

Session 5 | The Conversation Spiral | Part 2

Session Introduction:

- Key session outcome: Learning how the Holy Spirit helps us to take conversations deeper.
- Reach Plan – we've done three sessions/practices of building the plan and will continue to do every week. Is everyone understanding? Is everyone participating?

PRAY

- Begin your Life Group with worship songs, contemplative prayer, thankfulness, personal prayer requests or similar.

GROW

Review last weeks practice:

Use 'My Reach Plan' to list the topics you currently discuss with each person at each of the three level of the Spiral. It's okay if the internal and eternal conversations are absent, just add topics that you could discuss if the opportunity arose.

During a conversation this week use one of your questions to take the conversation deeper.

[Rewatch Session #4: The Conversation Spiral](#)

EXTERNAL General Questions	Whatever is being discussed... Everyday topics like Sport, family, work, friends, school, pop-culture, parenting, hobbies	What do you think about that celebrity losing their way? In what situations do you see discrimination? Do you feel like being busy is a choice or a reality of modern life?
INTERNAL Specific Questions	The heart, feelings, person impact Personal topics like relationship pain, societal concerns, family values, dreams for future, political leanings, marriage frustrations, money situations.	Have you ever lost your way? Have you personally been discriminated against? When was the last time you truly felt 'not busy'? what did that feel like?
ETERNAL God Questions	Values, ethics, meaning of life Existential topics like spirituality, meaning, creation, destiny, purpose, eternity	Where do you turn if you lose your way? How can we achieve a society free from discrimination? What does your busyness reveal about who's in control of your life?

Discussion Questions:

1. Review the table again – state a new learning this week that you didn't see last time we watched the video?
2. **Brainstorm 5 questions anyone could use to take a conversation from internal to external. (Last week we brainstormed external to internal).**
3. Share about a time a conversation with a non-Christian friend has entered the Eternal level. How and why did the conversation get there?
4. Jesus asked 307 questions, meaning about 1 in 6 things Jesus said was a question. Why did Jesus use questions to reach people as opposed to just giving them the answers, telling them the truth?
5. Read [Acts 16: 22 - 34](#). When faced with a life-threatening situation, the jailor asked a simple, direct question; "What must I do to be saved?" Paul and Silas gave him an equally simple and direct response. Where have you hesitated to give a response to a direct

question because you were afraid of getting it wrong/being challenged, or not being able to answer follow up questions? What simple, direct answer could you have given?

Review this weeks Practice:

The practices are designed for you to complete on your own and then review at next week's session.

REACHING PRAYERS

- Pray [Acts 1:8](#) over each other, that you would be effective witnesses
- Pray for each other to grow in reaching our friends for Jesus
- Pray for one place each that God would open doors for deeper relationships
- Pray for one person each that their heart would open to Jesus

PRACTICE

For each of your 3-5 unsaved friends – List questions that could take your usual conversations with each person from external to internal and then from internal to eternal.

During a conversation this week use one of your questions to take the conversation deeper.

Tips

Consider common eternal questions:

These often revolve around the beginning (creation), the meaning of life, the nature of consciousness and morality, the existence of God, and the possibility of an afterlife.

Some examples

1. *What does God think about us and the world He created? Why do I matter? Why do you matter?*
2. *Why is the world so broken? Why can't we fix it?*
3. *How can we change for the better? What type of person do you want to be?*
4. *What does real peace look like to you?*
5. *What hope is there for the future?*

Go Further

Read about Jesus conversation with the woman at the well in [John 4:1-42](#). List the questions Jesus asks the woman? Note how the conversation progresses – what makes it move deeper? Note how the woman's opinion of Jesus changes – what does she see?

EXAMPLE: My Reach Plan

ON YOUR OWN

Session #5: The Conversation Spiral #2

Questions to go from External to Internal:	Your stepdaughter will have their way of doing things – what traditions or values matter most to you as a family?				
Questions to go from Internal to Eternal:	We agree family is important. Where do you believe the concept of family comes from?				