



St. Paul's News Bulletin

August 10, 2025



Welcome Everyone! Please join us after the service for coffee and goodies each Sunday. If you are new to St. Paul's, we would be happy to provide a welcome package.

Blessing of Backpacks: On Sunday, Sept. 14, all students are invited to bring a backpack for a blessing celebrating the start of a new school year. If anyone requires a backpack for financial or other reasons, please contact the office.

Men's Breakfast: The next date is Saturday, Aug. 16 at 8:30 a.m. at St. Paul's. All men 13+ are invited to join great food and fellowship!

Alpha Series: Discover life, faith and meaning. Join us from Sept. 24 to Dec. 10 for engaging conversations in a welcoming setting. Sign up on the Alpha board in the hall or contact the parish office.

Office closures: The administration office will be closed on Wednesday Aug. 13 and then again Aug. 25 to Sept. 2. Deadlines for the Aug. 31 bulletin and announcements will be Aug. 19.

Food for Others Sunday: If there are five Sundays in a month, that day is Food for Others Sunday, to draw attention to our collection of non-perishable items for the Calgary Food Bank. The next one is Aug. 31, but we encourage donations be left in the marked box by the main entrance year-round.

Coffee House: The next St. Paul's Stringers Coffee House will be Sept. 12 at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly. All welcome!



Ladies' Luncheon Feedback: We would like to invite feedback on past events and offer a chance to offer suggestions for 2025-2026. Please find survey forms on the table by the south door. Please complete and return by Sept. 30.

Newcomers Welcome: We are celebrating our newest congregation members on Sunday, Sept. 14. To become a member, please complete a form in the pews that asks if you would like to make St. Paul's your Parish Home. If you have questions, contact Joan McCartney or the St. Paul's office at office@stpaulscalgary.ca

Back to Church Sunday: On Sunday, Sept. 14, let's bring a friend or invite your neighbour to learn what St. Paul's is all about.

Angel Tree Ministry: A small (3-4 ft.) Christmas tree is needed for this ministry to support Prison Fellowship. If you can donate a used tree in good shape, please contact the parish office.



Living Waters: The deadline for the October/November issue of *Living Waters* is Sept. 21. Please submit material as soon as possible after events to office@stpaulscalgary.ca

Rider's Ministry: This ministry helps seniors and others attend our Sunday Eucharist by providing transportation to and from church. Please see the signup sheets in the hall: one for those who need a ride and one for those who can volunteer to drive occasionally.

St. Paul's Anglican Church
7 Sunmills Green SE T2X 3P6
Phone: 403 256-1428

e-mail: office@stpaulscalgary.ca
website: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling
Assistants: The Rev'd Cyril Haynes
The Rev'd Betty Nadurak

Wardens: Paul Bourgeois & Ingrid Bolton
Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)
X: @stpaulscalgary

Instagram: [stpaulsanglicanocalgary](https://www.instagram.com/stpaulsanglicanocalgary)
YouTube: <https://www.youtube.com/channel/UCIdxfHv5pFYST--i8as1GVg>

Outreach

Alongside Hope's Resilience Fund meets its goal!

We did it because of you, your compassion, your generosity, your willingness to act.

Together, we met our \$250,000 goal for the Resilience Fund. And because of that, every dollar was matched. That means \$500,000 is now on its way to communities across East Africa, bringing hope where it's urgently needed.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is today, **Aug. 31.**

Inreach Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.



Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

Chemo Care Bag: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet on the first & third Wednesdays of each month at 1 pm, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed. **There is no meeting until September.**

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. **A new session starts at the end of Sept.**

Hunger for Healing, a Christian Twelve Step Programme, meets every Wednesday 11:30 a.m. to 1:30 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

Check out these opportunities to participate

2025 Flower Chart is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Servers: we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

Card Ministry: If you know anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would appreciate receiving a greeting card from the St. Paul's Family, please contact

Pauline Payne at 403-988-2546 or email her at Pauline_payne1@yahoo.com.

Casserole Ministry: If someone would benefit from receiving a casserole, please **contact Linda Hubert or help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and then put in freezer.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

We are looking for volunteers to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

Sunday: Holy Eucharist 10 a.m.

Handchimes Practice 11:30 –12 p.m.

Word to World Ministries Canada: 2 - 3 p.m.

Philippines Independent Church (IFI) 4 p.m.

Monday: Walking Group: 9 a.m. (see the St. Paul's website under events for locations)

St. Paul's Stringers rehearsal: 7:30 p.m.

Prayer Group - meetings held both in person and online: 1:30 p.m.
(2nd Monday of the month **in-person**)

7:30 p.m. (4th Mondays of the month via Zoom)

Tuesday:

Wednesday: Morning Prayer: 9:30 a.m.

Bible Study: 10:30 a.m.

Hunger for Healing: 11:30 a.m. (in the Chapel Room)

Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)

Thursday: TOPS (Taking off Pounds Sensibly): 6:00 p.m.

Choir Practice: 7:30 p.m.

(If you'd like to join Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)

Friday: Handchimes Practice 10 - 11 a.m.

S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website)

Coffee House: 7 p.m. second Friday on alternate months. **Next date is Sept. 12**

Saturday: Ladies Luncheon: 11:20 am -2nd Saturdays. Next date Sept. 13

Men's Breakfast: 8:30 am - 3rd Saturdays (at St. Peter's alternate month Check website to confirm location). **Next date is Aug. 16 at St. Paul's.**



Welcome to newcomers and visitors

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home.

Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. We are so glad you were able to join us.

Youth Ministry

Two exciting opportunities for the Youth of our Parish!

POP is a volunteer group helping in the community and S.P.Y. Group is a social group. All youth are welcome at both!

St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Type Youth Group into the search to find the page. To register use this QR code



Pioneers of Paul (POP) - our youth volunteer group



Men's and Ladies Cursillo Weekends coming this fall

Men's weekend is **Oct. 30 to Nov. 2**, and the Women's is **Nov. 6 to 9**. Fees are \$295.00 for a double room, and \$325.00 private. Email Stew at stewp@telus.net for application forms.

Our Ministries

STEWARDSHIP MINISTRIES

Christian Stewardship is a way of life and involves all of us and all that we have. Our Stewardship plan is called Year-Round Stewardship. This way we will be focusing on all aspects of Stewardship: Time and Talent, Treasure and Environment. Anyone interested in assisting with this ministry is encouraged to contact the Parish Office.

ENVELOPES: Debra Brisbin

envsecretary@stpaulscalgary.ca

Envelopes are available from the church office. If you would like donation envelopes, please mark the box on the newcomer cards available in the pews or from a sidesperson. The envelopes with your name on them will be available by the name tags at the north door.

Stewardship Reflections:

"For where your treasure is, there also will your heart be." Luke 12:34

Jesus encourages us to build up our treasure in heaven. The world encourages us to build up our treasure in real estate, investments, and material goods. How much time are you investing in building up a worldly treasure? How much time are you investing in building up a heavenly treasure? To invest more in the things of heaven, you must let go of some of the things of this world.

<https://resources.archstl.org/article/359120/stewardship-bulletin-inserts>

Financial News

Our deficit at the end of July was \$12,836. Thank you to everyone for helping support our mission financially in these challenging times.

