

Follow – Walking in the Way of Jesus

Jesus Re-Orders our Fears

Mark 4:31-41

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Faith is not a VIRTUE – It is a divine gift that comes from God not from within.
Faith is in PROCESS – It is exercised and strengthened, growing stronger when used.
Faith is not THEORETICAL – It is tangible, embodied and active trust.

It's not the QUALITY of our faith that saves us. It's the OBJECT of our faith.

Mark 4:31-41 — Jesus calms the storm. This story is a beautiful REVELATION of the REAL Jesus: Jesus is DIVINE. Jesus is HUMAN.

Jesus is HUMAN - Jesus the HUMAN sleeps. Jesus is EXHAUSTED. He's been teaching. He's been present, attentive to the questions. His sleep shows that He experienced real human limitations: hunger, thirst, and fatigue.

Jesus in HUMANITY sleeps by faith: Sleep is a DECLARATION of FAITH.

Jesus in DIVINITY rebukes the wind – OBVIOUSLY, This passage displays the divinity of Jesus the power of His words. AGAIN we see that Jesus uses words to bring His power. His voice is the most powerful force in the universe.

- Jesus is not surprised by the storm
- Jesus is not afraid of the storm

To follow the real Jesus is to encounter someone who:

- Cannot be controlled or predicted.
- Commands both reverent fear and deep trust.
- Demonstrates infinite power alongside sacrificial love.
- Challenges our expectations and identifies the lies we believe.

The Disciples' question is about LOVE not POWER – ***Don't you care?***
Jesus' question is about FEAR: ***Why are you afraid?***

Their FEAR had told them a LIE. And they BELIEVED it. That's what fear does. It tell us lies. Either a lie about God or a lie about ourselves.

When God meets your fears, your fears are reordered and your faith is strengthened.

The disciples were terrified and asked “who is this that the wind and the waves obey Him?”

1. Fear Is Reordered, Not Always Removed - Right fear (awe of God) pushes out disordered fear (terror of circumstances).
2. Reordered Fear Produces Deeper Faith - When you see God's power and presence in the middle of what scares you, trust grows. Faith is formed from EXPERIENCE. It is TESTED and when TRIGGERED again
3. Deeper Faith Sleeps Well - When you know Jesus is in control, even in chaos, you can rest instead of stressing or striving. Rest becomes an act of trust, a declaration that God is God, and we are safe in Him.

Date: August 31st, 2025

Series: Follow

Title: Jesus Re-Orders our Fears

Primary Passage: Mark 4:35-41

Big Question: What makes faith real, not theoretical?

Big Idea: Jesus shows us that OBJECT of our FAITH matters more than the QUALITY of our FAITH, expressed when we learn to trust the real Jesus with our fears.

Keywords: Faith, Theoretical, Virtue, Gift, Quality, Object, Human, Sleep, Divine, Real, Fear, Lies, Reordered, Trust.

GOING DEEPER Questions:

What were you reminded of God's love this week? What did love cost you this week?

Read Mark 4:35-41. What stands out to you about this passage? How do you relate to the disciples? Where do you see Jesus' humanity? Why is that significant? Where do you see Jesus' divinity? Why is that significant?

How is sleep a declaration of faith? When is it an act of escape? How do you know the difference?

Why do you think the disciples were terrified after Jesus calmed the storm? Why is the reordering of our fears imperative for our faith to be strengthened?

What is a predominant fear in your life (ie. Failure, Rejection, Suffering, Future, Being Known)? How has it manifested in your thinking or in behaviours? Have you ever talked to Jesus about it?

What in your life do you need Jesus to speak over? Spend some time appealing to Him. Allow Him to reorder your fears.