

Jonah 1 - "Disobedience and Running"

I. God's Call and Jonah's Disobedience (v. 1-3)

A. The Prophet Called Jonah

B. Jonah's Heart Issue

II. The Storm and the Sailors (v. 4-9)

III. Jonah's Sacrifice and God's Provision (v. 10-17)

A. Jonah's Spiritual Blindness

B. God's Power/Sovereignty Over All Creation (including Jonah)

- In what areas of your life is God calling you to act, and how might you be resisting or running away from that call? Reflect on any fears or prejudices that may be influencing your decisions.
- Are there aspects of your spiritual life where you find yourself "asleep," like Jonah during the storm? How can you cultivate greater spiritual awareness and responsiveness to God's presence and voice?
- When faced with life's storms, do you tend to cry out to God or turn to other distractions? How can you prioritize your relationship with God in both good times and challenging circumstances?
- Have you ever learned spiritual truths from unexpected sources, such as non-believers or those who are less mature in their faith? How can you stay open to God's lessons through others, regardless of their faith journey?
- How does understanding God's sovereignty over creation and your circumstances impact your trust in Him? In what ways can you remind yourself of His power and presence in your daily life, especially when you feel overwhelmed?