

Based on the teaching from Sunday 24 August 2025, 'Death through Adam - Life through Jesus Christ'

Sermon can be found on our website lwac.org.au, click on 'talks' top left of the page.

Text: **Romans 5:12-21**

Key Ideas from the Sermon: (sermon notes are also attached for reference)

- Paul compares and contrasts the first and last Adams (Adam and Jesus Christ). These are the two Representative Heads of all humanity.
- The first Adam brought sin and death into the world. He is naturally our representative head, in Adam we all sinned and therefore death has come to all people.
- The last Adam, Jesus, has brought life and righteousness through the gift of grace; his death and resurrection, which is received by us through faith.
- God relates to humanity through our representative head. To believe in Jesus is move from the reign of death (Adam) into the reign of life (Jesus). This is what it means to be 'in Christ'. He is now our representative head - what is true of Jesus is now true of us.

Bible Study: The Swedish Method [Rom 5:12-21]

1. Begin by praying, asking God to speak through His Word
2. Read the Bible passage aloud, being careful to read slowly
3. Go back over the passage (allow about 10 minutes of silence), being on the lookout for, and making notes on the following four things:



Light bulb: This should be something that 'shine' from the passage - whatever impacts most, or draws attention.

Notes:



Question mark: Anything that is difficult to understand in the text, or a question the reader might like to ask the writer of the passage, or the Lord.

Notes:



Jesus: What does this passage teach me about who Jesus is, what he has done for me and what it means for me to follow him in my life.

Notes:



Arrow: A personal application for your life.

Notes:

4. Discussion & Prayer

The Swedish Method guide explaining best practice can be found on our website. Click on 'Our Church' top right, then 'LifeGroup leaders page'.