

OPCTP Basic Training Program

Fall 2025

**Mondays from
Sept 15 to Nov 24**
(excluding Thanksgiving Monday)

In Person 1 - 3:30pm,
at **St. Paul's Presbyterian
Church**
971 Woodroffe Ave., Ottawa
or
online by Zoom 7 - 9:15pm



OTTAWA PASTORAL CARE
TRAINING PROGRAM

ottawapastoralcare.com
facebook.com/OttawaPastoralCare

Course Details

The Basic Course takes place over 10 weeks (excluding Thanksgiving Monday).

The OPCTP is a Christian-based program. Other faiths are most welcome.

The **training topic sessions** include:

1. Introduction to Pastoral Care
2. Active Listening
3. Emotions 101
4. Spiritual Needs and Pastoral Identity
5. Grief Through Losses
6. Ministry with Dying
7. Transitions in Ageing
8. Pastoral Visiting / Use of Prayer and Scripture
9. Care for the Caregiver and Pastoral Care Teams
10. Celebrating our Community and Our Call



Attendance at the first two classes is a prerequisite to continuing in the program. If you miss one of the first two classes, you will need to re-register for a future course.

A certificate will be issued at the end of the course for those who have 2 or fewer absences from the course.



Contact Information

For any questions or concerns, please contact:

Josephine Hall
OPCTP Administrator
613-413-0384
ottawapastoralcare@gmail.com

or visit our website at
www.ottawapastoralcare.com

Registration

These courses fill up early.
Register early to avoid disappointment.

Please register by September 5

Cost: \$150 before September 5
\$175 after September 5

To register and pay:

Email your registration details:
your name, mailing address (with postal code), email address, phone number, church or institution name, along with your preference of the afternoon or evening course

to opctp.registrar@gmail.com and let our registrar know how you will pay.

TO PAY, send an e-transfer to:

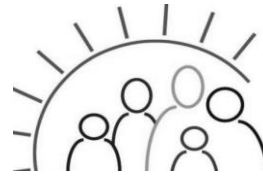
opctp.registrar@gmail.com

OR make a cheque out to 'Ottawa Pastoral Care Training Program' and mail it to:

OPCTP Administrator
4 Pinetrail Cres.
Ottawa, ON

Upon request, the OPCTP provides special training events tailored to meet your faith community's specific needs or concerns.

What is Pastoral Care?



- A ministry of presence.
- Founded on faith and prayer.
- Focusing on the other person(s) through active listening.
- Offering support and guidance.
- Shared with and accountable to a community of caregivers.

Pastoral care visitors will develop skills to help them become a compassionate and sustaining presence with others, and to support one another in ministry.

What is a Pastoral Care Team?

A pastoral (or spiritual) care team is a community or institution's specific response to the pastoral, spiritual and emotional needs of its members.

A pastoral care team brings focus to a ministry which attempts to make visible God's presence in definite and tangible ways by:

1. responding to the needs of others within the community.
2. embodying the presence of God for others.

About the OPCTP

The Ottawa Pastoral Care Training Program (OPCTP) has been providing courses and workshops in Ottawa and surrounding communities since 1979.

The OPCTP is recognized as an inter-denominational entity under the general sponsorship of the Christian Council of the Capital Area (CCCA).

An Advisory Board of representatives from participating faith communities oversees planning, administration and evaluation of the program.

For more information about the OPCTP, please visit our website: www.ottawapastoralcare.com