

ANNOUNCEMENTS



Readings For Next Sunday: First Reading, Isaiah 1:1, 10-20 * Psalm 50:1-8, 23-24 * Second Reading, Hebrews 11:1-3, 8-16 * Gospel, Luke 12:32-40

Tea & Coffee Hour - After every Sunday service we have our Tea and Coffee Fellowship time downstairs in the Lounge. Please do come and join us. Helping hands are always needed. The sign up sheet for coffee hour volunteers and baking is on the bulletin board outside the kitchen.

Patrick Away - will be away on vacation for the **August 10 and 17** services and we will be welcoming the Reverend Gary Hamblin as celebrant and his wife Joy. In case of a pastoral concern in Patrick's absence, please contact the Wardens Kathryn or Alison.

Our Altar Guild has a very important job and they do it extremely well. Each Sunday they set up the sanctuary so that we can have a Holy service of worship. We would like to thank Margaret, Jill, Naomi, Hazel, Bev, Nancy and Mercy. They are a great team, but could always use more help. If you think you would like to help out with the Altar Guild please talk to Patrick. Thank you for your consideration.



It was a very special occasion at church last Sunday to celebrate **Cathy & Howard's 60th Wedding Anniversary** and the **Blessing of Kitty & Brian's relationship**. Rev. Patrick preached on love emphasizing that love comes from God as God is love. He said, "Love brings us together to weather the storms of life. In vulnerability, we find the true meaning of love. As we share the journey of life with another, there is beauty in a relationship grounded in God's grace. Love is a choice we make daily." By special request, the choir sang "Could I Have This Dance" and everyone was invited to dance. The service was followed by a reception in the lounge with the happy couples.



Our New Alongside Hope Representative - For many years now **Kingsley Agyeman** has been a representative to what was then called PWRDF and what is now called Alongside Hope. We would like to thank Kingsley for his many years of service in this important ministry in our church. Thank you Kingsley for job well done. We are very happy to announce that **Heather Rhodes** will be stepping up to fill the position as our church's representative to Alongside Hope. Thank you, Heather and we hope, know and trust you will thrive in this new post. We hope to be hearing from Heather soon about her plans for this ministry. Thank you once again.

Our Garden - As you know St. John's has an extensive garden surrounding our building. There is a small and very dedicated team that looks after it and they do a fantastic job. Our many thanks to Jean W, Patrick Y, Bev P, and Heather R for their outstanding work that make the outside of our Church look fantastic.

Chair Yoga with Andrea is a drop in by donation group **every Friday at 10 am in the Lounge**. No experience is necessary and all are welcome. Donations are kindly accepted at the door. Come and get fit again with chair yoga!

Morning Prayer - Every Friday

Morning at 9:00am on Zoom. It's a really great and refreshing way to start your day and it only takes ten minutes. Meeting ID: 818 1170 0940. No password needed.

Please note that there will be no Morning Prayer on August 8 or 15. Thanks.

Jean's Box - We collect items like seasonal clothing, toiletries, boxed snacks and blankets for Jean's Box. The items are so appreciated by those who are struggling and find themselves at Lookout's North Shore Shelter or North Shore Crisis Services. Drop your items into Jean's Box at the back of the sanctuary beside the offering plate. If you are donating food, please make sure that the best before date has not expired.

Quote of the Week

"Humour is a prelude to faith and laughter is the beginning of prayer".

Reinhold Niebuhr

I think we sometimes underestimate the importance and power of laughter in our spiritual journey. Humour, as Niebuhr suggests, should be a stepping stone on our path of faith because opens us up to the possibility of awe and joy. Then laughter helps liberate our body, mind and soul so that we may be our natural, fully human selves as we begin to communicate with God. I will be preaching on the importance of laughter in our spiritual lives this week.

The Rev. Patrick Blaney



The Coming Week At St. John's

Sunday, August 3 * *Tea and Coffee Fellowship (Lounge) After the service*

Monday, August 4 * *Church Office is Closed - BC Day*

Tuesday, August 5 * *Church Office is open 9:00am-12:00pm * Alanon Meeting (Sanctuary) 7:00pm - 9:00pm*

Wednesday, August 6 * *Church Office is Open 9:00am-12:00pm * Never Alone Meeting (Lounge) 6:30pm - 8:00pm **

Thursday, August 7 * *Church Office is Open 9:00am-12:00pm * A A Meeting (Lounge) 7:00pm - 9:00pm * Choir Practice - On hiatus for the Summer*

Friday, August 8 * *Church Office is closed * Morning Prayer (Zoom) 9:00am * North Shore Young People AA Meeting (TBA) 8:30pm - 9:30pm*

Saturday, August 9 * *Church Office is Open 9:00am-12:00pm*