

Follow – Walking in the Way of Jesus

Jesus' True Family

Mark 3:31-35

Pastor Ben Hall – Saanich Baptist Church

July 26th 2025



Jesus makes TWO INCREDIBLE statements in this sentence: **34 Looking at those sitting in a circle around him, he said, “Here are my mother and my brothers! 35 Whoever does the will of God is my brother and sister and mother.”**

FIRST – Jesus says that anyone can be a part of His family.

SECOND – Jesus says that God’s will can be known and accomplished.

Doctrine of Adoption – We relate to God-as-Father through God-the-Son. Jesus identifies those in the crowd as part of His family: **Here are my mother and brothers.**

- **Ephesians 1:5 CSB He predestined us to be adopted as sons through Jesus Christ for himself, according to the good pleasure of his will**
- **Galatians 4:4-5 CSB When the time came to completion, God sent his Son, born of a woman, born under the law, [5] to redeem those under the law, so that we might receive adoption as sons.**

God is continually working to convince us that we have a better story, at we are part of a better family. He is constantly trying to make us aware of the power of our adoption:

People with attachment struggles—especially those rooted in early neglect, abuse, or relational trauma—often experience significant difficulty in relating to God’s Family as His beloved child, because their foundational templates for trust, safety, and intimacy have been deeply disrupted. Here’s how that often plays out:

1. Difficulty Trusting God’s Goodness and Consistency
2. Struggling to Experience Intimacy with God
3. Projecting Human Failures onto God
4. Inability to Receive Love Freely
5. Fear of Abandonment or Being “Too Much”
6. Shame-Based Identity

Through UNION with Christ causing our ADOPTION by the FATHER, the Spirit begins the sacred work of RE-NARRATION, replacing false scripts of unworthiness, insecurity, or self-reliance with the truth of the gospel.

What does it mean to be a part of God’s family? It is to KNOW, to DESIRE and to DO the will of God.

Jesus is our example of trusting God and doing God’s will –

- Desire God’s glory over our own
- Submit to God’s truth regardless of the confrontation
- Live out God’s priorities regardless of cost

SUMMARY Jesus SAYS INCREDIBLE things and then makes them POSSIBLE for US:

- Jesus shares his Sonship with us.
- Jesus exemplifies Sonship for us.
- Jesus invites us to know the Father as he knows the Father.
- Jesus empowers us to know and to do the will of God

Date: July 27th, 2025

Series: Follow

Title: Jesus' True Family

Primary Passage: Mark 3:31-35

Secondary Passage: Eph. 1:5, Gal. 4:4-5

Big Question: What does it mean to be a part of Jesus' family?

Big Idea: Being a part of Jesus' family happens when through His grace we are adopted by the Father, and our desire becomes doing His will.

Keywords: Cost, Family, Adoption, Attachment, Will of God, Know, Desire, Do.

GOING DEEPER Questions:

What did you do this week that took faith? What was a promise of God you really needed to believe?

What has being a Christian cost you?

Read Mark 3:31-35. What stands out to you about this passage? Why was Jesus' family concerned? Were their concerns legitimate? What are the two incredible statements Jesus makes in response to His family's arrival?

Why is the doctrine of adoption a powerful truth in the life of the Christian? How is it relevant in modern culture?

In what ways has your family of origin affected how you relate as part of God's family?

What does it mean to know and do the will of God? How do we see the will of God as central to Christ's life? How does that inform our knowledge of God's will? What gets in the way of you seeking and following the will of God?

In light of the truths in this passage, what in your life needs to change? What truth needs to be believed? Who in your life needs to know the grace within it?