



The End That Teaches Us to Live 08/10/2025

Scriptures: Ecclesiastes 1:1–14; Romans 14:7–9

Series: *Start at the End: Living Life Backward*

The Hebrew word *hebel*, translated in Ecclesiastes as “meaningless” or “vanity,” means _____, _____, or _____.

The Teacher in Ecclesiastes describes life as a series of endless _____ (1:4-11).

Romans 14:8 reminds us, “Whether we live or die, we _____ to the Lord.”

Without God, _____ feels meaningless. With God, it becomes _____.

God calls us to live each day as _____ to Christ.

Application Steps

- ☐ Name your _____: Identify one thing you’re pursuing that won’t last. Write it down and pray over it.
- ☐ Shift from _____ to _____: Start each morning by saying aloud, “Lord, this day is Yours. I am Yours.”

- ☐ Choose one act of _____ to the Lord: Do something this week that blesses someone else with no personal benefit — call a friend, share a meal slowly, or volunteer your time.

Reflection Questions

- What milestone or wake-up moment has made you think about how you’re living your life?
- How does knowing you belong to the Lord change your perspective on daily life?

Key Verses

“I have seen everything that is done under the sun. Look at it! It’s all pointless (*hebel*). It’s like trying to catch the wind.” – Ecclesiastes 1:14 (GOD’S WORD translation)

“If we live, we live to the Lord; and if we die, we die to the Lord. So, whether we live or die, we belong to the Lord.” – Romans 14:8 (NIV)

☐

Answers to fill-ins: breath, vapor, mist; cycles; belong; brevity, precious; belonging.
Application Steps: wind-chasing; ownership; belonging; living.