How Does Worship Lead to Confession?

August 17, 2025

Psalm 32

Of David. A maskil.

1 Blessed is the one

whose transgressions are forgiven,

whose sins are covered.

2 Blessed is the one

whose sin the Lord does not count against them

and in whose spirit is no deceit.

3 When I kept silent,

my bones wasted away

through my groaning all day long.

4 For day and night

your hand was heavy on me;

my strength was sapped

as in the heat of summer.[b]

5 Then I acknowledged my sin to you

and did not cover up my iniquity.

I said, “I will confess

my transgressions to the Lord.”

And you forgave

the guilt of my sin.

6 Therefore let all the faithful pray to you

while you may be found;

surely the rising of the mighty waters

will not reach them.

7 You are my hiding place;

you will protect me from trouble

and surround me with songs of deliverance.

8 I will instruct you and teach you in the way you should go;

I will counsel you with my loving eye on you.

9 Do not be like the horse or the mule,

which have no understanding

but must be controlled by bit and bridle

or they will not come to you.

10 Many are the woes of the wicked,

but the Lord’s unfailing love

surrounds the one who trusts in him.

11 Rejoice in the Lord and be glad, you righteous;

sing, all you who are upright in heart!

Theme & Goal:  
When you truly **C**  your sins, God makes you a **H**  person!

1. Why don’t we confess?
2. We **D**  ourselves.

2 Blessed is the one

whose sin the Lord does not count against them

and in whose spirit is no deceit.

1. What happens when we don’t confess?

1 Blessed is the one

whose transgressions are forgiven,

whose sins are covered.

1. When you don’t confess you feel **N**  with **G**  & **S** .

You feel guilty for what you have **D** . And you feel shame for what you **A** .

Q: Which one is harder for you? Feeling naked because of your guilt or shame?

3. How does God make you a happiest person?

1 **Blessed** is the one

whose transgressions are forgiven,

whose sins are covered.

2 **Blessed** is the one

whose sin the Lord does not count against them

and in whose spirit is no deceit.

ESHER:

Blessed, or Happy.

Always used as an **I** !

11 **Rejoice** in the Lord and **be glad**, you righteous;

**sing**, all you who are upright in heart!

7 You are my hiding place.

1. Even when you don’t confess, God’s **G**  leads you to **C** .

3 When I kept silent,

my bones wasted away

through my groaning all day long.

4 For day and night

your hand was heavy on me;

my strength was sapped

as in the heat of summer.[b]

5 Then I acknowledged my sin to you

and did not cover up my iniquity.

I said, “I will confess

my transgressions to the Lord.”

And you forgave

the guilt of my sin.

6 Therefore let all the faithful pray to you

while you may be found;

surely the rising of the mighty waters

will not reach them.

1. God **C**  your guilt **A** .

5 Then I acknowledged my sin to you

and did not cover up my iniquity.

I said, “I will confess

my transgressions to the Lord.”

And you forgave

the guilt of my sin.

1. God **C**  your shame **A** .

7 You are my hiding place;

you will protect me from trouble

and surround me with songs of deliverance.

1. Now you confess to changing your **H** , not only your **B** .

8 I will instruct you and teach you in the way you should go;

I will counsel you with my loving eye on you.

9 Do not be like the horse or the mule,

which have no understanding

but must be controlled by bit and bridle

or they will not come to you.

10 Many are the woes of the wicked,

but the Lord’s unfailing love

surrounds the one who trusts in him.

4. Jesus Christ is **Y**  covering.

Genesis 2:25

25 Adam and his wife were both naked, and they felt no shame.

Genesis 3:21

21 The Lord God made garments of skin for Adam and his wife and clothed them.

Romans 13:14

Clothe yourselves with the Lord Jesus Christ.

Personal Application:

Q: How is the Holy Spirit **COMFORTING** you?

Q: How is the Holy Spirit **CONVICTING** you?

Q: How is the Holy Spirit **CHALLENGING** you?