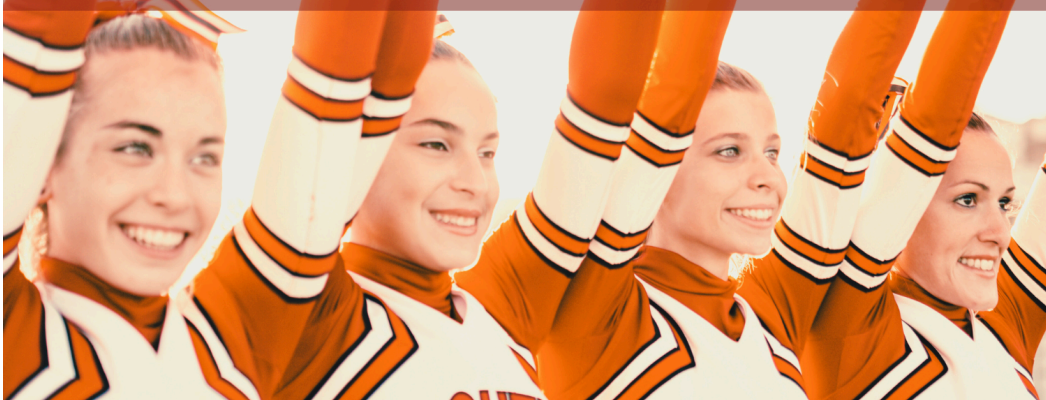


the cheerleaders you need in your life

Hebrews 11 & 12



On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

August 17, 2025

The Tenth Sunday after Pentecost



Welcome!

We are so glad you have come to St. Mark's today!

In this place we do two primary things: we give thanks to God and pray for the world. If there is something on your heart you need to share with God, this is the right place to share it.

*You are God's Beloved Child, and you belong **here**.*

This morning in worship...

Today, we conclude our two-part sermon series, *The Cheerleaders You Need in Your Life*. We will skim over the witnesses of God's love in Hebrews 11 and wonder who is in our clouds, our circles of faith. Do we surround ourselves with people who bless us or curse us, who encourage us or who tear us down? Who in our lives today are the ones who remind us of our potential and cheer us on our way?

These flowers are given this week by Karen Benge to the Glory of God and in loving memory of Arthur and Isabel Benge my parents whose birthdays were in August. To dedicate flowers, connect with Kathryn at 778.549.0858 or hkmasmith@shaw.ca

Today's Scripture

From Introductions to the Lessons by Bill Bennett.

Isaiah 5:1-7 This is an allegorical song from the beginning of the 7th century BC. The vineyard represents Judah, the southern region of the 'Holy Land'.

Hebrews 11:29-12.2 The writer appeals to the Christians to remember the many acts of faith throughout Hebrew history.

Luke 12:49-56 Jesus speaks about the crisis events of the end of the age. he warns that the gospel can bring division.

For Children

Children will gather after the opening songs for a commissioning and then return for communion. All of our staff and volunteers have had a criminal record check and have been approved for ministry with vulnerable people.

For Youth

Following the opening songs, the youth will gather for a spiritual conversation.

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.

Next Week: August 24

The 11th Sunday after Pentecost

Jeremiah 1.4-10; Psalm 71.1-6; Hebrews 12.18-29; Luke 13.10-17

The Reverend David Taylor preaches & presides.

the Gathering of the Community

Common Praise 423

O Lord My God!

**when I in awesome wonder
consider all the works
thy hand hath made,
I see the stars,
I hear the mighty thunder,
thy power throughout
the universe displayed,**

***Then sings my soul,
my Saviour God, to thee;
how great thou art,
how great thou art!***

**When through the woods
and forest glades I wander,
I hear the birds
sing sweetly in the trees;
when I look down
from lofty mountain grandeur
and hear the brook
and feel the gentle breeze;**

**But when I think
that God, his Son not sparing,
sent him to die,
I scarce can take it in,
that on the cross,
my burden gladly bearing,
he bled and died
to take away my sin;**

**When Christ shall come,
with shout of acclamation
and claim his own,
what joy shall fill my heart!
Then I shall bow in humble adoration
and there proclaim,
"My God, how great Thou art!"**

The grace of our Lord Jesus Christ and
the love of God, and the communion of
the Holy Spirit be with you all.
And also with you.

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden. Cleanse
the thoughts of our hearts by the inspiration
of your Holy Spirit, that we may perfectly love
you, and worthily magnify your holy name;
through Christ our Lord. Amen.**

Blessed Be The Lord God Almighty
Bob Fitts

**Father in heaven, how we love you;
we lift your name in all the earth.
May your kingdom
be established in our praises,
as your people declare your mighty works.**

***Blessed be the Lord God almighty,
who was, and is, and is to come;
Blessed be the Lord God almighty,
who reigns forevermore.***

All Heaven Declares

Noel Richards, Tricia Richards

**All heav'n declares
the glory of the risen Lord.
Who can compare
with the beauty of the Lord?**

***Forever he will be
the lamb upon the throne,
I gladly bow the knee
and worship him alone.***

**I will proclaim the glory of the risen Lord.
Who once was slain
to reconcile us to God.**

O God our defender,

**storms rage about us and cause us to be
afraid. Rescue your people from despair,
deliver your sons and daughters from fear,
and preserve us all from unbelief; through
your Son, Jesus Christ our Lord, who lives and
reigns with you and the Holy Spirit, one God,
now and ever. Amen.**

Commissioning of the Children

We have a wonderful program for your child this morning. They will return for Communion. Please note that all our children's workers have had a criminal record check and are approved by the Diocese of New Westminster to work with vulnerable people.



The peace of the Lord be always with you.

And also with you!

the Proclamation of the Word

We have large-print versions of the Scripture available for those who need one. Please ask a greeter for one.

The Book of the Prophet Isaiah (5:1-7).

Listen for God's Word.

Our hearts are open.

Psalm 80

Hear, O Shepherd of Israel,
leading Joseph like a flock;

**shine forth, you that are
enthroned upon the cherubim.**

In the presence of Ephraim,
Benjamin, and Manasseh,

**stir up your strength
and come to help us.**

You have brought a vine out of Egypt;
you cast out the nations and planted it.

You prepared the ground for it;
it took root and filled the land.

The mountains were covered
by its shadow

**and the towering cedar trees
by its boughs.**

You stretched out its tendrils to the sea
and its branches to the river.

Why have you broken down its wall,
**so that all who pass by
pluck off its grapes?**

The wild boar of the forest has ravaged it,
**and the beasts of the field
have grazed upon it.**

Turn now, O God of hosts,
look down from heaven;
behold and tend this vine;

**preserve what your
strong hand has planted.**

And so will we never turn away from you;
**give us life, that we may call upon your
name.**

The Letter to the Hebrews Hebrews (11:29-12.2).

Listen for God's Word.

Our hearts are open.

He's Got The Whole World In His Hands

Traditional

He's got the whole world in his hands...

He's got the whole world in his hands.

He's got the little tiny baby in his hands...

**He's got you and me, brother, in his
hands...**

He's got you and me, sister, in his hands...

He's got ev'rybody here in his hands...

**He's got the wind and the rain
in his hands...**

**He's got the sun and the moon
in his hands...**

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ
according to Luke.

Glory to you, Lord Jesus Christ

Luke 12:49-56

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Sermon Notes



The Affirmation of our Faith

**Hear, O Israel,
the Lord our God, the Lord is one.
Love the Lord your God
with all your heart,
with all your soul,
with all your mind,
and with all your strength.**

This is the first and the great commandment.

The second is like it:

Love your neighbour as yourself.

There is no commandment greater than these.

The Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

the Celebration of the Eucharist

Please be seated as we gather our offering to present to God. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. ***Today we use Eucharistic Prayer 2 from the BAS.***

Down By The Riverside

African American Spiritual

**I'm gonna lay down my burden,
down by the riverside...**

**I'm gonna lay down my burden,
down by the riverside,
down by the riverside.**

***I ain't gonna study war no more,
ain't gonna study war no more,
ain't gonna study war no more!***

**I'm gonna lay down my sword and shield,
down by the riverside...**

**I'm gonna lay down my sword and shield,
down by the riverside,
down by the riverside.**

**I'm gonna try on my long white robe,
down by the riverside...**

**I'm gonna try on my long white robe,
down by the riverside,
down by the riverside.**

**I'm gonna try on my starry crown,
down by the riverside...**

**I'm gonna try on my starry crown,
down by the riverside,
down by the riverside.**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The priest continues in prayer.

Sanctus

**Holy, holy, holy, Lord, God of power and
might, heaven and earth are full of your
glory. Hosanna in the highest. Blessed is
the one who comes in the name of the
Lord. Hosanna in the highest.**

The priest continues in prayer.

The Lord's Prayer

**Our Father in heaven, hallowed be your
name, your kingdom come, your will be
done, on earth as in heaven. Give us
today our daily bread. Forgive us our
sins as we forgive those who sin against
us. Save us from the time of trial, and
deliver us from evil. For the kingdom, the
power, and the glory are yours, now and
for ever. Amen.**

"I am the bread of life," says the Lord.

"Whoever comes to me

will never be hungry;

whoever believes in me will never thirst."

**Taste and see that the Lord is good;
happy are they who trust in him!**

The gifts of God for the Children of God.

Thanks be to God.

All are invited to receive Communion.

*If you would like to learn more about baptism, please connect with the minister.
Prayer for healing is offered during communion on the right side of the sanctuary.*

Il Love You Lord

Laurie Klein

***I love you, Lord, and I lift my voice
to worship you, O my soul, rejoice!
Take joy, my king, in what you hear:
may it be a sweet, sweet sound
in your ear.***

My Jesus I Love Thee

William Ralph Featherstone

***My Jesus, I love thee;
I know thou art mine.
For thee all the follies of sin I resign.
My gracious Redeemer,
my Saviour art thou:***

If ever I loved thee, my Jesus, 'tis now.

***I love thee, because thou
hast first loved me,
and purchased my pardon
on Calvary's tree.***

***I love thee for wearing
the thorns on thy brow.***

***I'll love thee in life,
I will love thee in death,
and praise thee as long
as thou lendest me breath.
And say when the death dew lies
cold on my brow:***

***In mansions of glory and endless delight
I'll ever adore thee in heaven so bright.
I'll sing with the glittering
crown on my brow:***

Common Praise 666

**Praise God from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host;
praise Father, Son, and Holy Ghost.**

Announcements

Glory to God,
**whose power, working in us, can do
infinitely more than we can ask or
imagine. Glory to God from generation to
generation, in the Church and in Christ
Jesus, for ever and ever. Amen.**

Blessing

○ When the Saints

traditional

**○ when the saints go marching in,
○ when the saints go marching in,
○ Lord, I want to be in that number
when the saints go marching in!**

**○ when they crown him Lord of all,
○ when they crown him Lord of all,
○ Lord, I want to be in that number
when they crown him Lord of all.**

**○ when all knees bow at his name,
○ when all knees bow at his name,
○ Lord, I want to be in that number
when all knees bow at His name.**

**○ when they sing the Saviour's praise,
○ when they sing the Saviour's praise,
○ Lord, I want to be in that number
when they sing the Saviour's praise.**

**○ when the saints go marching in,
○ when the saints go marching in,
○ Lord, I want to be in that number
when the saints go marching in!**

Go in the peace and joy of the Holy Spirit.
Thanks be to God!

*Lyrics are printed with permission through:
CCLI 445657, OneLicense A-727134*



Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark – Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the greeter, or the priest.

Donations can be made
by **cash** or **cheque**

(made out to the Parish of St. Mark – Ocean Park),

by **Pre-Authorized Debit** (PAD),
at the **Electronic Donation Station** (EDS) in
the foyer (please ask the usher for assistance),
by **e-Transfer** at

stmark.op.treasurer@gmail.com, or
through **CanadaHelps** on our website.

If you would like donation **envelopes**, please
connect with the office.

All donations will receive a tax-receipt in
February of the following year.



The Pulse

This week at the Parish

Monday Vacation Bible School 9am
Tuesday Vacation Bible School 9am
Wednesday Vacation Bible School 9am
Holy Communion 10 am
Thursday Vacation Bible School 9am
Friday Vacation Bible School 9am

Daily Gospel Readings

Mark 11:12-26	Monday
Mark 11:27-12:12	Tuesday
Mark 12:13-27	Wednesday
Mark 12:28-34	Thursday
Mark 12:35-44	Friday
Mark 13:1-13	Saturday

Children Youth & Family Ministry

Did you know!

That Vacation Bible School is underway starting tomorrow!!

Please keep all of our volunteers and participants in your prayers this week, as we pray, play and learn together!

Youth Group Fridays

Grades 8 - 12, 7 - 9 pm

No youth group this week!!

All are welcome!

email yministryrsvp@gmail.com with any inquiries.

Sunday Junior Church Program Come and explore the Gospel with us!

Group 1: Grades K to 7

Group 2: Grades 8-12

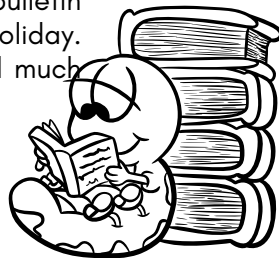
Join us as we explore the Gospel
and walk with Jesus!

***A sensory space is available for
all those who would like to use it.***

summer

Library News

Have you checked out the Summer Reading Challenge? Information on the bulletin board in the Library. While you are there check out some books to read while on holiday. We have Inspirational, Biography, Thriller, Suspense, Romance, Easy Reading and much more. Something for everyone.



News & Events

Spiritual Practice Workshops

1st Sunday of the Month at 7pm

\$20 registration fee

Upcoming Workshops:

September 7: Embodied Prayer with the Reverend Jessica Schaap, Missioner for Christian Formation for the Diocese.

October 5: The Spiritual Practice of Chanting with the Reverend Andrew Halladay, Vicar of the Parish of St. Andrew, Langley.

Vacation Bible School

REGISTRATION NOW OPEN!

August 18th–22nd from 9am to 1pm

Grades K – G7

Cost is \$30.00 per participant

(No one will be turned away, please reach out St Mark's office for assistance)

604-535-8841

Volunteers needed!

Contact Sarah at ymautio@gmail.com

Mark your calendars:

BC Thanksgiving Food Drive – participate in your community from Sat, Sept 6 to Sat, Sept 20. **More details to come**

CHRONIC CONDITIONS SELF MANAGEMENT PROGRAM 6-Session FREE Workshop starting Thurs Sept 18th to Oct 23rd 1-3:30pm at the Parish of St Mark Ocean Park.

More details to come



34th Men's Club annual SALMON BBQ

Salmon, corn, cole slaw, buns, scalloped potatoes, lemonade, Tea & Coffee

\$20 each (Kids 12 & under free)

Saturday September 13th @ 5:30 pm

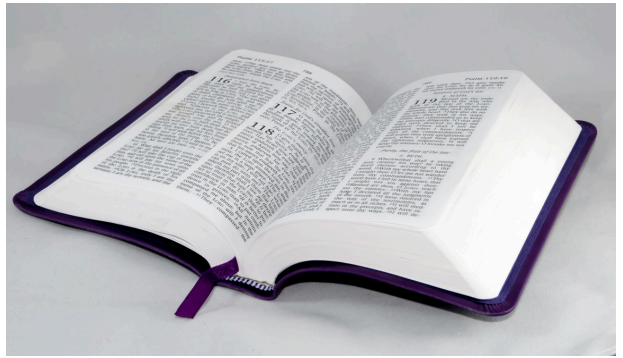
Tickets on sale starting Aug 24th after 8am & 10 am services or contact the office.

Thought for the week

My forgiving Lord, Your mercy is infinite and unfathomable. You desire to forgive every sin in my life and to restore me completely to a life of perfect union with You. I accept this gift of forgiveness in my life, dear Lord, and I freely choose to offer this same depth of mercy to everyone who ever has or ever will sin against me. Please help me to imitate Your unending mercy. Jesus, I trust in You.

Christian Formation this Fall!

David is working on a Christian Formation program this Fall. He will record a 15-20 minute lesson to the YouTube account which can be used by individuals or groups to connect and study various themes over the autumn months. With each video comes a study sheet with prayers and ideas for group spiritual practice. The two studies being planned are **How to Read the Bible (2 Parts)** and **The Book of Revelation (10 parts)**. Let's grow in grace together this fall!



Welcome Father Dara!

Please take some time to welcome our new Curate! She has been away in Montreal for Officer's Training as part of her work to become a military chaplain. Dara will use the Good Shepherd Room as her office. Be sure to connect with her and hear about her time away in at Officer's Training.

David will interview Father Dara as part of the Sunday service on August 24th. We will hear about her sense of call to the priesthood, her goals in ministry and how God has brought her to this place at this time.

Lunch Baskets for Hungry Children

The Lunch Basket is provided this week to the glory of God and in thanksgiving for all his many blessings.



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at lynneh1@telus.net. She will share your request with a community of faithful intercessors!

To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the back of the sanctuary, connect with **Michael** at michael@klaverrealtor.ca, or contact the office.

the Prayer Corner

A Light *Lectio Divina* for the Week

Spend some time with the Hebrews reading from Sunday. Read, mark, and inwardly digest the spiritual food that is contained in it.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus, the pioneer and perfecter of faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

How to read in a spiritual manner (*Lectio Divina*).

1. Find a quiet spot and **read the words of the text slowly and out loud**.
2. After the first reading, notice when words or images jump out to you. **Connect with the ideas that inspire you.** You might even want to write them down in a spiritual journal.
3. After the second reading, **notice any words or images that you have questions or concerns about.** It is important to know that our hearts are often troubled by the words of Scripture. Maybe because they are ancient words and so removed from our time and culture. Maybe because they seem to ask for a response that we might not be willing to make. Maybe because the words have been used in the past to harm you. Whatever the reason, if there are words or images or ideas that trouble your heart and mind, write them down and give them to God.
4. After the third reading, **ask God to speak to your heart.** Pray, "Lord, what are you saying to me at this time and in this place through the Scripture."

Share your thoughts with a spiritual friend or with David. He loves to support you in your spiritual walk with Christ.

Remember the Scriptures are the words about the Word of God. Think of them like a stained glass window through which you get a glimpse of Jesus Christ, your friend and helper. Amen.



the Parish of St. Mark - Ocean Park

STMARKBC.ORG

Office Hours:

Monday, Wednesday, Thursday, Friday, 9am to 2pm

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