



# The Prayer Practice

## 4. Being with God

## According to Dallas Willard, God wants us to pray because it is:

1. **Relational:** prayer draws us close as children to our Father (Matt. 6:6).
2. **Formational:** prayer transforms our desires & gives us peace (Phil. 4:6–7).
3. **Participatory:** prayer lets us share in God's Kingdom work (Matt. 6:9–10; James 5:16–18).
4. **Fruitful:** prayer flows out of abiding in Christ, shaping us to will and to act with Him (John 15:7).

And we all, who with unveiled  
faces contemplate\* the Lord's glory,  
are being transformed into his  
image with ever-increasing glory,  
which comes from the Lord, who  
is the Spirit.

- 2 Corinthians 3:18

\*Reflect; Behold

# *SEVEN SPIRITUAL DISCIPLINES THAT WILL CHANGE YOU*

1. Devotional Bible Reading
2. Prayer
3. Fasting
4. Simplicity
5. Solitude
6. Service
7. Worship







How has prayer transformed you?

# How does prayer transform us?

Php 4:6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

1. How it forms you  
(vision)
2. Heart change  
(intention)
3. Practice  
(means)

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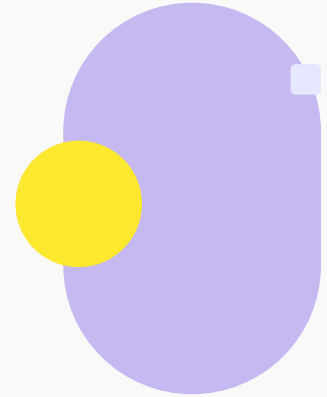
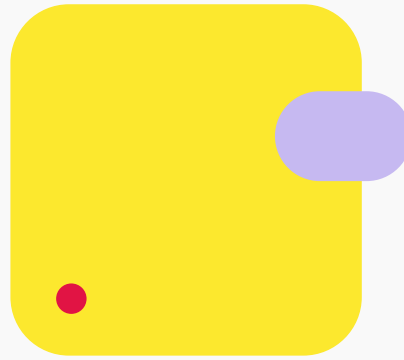
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# PSALM 23 & THE LORD'S PRAYER

## - PRAYERS OF TRANSFORMATION



IDENTITY

CONFIDENCE

FOCUS

STAGE

# WORK GROUPS

10	8	7
9	6	5

4	3
2	1

REAR DOOR

# TRANSFORMATION IN PRAYING PSALM 23

1 “The Lord is my shepherd

2 “I lack nothing. He makes me lie down in green pastures.”

3 “He leads me beside still waters, He restores/refreshes my soul.”

4 “He leads me in paths of righteousness for his name’s sake.”

5 “Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me.”

6 “Your rod and your staff, they comfort me.”

7 “You prepare a table before me in the presence of my enemies.”

8 “You anoint my head with oil; my cup overflows.”

9 “Surely goodness and mercy shall follow me all the days of my life”

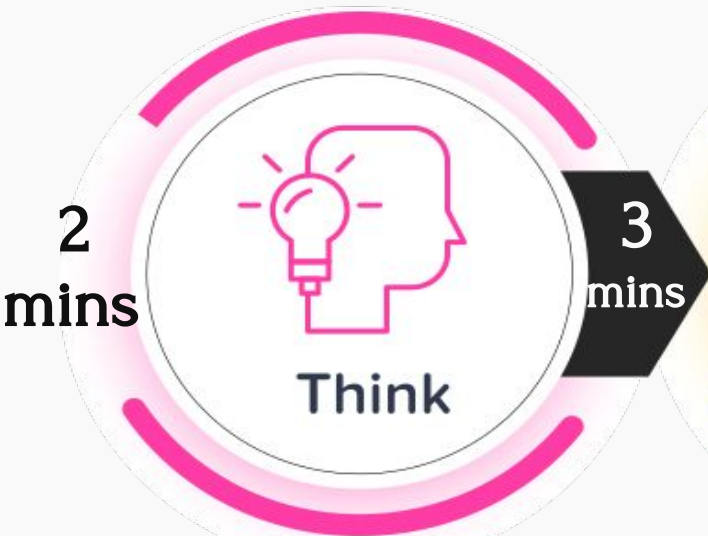
10 “I will dwell in the house of the Lord forever.”

# 1. The Lord is my shepherd.

1

**How it forms you  
(vision)**

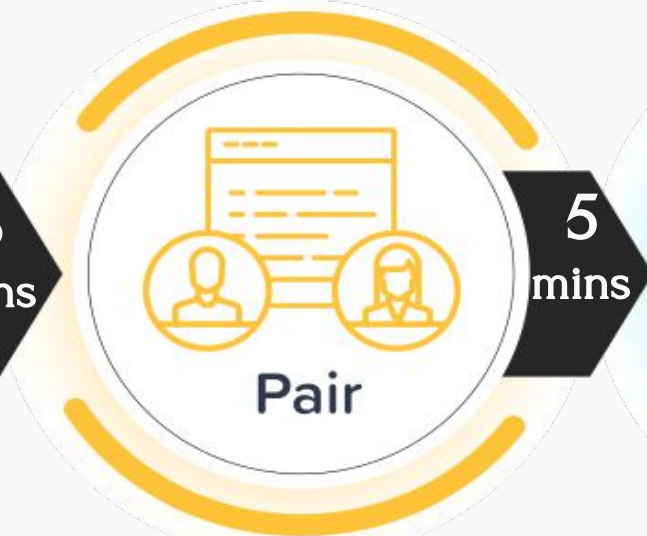
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2

**Heart change  
(intention)**

Type here



3

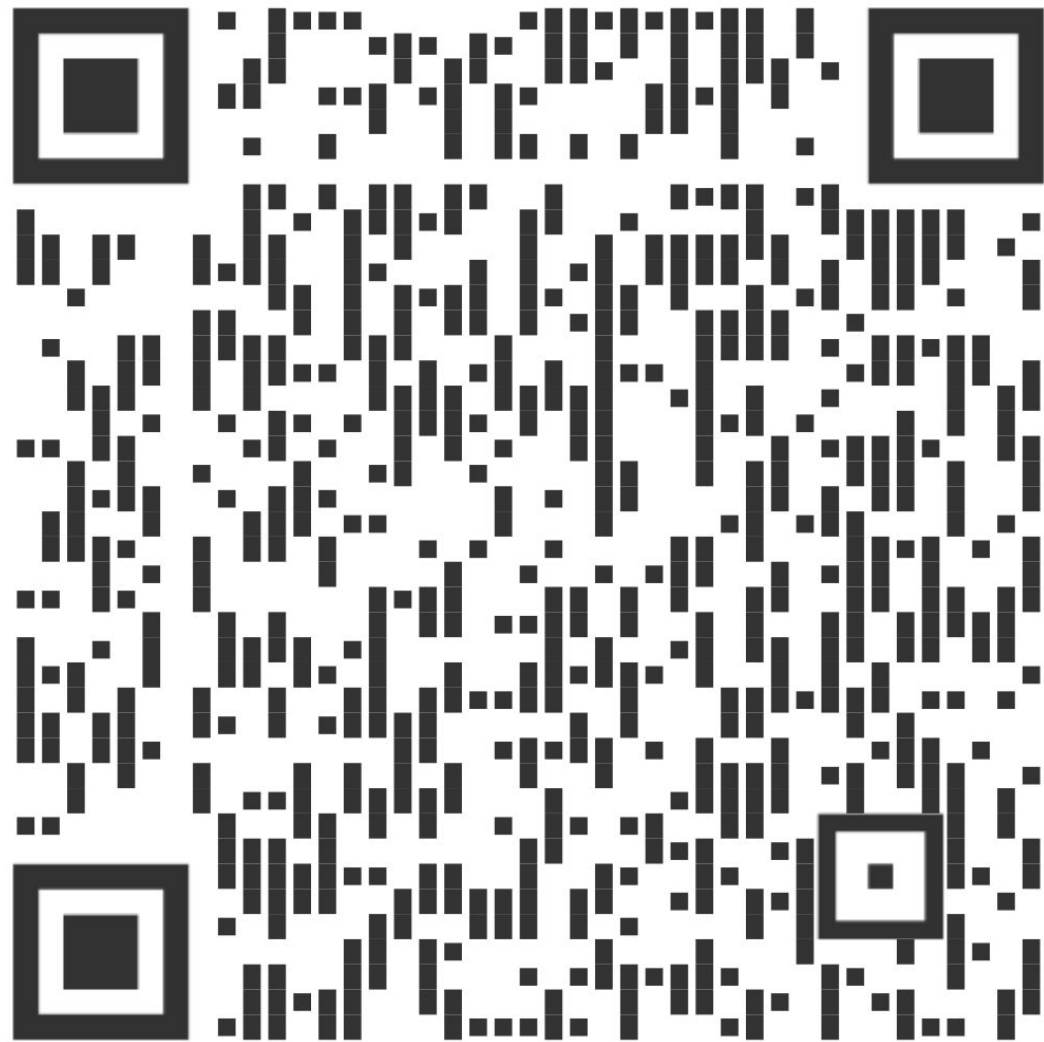
**Practice  
(means)**

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One Person From  
Each Group - Scan  
- Locate Your Slide  
And Input Your  
Answers

Wi-Fi Network:  
Temple Akiba Guest  
Password:  
Shalom18





# 1. The Lord is my shepherd.

1

## **How it forms you (vision)**

Reframes our identity  
Individual —> Sheep

2

## **Heart change (intention)**

Letting God lead us  
where we need to go  
instead of focusing  
on where we want to  
go

3

## **Practice (means)**

Obedience and  
submission to His will

## 2. I lack nothing. He makes me lie down in green pastures.

1

**How it forms you  
(vision)**

Security and  
contentment in God

2

**Heart change  
(intention)**

Surrender and trust  
God

3

**Practice  
(means)**

Make time to sit with  
God every day

### 3. He leads me beside still waters, He restores/refreshes my soul.

1

#### **How it forms you (vision)**

- Wanting to be refreshed

2

#### **Heart change (intention)**

- Being still
- Having peace

3

#### **Practice (means)**

- Being with God/walking with Him

## 4. He leads me in paths of righteousness for his name's sake.

1

### **How it forms you (vision)**

To be righteous in a  
way that lifts His  
name

2

### **Heart change (intention)**

In order to be lead,  
you have to  
yield/surrender

3

### **Practice (means)**

Through prayer, being  
led by His word, it  
allows us to follow  
Him and do what is  
right. (AKA: to be  
lead, walk with Him)

5. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me.

1

**How it forms you  
(vision)**

Remain faithful, and  
confident even in  
difficult times.  
Comfort. He is with  
me/us/constantly

2

**Heart change  
(intention)**

To be mindful of  
God's goodness and  
love towards me.  
Notice that he is  
there.

3

**Practice  
(means)**

Pray Php 4:6–7  
Surrender, be with  
him.

# 6. Your rod and your staff, they comfort me.

1

## How it forms you (vision)

It allows us to live a life of guidance and protection even with the necessary discipline

2

## Heart change (intention)

We must be malleable, humble and entrusting. We have to shift our hearts to be open to being led/guided

3

## Practice (means)

Seeking guidance and understanding through reading scripture and praying for understanding even in conflict/confusion



# 7. You prepare a table before me in the presence of my enemies

1

## **How it forms you (vision)**

God preparing a table  
for us, knowing that  
God constantly  
provides for us

2

## **Heart change (intention)**

We experience a  
peace that surpasses  
all understanding

3

## **Practice (means)**

Faith and trust that  
God will provide for us  
Praying for our enemies

# 8. You anoint my head with oil; my cup overflows

1

## How it forms you (vision)

Covered, fulfilled,  
lavished, taken care  
of, plenty abundance

2

## Heart change (intention)

Receive,  
acknowledge, notice  
what God has done  
and have a heart  
posture of  
acceptance

3

## Practice (means)

This is a work of God  
we need to be aware  
of it and accept it  
with gratitude, which  
flows from the  
covering of God  
being in his care

# 9. Surely goodness and mercy shall follow me all the days of my life

1

**How it forms you  
(vision)**

**Allows us to also be  
good and merciful  
to others**

2

**Heart change  
(intention)**

Gives us confidence

3

**Practice  
(means)**

Focusing on it daily

# 10. I will dwell in the house of the Lord forever.

1

## **How it forms you (vision)**

To dwell with God means to be one with Him by abiding in Him

2

## **Heart change (intention)**

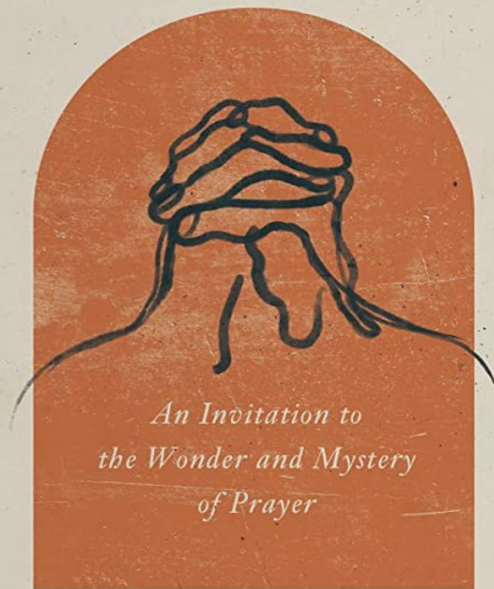
To live in complete union with God with a humble, trusting, and surrendered heart

3

## **Practice (means)**

Remaining in God's presence, allowing him to guide our thoughts and actions through prayer

PRAYING LIKE MONKS,  
LIVING LIKE FOOLS



*An Invitation to  
the Wonder and Mystery  
of Prayer*

TYLER STATON

*Author of Searching for Enough*

FOREWORD BY TIM MACKIE

Father, please help me to engage in deeper  
transformative prayer (by using scripture).