

#### **Diocese of Athabasca**

## Sunday School Lesson Plan - Sunday, September 14, 2025

Holy Cross Day (Year C) – Readings: Num 21:4b-9; Ps 98:1-6; 1 Cor 1:18-24; Jn 3:13-17

Here's a **Sunday School Lesson Plan** for **young children** (ages 4–8) based on the **Revised Common Lectionary readings for Holy Cross Day, September 14, 2025 (Year C)**. This lesson emphasizes the **love of God shown through the cross** and helps children connect biblical stories to Jesus' sacrifice in an age-appropriate way.

# Theme: God's Love Shown Through the Cross

**Key Verse**: "For God so loved the world that he gave his only Son." – John 3:16a (simplified)

# **Scripture Readings (Simplified for Children)**

- 1. **Numbers 21:4b-9** The Israelites grumble, get sick from snake bites, and God tells Moses to lift a bronze serpent on a pole to heal them.
- 2. **Psalm 98:1-6** Sing to the Lord a new song for His wonderful deeds!
- 3. 1 Corinthians 1:18-24 The cross may seem foolish to some, but it is God's power to save us.
- 4. **John 3:13-17** Just like the bronze snake was lifted to heal, Jesus was lifted up on the cross to save the world.

# **Lesson Plan Outline**

# 1. Welcome & Opening Prayer (5 minutes)

- Greet each child warmly.
- Short prayer: "Dear God, thank you for sending Jesus to show your love. Help us learn more about your love today. Amen."

## 2. Circle Time – Introduction (5 minutes)

#### Ask:

- "Have you ever been hurt and someone helped you?"
- "How do you show someone you love them?"

Introduce the idea: God showed His love for us by sending Jesus, and Jesus was lifted up to help everyone, like the snake on the pole in the Old Testament.

# 3. Bible Story Time (15 minutes)

#### A. Tell the Story (Use props or visuals if possible)

- Briefly explain the **bronze serpent** story (Num. 21:4–9) using visuals of Moses and the snake on a pole.
- Connect it to **Jesus on the cross** (John 3:13–17): Jesus was "lifted up" too—so we could be healed from sin.
- Emphasize: God loves us so much that He sent Jesus.

# B. Psalm 98:1-6 – Use tambourines or rhythm instruments. Sing a simple song or make up a joyful noise to God together!

### 4. Activity Options (15–20 minutes)

## Option A: Craft - Make a Cross of Love

**Supplies**: Craft sticks, glue, markers, stickers, red hearts **Instructions**:

- Glue two craft sticks in a cross shape. (You could also use sticks found in nature.)
- Decorate with red heart stickers.
- Write (or help children write): "God Loves Me" or "John 3:16" on the cross. (If using sticks you may have to have labels to put on the crosses.)

#### **Option B: Snake Pole Craft (Numbers 21)**

**Supplies**: Pipe cleaners, straws/popsicle sticks **Instructions**:

- Twist pipe cleaners into snake shapes and wrap them around a stick.
- Talk about how people looked up and were healed—just like we look to Jesus.

## 5. Snack & Story Reflection (10 minutes)

While eating:

- Talk about ways we can show love to others like Jesus did.
- Ask: "What do you think it means that God loves the world?"

# 6. Memory Verse Game (5 minutes)

**Verse**: "God so loved the world that He gave His only Son." – John 3:16

Game: Clap once for each word as you repeat it together; then try it faster or in a whisper.

## 7. Closing Prayer & Take-Home (5 minutes)

Prayer: "Thank you, God, for sending Jesus. Help us to share your love with others."

**Take-home idea**: A small paper heart with John 3:16 on it, and a simple note for parents about what was learned today.

# **Teacher's Notes**

- Emphasize God's love and healing more than judgment or punishment.
- Use **visuals** and **interactive storytelling** to engage young children.
- Keep theological points simple: "Jesus was lifted up to show us God's love."

