

# **Sunday Sermon Summaries**

Pastor Philip Thomas, August 24, 2025 **Galatians 5:13-6:10** – **Living Free (Part 1)** 

# igspace 1 1. First Summary of the Sermon

Pastor Philip's sermon from Galatians 5:13–6:10 teaches **what it means to live in Christ's freedom**. Paul reminds believers that freedom in Christ is not permission to indulge the flesh but a call to serve one another humbly in love. True freedom results in Spirit-led living, producing the fruit of the Spirit and leading us away from self-centeredness.

The message emphasizes that **love is the foundation of all Christian living**. Jesus taught that the greatest commandments are to love God and love others, and Paul restates that the entire law is fulfilled by loving your neighbor as yourself. This love is not conditional or limited to those who deserve it; it must extend even to those who hurt us, **because God first loved us with unconditional, sacrificial love**.

The sermon stresses that before we can truly love others, we must first know and receive God's love for us and learn to rightly love ourselves in Christ. Many struggle with guilt, shame, and condemnation from their past, which hinders their ability to love others. Only by receiving God's forgiveness and embracing our new identity in Christ can we love both ourselves and others as God commands.

Jesus himself set the ultimate example by washing the disciples' feet and laying down his life.

**Love is proven in humble service, not in words alone.** As Paul and John both show, love is active, patient, kind, forgiving, and sacrificial. Without love, our attempts to avoid sin or bear fruit will lead to failure or pride. Love is the starting point of true Christian life and discipleship, and through it, the world will recognize us as followers of Christ.

# 2. Scripture References

Scripture Reference	Description
Galatians 5:1	It is for freedom that Christ has set us free; do not be burdened again by a yoke of slavery.
Galatians 5:13-6:10	Main passage describing freedom in Christ, living by the Spirit, the fruit of the Spirit, and bearing one another's burdens.
Galatians 5:13-15	<b>Focus verses:</b> freedom is for serving others humbly in love, not indulging the flesh.
Galatians 5:2-12	Warning against returning to sin after being set free; freedom has a purpose.
Galatians 5:26	Warning against conceit, provoking, and envying one another.
Galatians 6:9-10	Encouragement not to grow weary in doing good, for a harvest awaits those who persevere.

Scripture Reference	Description
Matthew 22:34-40	Jesus teaches the greatest commandments: love God fully, and love your neighbor as yourself.
Leviticus 19:18	Do not seek revenge or bear a grudge, but love your neighbor as yourself.
Leviticus 19:9-17	Practical examples of loving your neighbor: share with the poor, show compassion, be honest, avoid gossip, reconcile directly.
Romans 12:2 (alluded)	Be transformed by the renewing of your mind and cleansing of your heart.
John 13:34-35	At the Last Supper, Jesus commands: love one another as I have loved you; by this, all will know you are my disciples.
1 Corinthians 13:4-8	Love is patient, kind, forgiving, not envious, not proud, and never fails.
Psalm 62:11 (alluded)	One thing God has spoken; two things have I heard — used as an example of God speaking multiple truths.
C.S. Lewis, The Four Loves	"To love at all is to be vulnerable" (illustration of risk and sacrifice in love).
Romans 8:1 (alluded) There is therefore now no condemnation for those who are in Christ Jesus.	
Psalm 103:12 (alluded)	God has removed our sins as far as the east is from the west.
1 Peter 4:7-11	Closing blessing: live alert and sober-minded, love deeply, show hospitality, serve with God's strength, so that God is glorified.



# **2** 3. Important Points from the Sermon

### **Freedom in Christ**

- Christ has set us free so we can live in freedom, not return to sin.
- Freedom is not indulgence of the flesh, but a call to serve one another humbly in love.
- Living in Christ's freedom means walking by the Spirit, producing fruit, and avoiding selfcenteredness.

#### The Call to Love

- Paul emphasizes that the whole law is fulfilled in loving your neighbor, as yourself.
- Jesus reiterates in Matthew 22 that the greatest commandment is to love God fully, and the second is to love your neighbor.
  - Love is active service and sacrifice, not just an attitude or words.

### **Experiencing God's Love First**

- Before loving others, we must first know and experience God's unconditional love.
- We must surrender all to Christ our will, desires, and actions and receive his salvation and love.
  - Understanding God's extravagant love enables us to extend love even when others don't deserve it.
- Just as God loves us, even when we don't deserve it. His love is found in His grace and mercy towards us.

### **Loving the Unlovable**

- Leviticus 19 shows love is commanded even when wronged; love is not based on others' worthiness.
  - Love is based on God's love for us.
  - Withholding our love hurts us more than others.
  - C.S. Lewis reminds us that to love is to be vulnerable, even at the risk of being hurt.

## We are Forgiven in Christ

- Many believers struggle to receive Christ's forgiveness for themselves but it is real, because God said so in His word. But, even so, they still carry guilt and shame from the past.
- **God forgives us and removes our sin from His record** but we can still remember our sins, which keeps us humble before Him.
- We must remember that when God forgives us we are forgiven -- because that is what His word says and His word is true.
  - God says He forgives us, and His word is true -- so... we are forgiven in Christ.

### We are Loved in Christ

- God says He loves us, and His word is true -- so... we are loved in Christ.
- God says we are lovable, by His grace and mercy and forgiveness and His eternal love for us all.
- Without rightly receiving Christ's love as true, and meant for us, we cannot fully love others.
- In Christ, there is no condemnation; we are new creations and are fully loved and forgiven.

#### We respond to Christ's love for us, by believing in Him and trusting His word:

- ★ He's saying, "I have covered over all of your sins."
  - So we come to the Lord and we say,
    - "Lord God, thank you for what you have done.
    - Thank you for what you have accomplished.
    - Thank you for the cleansing that you have worked in me.
    - Thank you that I stand as a new creation in Christ Jesus."

#### Love in Action

- Jesus modeled love through humble service, like washing his disciples' feet.
- He commanded us to love one another **as he loved us**, showing the world that **we are his disciples by our love.** 
  - 1 Corinthians 13 describes the character of true love: patient, kind, forgiving, never failing.

## The Priority of Love

- Focusing only on sins leads to failure, because no one can keep the law.
- Focusing only on fruit can lead to pride and self-righteousness.
- Love is the foundation; only when we love as God loves, including ourselves, and others rightly, can we overcome sin and bear the fruit of the Spirit.

### **Application and Blessing**

- Believers are urged to keep returning to Galatians 5-6 and apply its truth personally.
- Ask the Lord continually, "What do I need to apply? What do you want to speak to me?"
- Final encouragement: love others as God has loved you we are empowered by God's love.
- Closing blessing from 1 Peter 4:7-11: live alert, love deeply as God loves us, serve faithfully, so that God may be glorified.

# 4. Second Summary of the Sermon

# **High-Level Overview**

- The session centered on **Galatians 5:13-6:10**, with a focused deep dive into **Galatians 5:13-15**, outlining what it means to live in Christ's freedom: not indulging the flesh, but serving one another humbly in love.
- Core emphasis: authentically loving as God loves, and loving Him in return, and our neighbor as He commands us to do.
- God's love for us, is our basis for resisting sin, and bearing the fruit of the Spirit.

# **Key Discussion Points**

### Living in Christ's Freedom

- Freedom's purpose:
- Not license to indulge the flesh or return to past sinful behaviors.
- Positive directive: serve one another humbly in love.
- Antidote to self-indulgence:
- Shift from self-centeredness to other-centeredness.
- Sustain good works even when unreciprocated, drawing strength from God as our limitless source.

## **Scriptural Foundations and Cross-References**

- Galatians 5:13-15:
- Called to freedom; do not indulge the flesh; serve others in love; fulfill the law by loving your neighbor as yourself; avoid "biting and devouring" one another.
- Matthew 22:34-40:
- Two great commandments: love God wholly; love your neighbor as yourself; all the Law and Prophets hang on these.
- Leviticus 19:9-18:
- Love amidst offense: refuse revenge and grudges; practical love includes generosity to the poor/alien, honesty, impartiality, direct reconciliation, and avoiding slander.
- John 13:34:

- New command to love as Jesus loved; love is the distinguishing mark of disciples.
- 1 Corinthians 13:4-8:
- Love's character: patient, kind, not envious/boastful/proud/self-seeking/easily angered; keeps no record of wrongs; rejoices in truth; always protects, trusts, hopes, perseveres; never fails or quits.
- 1 Peter 4:7-11 (closing blessing context):
- Be alert and sober for prayer; love deeply; offer hospitality without grumbling; use gifts to serve; speak God's words; serve with God's strength, so God is praised. Do all things as unto the Lord God.

## Love as Prerequisite to Holiness and Fruit

- Sequence and dependency:
- Before addressing "acts of the flesh" or striving for "fruit of the Spirit," the community must root itself in God's love, and love for others.
- Rule-keeping, or self-generated goodness, leads to failure or self-righteousness without love.

## **Self-Love Versus Self-Indulgence**

- Healthy self-care:
- Right identity in Christ enables loving others "as yourself."
- Barriers include unresolved shame, self-condemnation, and unreceived forgiveness.
- Pastoral counsel:
- Receive God's unconditional love and forgiveness fully, to avoid withholding love from others.
- C.S. Lewis' insight on vulnerability: love risks hurt -- yet isolation hardens the heart.
- Boundaries and wisdom: loving others does not mean tolerating abuse, condoning violence, or ignoring illegality.

## **Practical Expressions of Love**

- Actions over mere attitudes:
- Serving humbly, persevering in doing good, forgiving, seeking reconciliation directly, generosity to the needy, honesty, impartiality, and hospitality.
- Jesus' model:
- Foot-washing as enacted love; calling disciples to do likewise.

#### **Pastoral Plan**

- The Pastor will continue a multi-week series on Galatians 5:13-6:10, reading the whole passage each week and focusing on selected verses.
- Priority of formation:
  - Emphasize receiving God's love, and practicing love of neighbor, before detailed treatment of sins to avoid, and fruit to cultivate.

## **Risks and Mitigations**

- Risk: Self-focused freedom drifting into indulgence.
  - Mitigation: Intentionally practice other-centered service grounded in God's love for us.
- Risk: Legalism or self-righteousness when focusing on rules or visible fruit.
  - Mitigation: Anchor all practice in loving God and neighbor, drawing on the Spirit's power to obey.
- Risk: Enabling harm by misconstrued vulnerability. (Do not stay in harmful situations.)

• Mitigation: Maintain wisdom, boundaries, legal compliance, and discernment, while choosing to love through praying for that person's salvation. (Mat\_5:44 But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you)

## **Open Questions**

- Who specifically is each person being called to love and serve humbly, without expectations of reciprocation?
- What personal practices will help individuals receive and abide in God's unconditional love to overcome shame and self-condemnation?

## **Action Items**

- Re-read Galatians 5:13-6:10 regularly over the coming weeks; seek specific, personal applications.
- Engage the community for prayer and support: to address identity, forgiveness, and reconciliation needs.
- Model love through tangible service, hospitality, and direct reconciliation efforts.
- This week: meditate on practical expressions of "serving one another humbly in love," including boundaries, and wisdom.
- This week: identify one person to love, and serve humbly, without expectation, and act on it.