

Philippians 4: 1 - 5

Solid Rock Church
Pastor Elliott Anderson

**spiritual
stability**



Philippians 4 Structure

- 1 – 5** Spiritual Stability
- 6 – 9** Spiritual Thinking
- 10 – 13** Spiritual Contentment
- 14 – 17** Spiritual Generosity
- 18 – 23** Spiritual Riches

When Do We Feel Spiritually Stable?

Things are going well for us
No one is angry or attacking us
We have the resources we need
Health and wellness is strong
No conflict in family, work, church
The world doesn't seem too crazy



Spiritual Stability is Internal

Isaiah 26: 3, You will keep in perfect peace those whose minds are steadfast, because they trust in Me.

Colossians 1: 23, If you continue in your faith, established and firm, and do not move from the hope held out in the gospel.

Hebrews 10: 23, Let us hold unswervingly to the hope we profess, for He who promised is faithful.

“Our spiritual stability directly relates to our knowledge of God.”

MacArthur

Psalm 1: 1 – 3, Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on His law, he meditates day and night. He is like a tree planted by the streams of water that yields its fruit in its season and its leaf does not wither.



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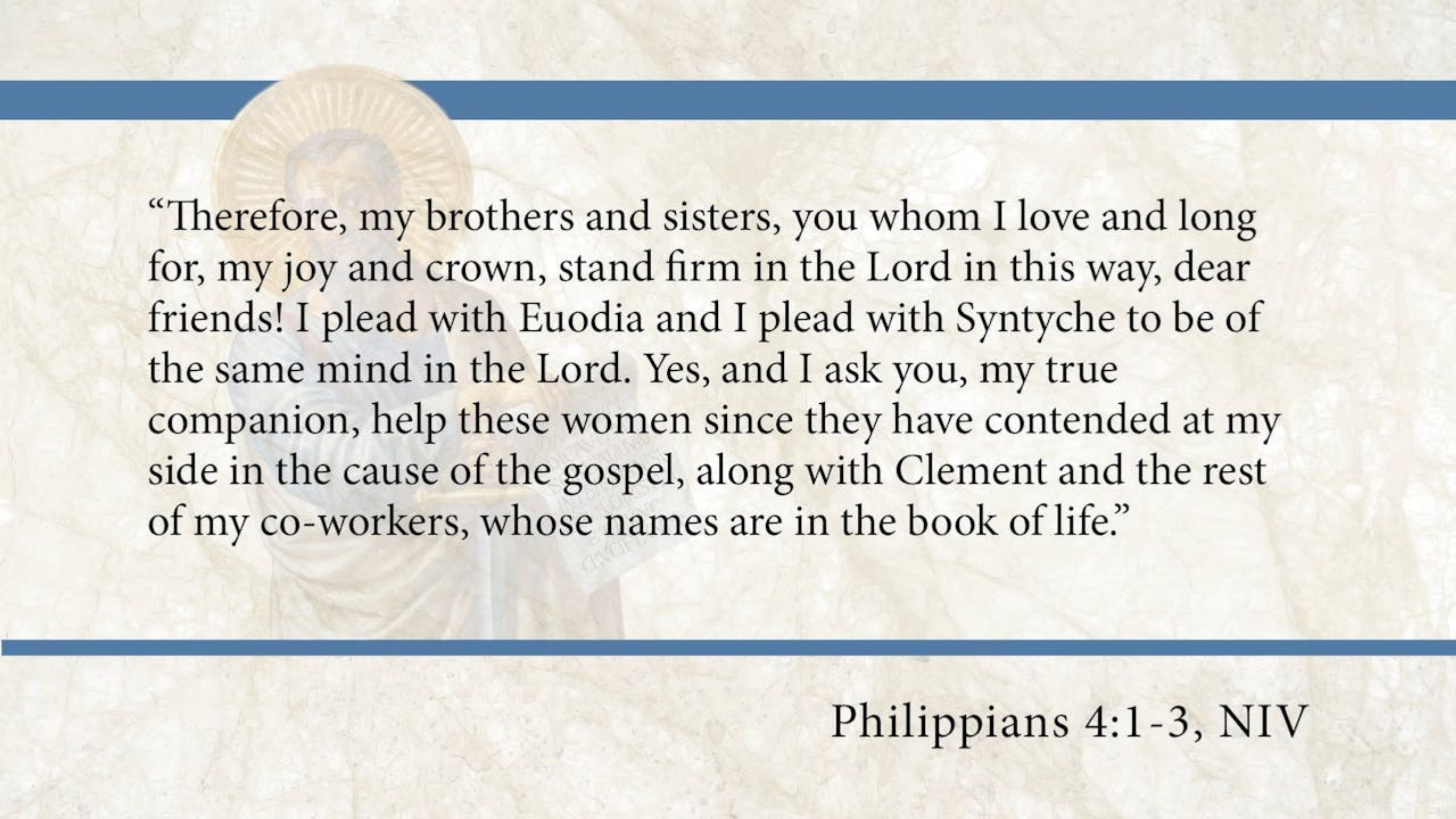
/stəˈbɪlɪti:/ - [sta·bil·i·ty]

stability

The state or quality of being stable, or firm; steadiness; firmness; strength to stand without being moved or overthrown; as, the stability of a structure; the stability of a throne or a constitution.

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“Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends! I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord. Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life.”

Philippians 4:1-3, NIV

“Therefore” from Philippians 4: 1

“Therefore” refers to past sentences

Paul is building upon what he previously said

3: 12 – 21 describes the pursuit of Christlikeness

Jesus stayed steadfast, firm, and strong in His convictions

Hebrews 12: 2, ...who for the joy set before Him endured the cross

Philippians 4: 1 My Joy

Therefore, my brothers whom I love and long for, **my joy** and my crown, stand firm thus in the Lord, my beloved.

1st Thess 2: 20, For you are our glory and **our joy**.

Philippians 1: 4, Always offering prayer **with joy**...

Philippians 2: 2, Make **my joy** complete

Philippians the Joy letter: Joy is used 16X

My Joy and My Crown

Crown = *Stephanos* in Greek
An athlete's crown

The athlete's wreath (crown)
goes to the one who practices,
prepares, and performs well
enough to win.



Philippians 4: 1

Standing Firm

Therefore, my brothers whom I love and long for, my joy and my crown, **stand firm** thus in the Lord, my beloved.

Stand firm = *Steko* in the Greek
Military term

It's a command imperative to hold position when under attack



Ephesians 6: Standing Firm in Spiritual War

6: 10, Be strong in the Lord

6: 11, Put on the full armor of God that you may be able to **stand firm** against the schemes of the devil.

6: 13, ...and having done everything, **to stand firm**



Where is the Spiritual Warfare in Philippi?


All Positive Affirmations

Partnership in the Gospel
Generosity and Support
Affection and Joy
Partakers of Grace
Recognition of Timothy



Philippians 4: 2

Relational Warfare



**Euodia
&
Syntyche**

I urge Euodia and I urge Syntyche to live in harmony in the Lord.

Women leaders in the Church
Women struggling to get along

Euodia and Syntyche

Live in harmony in the Lord!

Submission to the Lord
before each other.

Ephesians 5: 21, submitting
to one another out of
reverence for Christ.



A person wearing a blue suit is shown from the chest down. Their hands are positioned as if playing an invisible instrument. Overlaid on the image are four horizontal, glowing orange staves. On these staves are three glowing musical notes: one on the top staff, one on the second staff, and one on the third staff. The background is dark and out of focus, with some bokeh light effects.

Harmony in the Lord

Agreement and Unity in Groups

Romans 12: 6, **Live in harmony** with one another. Do not be proud but associate with the lowly. Never be wise in your own sight.

Colossians 3: 14, And above all these, **put on love**, which binds everything together in perfect **harmony**.

Mystery Man of Philippians 4: 3

Indeed, **true companion**,
help these women, who
have labored side by side
with me in the gospel
together with Clement and
the rest of my fellow
workers.



We are the Body of Christ!

1st Corinthians 12: 27, Now you are the body of Christ, and each one of you is a part of it.


1st Corinthians 12: 25, ...there should be no division in the body, but the parts should have equal concern for each other.

Galatians 6: 2, Carry each other's burdens, and in this way, you will fulfill the law of Christ.

Philippians 2: 4, Let each of you look not only to his own interests, but also to the interests of others.

The Church Confronts Sin

Matthew 18: 15 – 17, And if your brother sins go and reprove him in private; if he listens to you, you have won your brother; but if he doesn't listen to you take one or two more with you, so that by the mouth of two or three witnesses every fact may be confirmed. And if he refuses to listen to them, tell it to the church; and if he refuses to listen even to the church, let him be to you as a Gentile and a tax gatherer.



REJOICE
IN THE LORD ALWAYS.
I WILL SAY IT AGAIN:
REJOICE!

PHILIPPIANS 4:4

Joy and Rejoicing

Joy is 1 of 7 primary emotions
Joy is 1 of 8 fruit of the Spirit

Joy stays repressed if not
expressed – rejoicing!

Chairete = Greek
present imperative
continual expression

“The Lord is my
strength and my shield.
My heart trusts him.
I was helped, my heart
rejoiced, and I thank
him with my song.”

PSALM 28:7



Rejoicing in the Lord

Acts 5: 41, So, they went away....rejoicing that they'd been considered worthy to suffer in His name.

1st Samuel 2: 1, I rejoice in Your salvation.

Philippians 1: 18, ...Christ is proclaimed and in that I rejoice.



*Let your gentleness be evident
to all. The Lord is near.*

- Philippians 4:5 -



Gentle: Epieikes in the Greek

Sweet	Reasonable	Generous	Gracious
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Goodwill	Friendly	Charity	Mercy
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Gracious humility and focusing on others is necessary in order to rejoice continually.

Gentleness is required for spiritual stability.

Together Summary

We Stand Firm in our faith when we:

Rest and abide in God's Word

Stay rooted internally

Avoid preference positions

Submit to the Lord

Intentionally pursue harmony

Rejoice in the Lord always

Are gentle, gracious in humility

**spiritual
stability**

