from Cowichan farmers coming rolling into the store, especially local lettuce and strawberries!

Yesterday, I picked up my own lettuce starts from Mason Street farm and will be planting those when I get home to James Bay today! So, the line of Scholefields and gardening in Victoria continues!

A Big Thank You to Julie Forster!

A big thank you to Julie Forster for all her work on the wrap around garden at the corner of Cedar Hill Cross Road and Cedar Hill Road. At the end of March, we had the overgrown hedge cut back. Throughout July and August, Julie has been working in this garden area and what a big difference she has made! The before picture and the after pictures tell the story! Thank you, Julie.



Above
Before – The overgrown hedge and border last fall

Below
After – The border after Julie has worked her magic - aka all her hard work!



Photo credits:
Julie Forster and Barb Prescott

A Manitoba Reflection

Words and pictures by Ray Lett

Recently, there was a news report that the small Manitoba town of Leaf Rapids, 1000 km north of Winnipeg, was threatened by a wildfire. The report caught my interest because I visited Leaf Rapids in 1988 when I worked for a Toronto company exploring for minerals. The company decided that we should prospect a part of Manitoba near the Ruttan copper and zinc mine. Leaf Rapids supported the mine with services and supplies. So, my colleague, Steve, a taciturn young man, and I arrived in Leaf Rapids by plane from Winnipeg in early July 1988. Although small, Leaf Rapids proved to



Loading the Otter

be a surprisingly modern, well-designed town with an indoor mall containing several shops, and including, most importantly, a supermarket. We bought food for a week and with our camping gear, previously shipped to Leaf Rapids, made several cab trips to a float plane dock on a nearby lake.

Our R and D air charter pilot, Jim, expertly strapped a small boat to the pontoon of his De Havilland Otter, then loaded our equipment and supplies, including two outboard motors. Most importantly, Jim included a radio! Jim flew us from Leaf Rapids to Mynarski Lake, which is actually part of the Churchill River system, a river that flows east through a series of vast lakes into Hudson Bay. Landing by a low bank, we unloaded the plane, pitched a tent and cooked supper. The plane departed and it was then we discovered the rubber tube linking the outboard motor to the fuel tank was missing. Fortunately, we were able to radio Jim who kindly left us the missing tube at our camp on another of his flights later that evening.



Mynarski Lake Camp

Next day we started prospecting and collecting samples around camp. The weather that morning was cloudy with a brisk north wind blowing and a hint of rain. Not a day conducive to boat travel.

Nevertheless, we navigated down the lake and nosed into a small inlet when the outboard motor suddenly ceased. On checking, we discovered that weeds had plugged the engine's coolant water circulation inlet, so the engine had overheated and likely was inoperable. This was worrying because we were about 2 kilometers away from our camp with one paddle and could only return along the lake in the face of choppy water and a strong wind. While we were debating just how to return, we heard the sound of another boat motor and noticed a party of fishermen going along the lake in the direction of our camp. Much relieved, I called to them and they kindly stopped, then towed the boat back to camp. That night I believe that Steve and I celebrated our successful rescue with a noggin of medicinal whisky from our First Aid Kit.



Steve fishing for dinner

Over the next few days, the weather improved and we were able to hike into the area around the lake, looking for interesting rocks and collecting samples. We found evidence of past prospecting in the form of claim posts and broken rock on an outcrop.



Ray looking for interesting rocks

Later in July, we returned by floatplane to Leaf Rapids and, finally, to Toronto. Thinking back, we were so fortunate to complete two weeks prospecting with nothing worse than the incident of the failed outboard engine. In fact, I still regard it as a minor miracle that the two men chose that day in July to fish in Mynarski Lake.

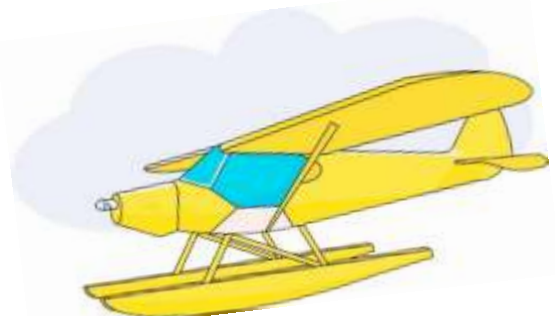
A Poem by Mary Garland Coleman

Sound Waves

A yellow seaplane drones across the sky -
Drones and is gone, but still through all the air
The humming lingers.

When can I say it's gone? Though from the eye
It vanishes, faint sound throbs everywhere,
Even in my fingers.

So when a friend has vanished out of sight
The loved voice lingers through the darkest night.



NOTE: Mary Garland Coleman, Megan Pratt's grandmother, wrote poetry throughout her life, publishing four collections of poems.

This Year's Amazing Journey Day Camp

Photos by Sharon Hallsor, Tara Poilievre, and Barb Prescott

We had a great week at the Amazing Journey, Fun with Living Water Day Camp. Forty campers were registered. Seventeen youth volunteers and ten adult volunteers helped for all or part of the week. Thanks to all for your help and support for this important youth ministry.

Thanks as well to all who sent baking for this year's Amazing Journey Day Camp. The campers and volunteers were very well fed!

Amazing Journey Day Camp 2025



Amazing Journey Day Camp 2025





Amazing Journey Day Camp 2025

St. Luke's 165th Anniversary Historical Fashion Show and Tea

by Carol Turnham



St. Luke Cedar Hill held a very successful fundraiser to celebrate the church's 165th anniversary, by presenting a historical fashion show and elegant tea on May 10th, from 2 – 4 pm. The event raised \$2,614.

The Vintage Fashion Showcase group (vintagefashionshowcase.org), provided an informative and amusing look back at the history of St. Luke Cedar Hill from 1860-1980, from Mrs. Irvine holding the first service in her farmhouse in 1860 to a beautiful wedding at our lovely church in the 1980's. Our own young people contributed to this delightful re-enactment. Donna Dunning, a member of St. Luke's choir as well as VFS, was our commentator. (See page 17 for St. Luke's History as read at the Fashion Show and Tea.)

I very much enjoyed researching and writing the script. Since we wanted it to appeal to non-church members, we added other interesting local characters such as Klondike Kate and Emily Carr.

It was also a tribute to mothers since Mother's Day was the following day, so many babies were included such as with Mrs. Cridge and a new set of twins at her orphanage, and during the baby boom of the 1950's, an expectant mother had to be ushered out of church by a midwife when she went into labour!

Our thanks to Sandra Lindberg and her helpers in the kitchen, in particular to Linda Poilievre, as well as all the servers, who made everything run smoothly. Thanks also to those who helped with set-up, takedown, and clean up. Many teacups and saucers, creamers and sugar bowls etc. had to be sorted, so it was a big job!

Many fascinators and corsages were made and sold, raising \$175. Brenda Morgan offered her lovely aprons and tea cozies etc. for sale, raising more money. Door prizes were offered and extra tickets for them raised \$162. A table of St. Luke's memorabilia was shown and six of our church's history books sold, raising \$12.

Our thanks to Heather Simpson for the use of the Square and others who helped taking tickets, and particularly to Claire White, our Co-convenor, and Aanika for taking charge of ticket sales. All 90 tickets were sold!



It was a last minute idea to videotape the show, so hopefully it will be available to be seen at some time. Our thanks to Sharon McMillan and Neil Patterson for making this possible.

The day was enjoyed very much by all, models and attendees alike! My sincere thanks to all who were part of making this event such a success.

Thanks to Clarice Dillman for sharing the photo collage included on this page.

Historical Fashion Show and Tea



Photo credits for the photos on this page and pages 17-19: Barb Prescott

St. Luke's History

as told at St. Luke's Tea and Fashion Show

Good afternoon and welcome, everyone. My name is Donna Dunning and I am a member of Vintage Fashion Showcase. We are a group of women volunteers who have a passion for vintage fashion. This afternoon our show will feature "Local History through Fashion" in celebration of the 165th Anniversary of St. Luke Church and since tomorrow is Mother's Day, in tribute to all mothers.



Bishop Hills

Our story begins in 1860, when the Reverend George Hills was sent to Victoria from England, and was consecrated Bishop of the Diocese of British Columbia. Here is his photograph. His job was to establish mission stations in remote areas where a few people could be gathered together for worship. St. Luke's was one of the first missions outside the walls of Fort Victoria and one of the first in the entire province.

The first congregation in this area, known as Cedar Plains, met in the small farmhouse of John and Jessie Irvine. Here is Mrs. Irvine with one of her many children. Attending this first service on September 17, 1860, there were 13 adults and 10 children. Mrs. Irvine is wearing her Sunday best navy dress with her charming new bonnet.



Today, I represent Mrs. Henry King, who also attended that first service. I became the first teacher in the area and taught out of my kitchen. My bell came in handy to call the children in for their lessons. We used the Bible as a textbook, since it was the only book they all had. I also played the harmonium for church services and taught Sunday School. I am wearing my blue blouse with navy skirt and straw hat, of course.

By 1862, a proper place of worship was needed. Anthony Elliot, newly returned from the Cariboo Gold Rush, sold 7.8 acres to Bishop Hills for \$220 as a site for the Cedar Plains chapel and school. One acre was for the chapel and cemetery and the rest became the Parson's Glebe, where the rector could grow his own food and raise his farm animals. They built a small, simple structure that served as church, Sunday School and day school. Some of the pews, made from trees from the near-by Shelbourne forest, are still in use today. Here, in 1868, are two of the parishioners excited to attend the new Saanich Agricultural Fair, to exhibit their goose eggs and pet chicken.

The Reverend Edward Cridge who had been the chaplain at Fort Victoria became the Dean of Christ Church. He and his wife, Mary, had nine children but sadly, four died of diphtheria within weeks of each other in 1864. In 1870, Mrs. Cridge established the Protestant Orphans' Home. Here she is with a new set of twins. She is wearing her best burgundy floral dress. Happy Mother's Day, Mrs. Cridge. Your orphans' home continued to provide safety for many children for over 150 years.

In 1884, the Reverend George Taylor was ordained Deacon at St. Luke's. It was time for a proper church for Cedar Plains, as the congregation was growing! The chapel was jacked up and rollers placed under it. It was dragged 40 yards north by teams of horses to become a church hall. The new church was erected in 1886 and 1887, and looked very much as can be seen today, but smaller, as it ended at the side door with

the bell tower. Here is one of the ladies attending the first service in the new church, wearing her new floral ensemble with a very elegant bonnet.

Reverend Taylor's wife, Elizabeth, had five children but the first, a son, Edward Ernest Taylor, died at birth in 1886 and he was perhaps the first to be buried in St. Luke's cemetery. Here is Mrs. Taylor in her black mourning dress with black bonnet and veil and holding her prayer book.

A Lady's Guild was established in 1890, with myself (Mrs. Henry King) as President. The Guild was counted on to help raise church funds with their bake sales, garden fetes, Spring and Fall Fairs. Some things never change....By this time, gold had been discovered in the Klondike, leading to a rush of hopeful miners, who had to register in Victoria and purchase their supplies. Most were men, but there were a few women, such as our Klondike Kate. She has her carpetbag and gold pan, as she sets out to seek her fortune. Good luck, Kate!

Meanwhile, back at St. Luke's, we have a lovely young lady, bringing her baby to be baptized. She is wearing her elegant but serviceable separates. Her baby is wearing the Christening gown that has been in the family for generations.

Garden parties were very popular during Edwardian times. Here we have Mrs. Vantreight and other parishioners wearing their lacy white dresses, large flowered hats and parasols. They are looking forward to the Parish Picnic and Strawberry Festival at the Gorge Waterway. This hearty soul plans to go swimming at the picnic, wearing her very stylish bathing costume.



At this same time, women such as Nellie McClung led Women's rights groups in favour of Prohibition, and in this case, for Women's Suffrage. She is joined by her friends, with their placards, wearing their smart suits and large hats. (Honk! honk!) Here comes another one in her new Model T. You are late for the rally, Madam! She is wearing her duster coat and a mobcap with a veil to keep the dust off. Nellie McClung was an amazing woman who was a novelist, a politician, a Temperance worker and mother of five. She lived in Gordon Head from 1935 to her death in 1951.

At the onset of the First World War, many young men of the parish were eager to sign up and fight for freedom. Many did not return. A Roll of Honour is on display at the back of the church with all their names. In the 1920's the war was over and it was time to celebrate again. This lovely bride has just been married in the church and is looking forward to the reception party in the new hall, which was built in 1911. No doubt, the band will play the latest rage, the Charleston!

Residents of Victoria would often see the unusual sight of a woman strolling along the streets with her sheep dogs and a pet monkey in a stroller. Can you guess who she is? Yes, it is Emily Carr with her monkey, Woo. She became one of Canada's best-known artists. Here she is with one of her paintings and one of her books, wearing her white beanie cap.

Times were tough in the dirty 30's. Here is a typical member of the Altar Guild about to take the church linens in from the clothesline. She is wearing her usual housedress and clothespin apron with a scarf over her hair that's in pin curls. And what is this in her basket? Her baby, of course! Happy Mother's Day!

During the Second World War, the ladies of the parish again found ways to raise money for the cause. Beside knitting socks for the troops, these members of the Women's Auxiliary are raising money by having parishioners pay 10 cents to sign their names on a square of cotton, that would then be embroidered and later sewn together into this wall quilt, which now hangs in the church. They are wearing their nylon and rayon dresses that were popular in the 1930's. Women always wore hats when they went out, of course.



In 1941 and '42, the church was expanded to its present length. Additions were made to the hall later as well, with the addition of the Lounge or Fireside Room, the kitchen and the Verger's cottage. The population was expanding rapidly. St. Luke's Players have been an important part of the church's activities since 1950, when they first started meeting in the hall. Their plays are of top quality and their Christmastime pantomimes are always hugely popular! We are delighted that they are able to celebrate their 75th anniversary with us. We are particularly thrilled to have the Fairy Godmother from Cinderella with us today, who will no doubt work her magic! Notice her gorgeous gossamer gown with delicate wings, her pink hair and magic wand!

After the War, came the baby boom. This elegantly dressed lady in her autumnal cape with the matching green hat is getting close to her due date. ...Oh! Oh! Could she be in labour? Quick! Call the Midwife. Happy Mother's Day!

Attendance at church and Sunday school blossomed in the 1950's. The chapel was added to the north side of the church and the new Casavant organ was acquired. Built in 1925, it is now 100 years old and playing as beautifully as ever! The organ loft was built in 1958. A Junior Choir for children became very popular. In 1953, there were 23 Sunday School teachers and 246 children enrolled, with an average attendance of 180. Here is a typical Sunday School teacher, planning the Christmas pageant.

St. Luke's fundraisers have always been popular events. The community around the church have supported these for many years. These ladies with their children are off to the Christmas Bazaar and Poinsettia Tea wearing warm winter fashions of the day.

It is now the 1960's and these ladies are arriving at church for the Easter service. They are wearing their very lovely suits in pink, pistachio and aqua with matching hats and gloves, of course.

The Anglican Young Peoples' Association, or AYPAs as it was known, was started in the mid 1930's and was certainly popular in the 60's and 70's. These young people enjoy attending the evening services followed by their meetings where they plan upcoming events such as pancake breakfasts, car washes, dances and playing badminton in the hall. Everyone looked forward to Camp Columbia with its outdoor services, crafts, nature hikes, skits, and campfires.

St. Luke's has held hundreds of lovely weddings over the years. This one in the 1980's is no exception. Here are the mothers of the bride and groom. The flower girl leads the procession, followed by the junior bridesmaid, followed by the maid of honour. And here comes the beautiful bride and handsome groom.

This concludes our look back over some of the 165 years of our beloved St. Luke's Church, with other bits of local history added in. We hope you have enjoyed it. I would like to thank our extremely talented musician Rosemary, and our dressers, who helped make all those quick changes possible, Peggy, Daphne, and Dyane. Now for one last look at all our lovely models. We have Mary Anne, Linda, Sandy, Cathy, Lynda, Maria, Elaine, Katya, Allie, Carol, Maureen, Jan, Sheridan, and Gail.

And our very own members of St. Luke's Church: Claire, Tara, Kiran, Ziva, Aanika, Genessa, Shannon, and Neil.

Thank you for attending this special Tea and Fashion Show. We hope you have enjoyed yourself.



"Camping" in France 1961

Memories from Sandra Lindberg

Having lived in Toronto for three years, I returned to London, UK at the invitation to be a bridesmaid at a friend's wedding in March of 1961. As the long weekend was coming up at Easter, I

had the "bright" idea of going to Paris with my fiancé, Rudy. We didn't have much money as we had only been employed for a short time.

We left on Good Friday from King's Cross by coach to Dover and over to Boulogne. On the ferry, we met a young man who was travelling with a car and he offered us a ride into Paris. I think he had been there many times before and had a good idea where he was taking us. He dropped us off at a pensione where we booked a room for two nights. (All we could afford!) The next day, Saturday, we spent sightseeing. I was too scared to go beyond the first platform at the Eiffel Tower! We took the Metro (train) around town and upon climbing our way up to the exits, there was a soldier fully dressed for war at each stop. Apparently, Algeria was seeking independence from France and there were bombings and general disruptions. Of course, we didn't know that at the time and continued to enjoy the city.

The next day being Sunday, we packed up, left the hotel, and started planning for the trip home. We managed to buy some lunch and then purchased two train tickets for home. Well, to our horror we only had enough money to take us to Abbeville, a charming town but not very close to Boulogne or Calais. So upon our arrival in Abbeville, we started walking, with our thumbs out! Nobody stopped and being April, dusk was coming soon. We found a field where we could camp and started to unpack our gear. To our horror, there was no tent just a ground sheet! A friend had lent Rudy what he thought was a tent and groundsheet. Nobody checked the "tent" parcel before leaving the UK.

So we lay on top of the groundsheet and covered ourselves with our coats. Morning eventually came and we discovered we were rather wet, from the dew. Now we knew we had to get the ferry back to Dover and the nearest port was Calais. We both had to be at work the next day. So we left the field and walked along the road with our thumbs out. Eventually a car came along and stopped to pick us up. Three people were inside, two men and a lady, who was dressed in a very elegant black suit. We both felt very dirty after sleeping in the field. Of course, we didn't speak French but managed with various hand language! They had to drop us well before Calais, having indicated they were not going that far. So back on the road with our thumbs out. Not much later, another car stopped with a Spanish family. They were so helpful and gracious and took us right to the ferry terminal. Language was not a barrier. We made do with various hand movements! The very first thing I did was to go into the washroom and look into the mirror. I almost didn't recognise myself, I looked so bedraggled!

We successfully sailed back to Dover and took the bus to King's Cross railway station. On Tuesday morning, we were back to work as if we never went anywhere for the Easter long weekend in 1961.



Celebration Sunday is Coming!

Celebration Sunday is coming on October 19th and we hope to see many of you at the 10 am Celebration Sunday Service and the fully catered lunch afterwards. The service and lunch are a time to give thanks for the many blessings we have at St. Luke's and to thank all of you for all you do at St. Luke's, whether it is supporting the St. Luke's community through your prayers, your actions in volunteering to help in various areas, or through your financial contributions. It takes all of us working together to be the community of St. Luke's. We are all part of the body of Christ at St. Luke's.



The Annual Choir Party

Words and pictures by Sharon McMillan

The choir had its annual party in July, hosted by the ever-gracious Mary Byrne. It was a lovely event and it gave the choir the opportunity to bid a fond, if tearful, farewell to our Music Director of 22 years, Susanne Reul-Zastre. She will be dearly missed both as a director and as a fellow parishioner. Her loving guidance has been a boon to everyone in the choir for many, many years.



A Farewell and A Welcome

Farewell to Susanne!

Our inspired and indomitable Music Director of 22 years, Susanne Reul-Zastre, has succumbed to the siren song of an organ that contains 2190 pipes, including a Trumpet 8' built by Casavant Organ builders. While she will deeply miss her St. Luke's family, having dedicated herself to providing inspired leadership to the choir and spending so much time cajoling our own quirky Casavant organ, the lure of a "Ferrari" instrument was just too great to resist.



Susanne begins her new position as the Music Director at St. Andrew's Presbyterian Church downtown in September.

All the best to you, Susanne!



Photo Credit: Sharon McMillan

Welcome to Alan!



Photo Credit: Sharon McMillan

Alan Whitmore is very excited to be joining the St. Luke's family as Interim Music Director and looks forward to working with the church family to see what new and spirit-filled ideas can be added to an already rich liturgy and parish life.

Alan was born and raised in British Columbia. The son of a United Church minister (father) and elementary school teacher/musician (mother), Alan lived in several communities during his growing up. The family eventually moved to Victoria where he finished his schooling and studied privately with Stanley Shale, piano, and Charles Palmer, organ. He completed his BMus at UBC and did further study at Westminster Choir College, Princeton, NJ and in Stuttgart, Germany.

Alan has been a life-long performer, educator, and church musician as well as Music and Liturgy editor for Wood Lake Publishing. Many of his students have become nationally and internationally known performers and teachers. He has facilitated music ministry in several parishes/congregations throughout BC, Ontario, North Carolina, and Florida.

A certified Spiritual Director/Facilitator, Alan uses this training as well as his musical gifts in all forms of his ministry. Engaging people physically, mentally, and spiritually in music, and helping them embrace the gifts they receive from the engagement process, has always been, and remains, Alan's passion. He is a naturally gifted teacher/mentor.

Alan is married to his spouse, Denise Soulodre, and has five children, nine grandchildren, and eight great-grandchildren. When he is not working or spending time with his family he enjoys cooking, entertaining, and doing sudoku and crossword puzzles.

COOK GROW SHARE CONNECT

News from the Shelbourne Community Kitchen Team Summer 2025

Grand Opening Events

On April 30th, we hosted two grand opening events to thank those who had supported this yearlong renovations and to showcase the newly renovated space. Each event featured heartfelt speeches, a tour of the transformed facility, and the presentation of Certificates of Appreciation to the generous supporters who made the project possible.



Barb Prescott received the Certificate of Appreciation on behalf of St. Luke's. The certificate is posted on the bulletin board in the hall at St. Luke's.



AGM 2025 Thank You

On June 11th, we were delighted to welcome more than 50 members and guests to our Annual General Meeting and Member Dinner. The evening was filled with delicious food, meaningful conversations, and a shared celebration of our community's impact.

A special thank you also goes out to our **Canada Summer Jobs staff, dedicated volunteers, board of directors, and staff team.** Your energy, creativity, and commitment made this year's gathering truly special.



The Shelbourne Community Kitchen Board of Directors



From left to right: Don Storch, Linda Campbell, Ray Lett, Rae Franklin (A/Treasurer), Ellis Parsons, Marilyn Pattison, Jennefer Byrne (Vice Chair), Bruce Winter (Chair), Darlene McCoy (A/Secretary).

A Note from St. Luke's

Photos by Sharon McMillan and Barb Prescott

Thank you so much to Kim and Liva for hosting the Garden Tour for St. Luke's parishioners after the service on Sunday, August 3rd. Thanks to Kim for speaking during the announcements as well.

We were pleased that so many people came to see the garden (one of the hidden gems at St. Luke's!) and take in the tour. Thanks too for the delicious iced tea and goodies. We enjoyed our coffee time in the garden!



Word Search Puzzle



Fun in the Sun

L I M C P I O I O P M I M M B G K M R A I E
 S R E G R U B S U I P C T S T N E T R R N T
 D B D I E A P E N G L C N I I G C S I N F N
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Fishing	Rafting	Golf	Bonfires
Burgers	Surf	Picnic	Vacation
Party	Hiking	Scuba	Beach
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