



## Walking in the Spirit

Marcus Warner

August 17th, 2025

1. What stood out to you most during Marcus Warner's sermon?
2. Marcus Warner shared the acronym **SLOW** (*Seek, Listen, Obey, Watch*) for seeking the Holy Spirit. Which of these comes most naturally to you, and which is most challenging?
3. How can you intentionally seek connection with the Holy Spirit through these practices in the coming week?
4. Marcus Warner shared barriers to connecting with the Holy Spirit using the acronym **WLVS** (*Wounds, Lies, Vows, Strongholds*).
  - a. How have past **wounds** affected your ability to trust God like the faith heroes in Hebrews 11 did?
  - b. What **lie** has challenged your confidence in God's promises, and how can you replace it with His truth?
  - c. What self-made **vow** might be holding you back from "running the race marked out" for you (Hebrews 12:1)?
5. How does fixing your eyes on Jesus (Hebrews 12:2–3) help you face the wounds, lies, vows, or strongholds in your story?
6. Who can you encourage this week by sharing how God is helping you heal, reject lies, break vows, and overcome strongholds?

### Reminders:

- Women's Wednesday is kicking off again this Fall, and there are two great new studies to choose from. Click the link here to learn more and register!  
<https://harpethcc.com/events/womens-wednesdays-fall-study--221/2025-09-10>
- This fall HCC is kicking off a Men's Fall Study on 1 Peter. Click below for more details!  
<https://harpethcc.com/events/mens-fall-study/2025-09-10>
- Save the Date! Our annual HCC Serve Day will be September 28<sup>th</sup>! More details coming soon!