



MISSION CREEK

Alliance Church

The Lord's Supper

- 1. When you hear Jesus say, "This is my blood of the covenant," what emotions or thoughts are stirred in you?
How does understanding biblical covenants reshape your view of Communion?**
- 2. In what areas of your life have you made promises—to yourself, others, or God—that you've struggled to keep?
What patterns do you notice, and how might acknowledging them help you grow?**
- 3. Why do you think it's so easy to notice brokenness in others but harder to face it in ourselves?
What are some ways we can cultivate honest self-reflection in our faith communities?**
- 4. Jesus asked for the cup to be taken from Him in Gethsemane. How does His struggle with the cup deepen your understanding of God's love and the cost of grace?**
- 5. What's your response to the idea that God's love and God's wrath are two sides of the same coin?
Do you lean toward viewing God as always angry or never angry—and why?**
- 6. Communion reminds us not only of Jesus' sacrifice but of His invitation to participate in a new covenant.
What does it look like in practical terms for you to say "yes" to both your brokenness and to Jesus?**
- 7. How does regularly participating in Communion impact your spiritual life and relationships?
What might help you approach it with renewed meaning each time?**