



Why You Were Never Meant to Go Through Life Alone - Week 2

Sermon Notes

Exodus 17:8–13 (NIV) 8 The Amalekites came and attacked the Israelites at Rephidim. 9 Moses said to Joshua, “Choose some of our men and go out to fight the Amalekites. Tomorrow I will stand on top of the hill with the staff of God in my hands.” 10 So Joshua fought the Amalekites as Moses had ordered, and Moses, Aaron and Hur went to the top of the hill. 11 As long as Moses held up his hands, the Israelites were winning, but whenever he lowered his hands, the Amalekites were winning. 12 When Moses’ hands grew tired, they took a stone and put it under him and he sat on it. Aaron and Hur held his hands up—one on one side, one on the other—so that his hands remained steady till sunset. 13 So Joshua overcame the Amalekite army with the sword.

Truth #1 – God **adopted** you into His family Ephesians 1:5 (NIV) He predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will.

God didn’t design you to follow Jesus alone.

You are surrounded by people who can walk with you.

Truth #2 – Family is where we **learn** to **love**

John 13:34 (NIV) A new command I give you: Love one another. As I have loved you, so you must love one another.

Love in God’s family is action, not just emotion. It means stepping in when others are struggling.

Truth #3 – Community takes **effort**

Colossians 3:12–14 (NIV) 12 Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. 13 Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. 14 And over all these virtues put on love, which binds them all together in perfect unity.

Community isn’t always comfortable — but it’s worth it.

Love is something we “put on” daily.

Talk It Over

- Who has been your “Aaron or Hur” in life — helping you keep going when you were tired?
- What keeps you from asking for help or letting others support you?

How can you be more intentional about loving and supporting the people God has placed in your life?

Action Points

- Reach out to one person this week to check in and encourage them — even if it’s just a text or coffee.
- Pray daily for God to show you someone whose “arms” you can help hold up this week.