

July 27 2025



Grace Notes

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mtzionlutheran.org

(414) 258-0456

parishadmin@mtzionlutheran.org

12012 W North Ave

Wauwatosa, WI 53226



Book Club

Monday, July 28

The Paris Agent

Kelly Rimmer

For fans of fast-paced historical thrillers like *Our Woman in Moscow* and *the Rose Code*, Kelly Rimmer's dramatic new novel follows two female SOE operatives whose lives will be determined by a double agent in their midst, who's causing chaos within the French circuits, whose efforts will affect the outcome of their lives...and the war.

Host: Yvonne Kops

**No Book Club meeting in August.
Enjoy a summer break!**

Helmet...Check.

YOU'RE INVITED TO

EXERCISE YOUR BODY AND SOUL

SUNDAY, AUGUST 3

Join fellow Mt Zioners
as we bike, walk, skate,
and scooter to church
(as you are able).

JUMP START YOUR
TRAINING FOR
OUTREACH FOR HOPE'S
RUN, RIDE, WALK ON
SEPTEMBER 27



July 27 to August 3

Sun July 27	9:30am Worship service
Mon July 28	7:00pm Book Club 7:00pm NA 12 Step Meeting Fellowship Hall
Tues July 29	Noon AA 12 Steps Meeting Room 211 6:30pm Hands of AA 12-Step Meeting Upper Room
Wed July 30	12:00pm Brown Bag Bible Study 1:00pm Prayer Warriors 1:00pm Tosa Cares Donations Drop Off
Thurs July 31	
Aug 1	6:00pm ACA 12 Step Group Room 100
Sat Aug 2	9:00am Women of Heart Bible Study
Sun Aug 3	Bike to Church! 9:30am Worship Service Communion at the Rail and Nametag Sunday
Next Week	Aldrich Family Blood Drive Parents Night Out

Zoom Worship, Brown Bag Meeting, Book Club ID: 841 6597 2335
Passcode: 12012

Commemorations

Johann Sebastian Bach (top picture)
Heinrich Schütz (bottom left)
George Frederick Handel (bottom right)

These three German-born musicians have done much to enrich the life of the church. Schütz was an early master who focused on settings of biblical texts. Bach wrote over 300 cantatas along with works for organ and instrumental pieces, and has been called the "fifth evangelist" for the way he proclaimed the gospel in music. Handel's great work, Messiah, is a setting of scriptural texts.



Today's Volunteers

Altar Care: Dom Gordon and Liv Juel

Assisting Minister: Tom Ertel

Lector: Lora Marheine

Communion, bread: Jenny Hawes

Communion, wine: John and Lynda Yanny

Ushers: Dave Fohr and Suzy Morgan

Greeters: Carl and Karen Engelhardt

Acolyte: Emmett Johnson

Audio/Visual: Brenda and Mike Marciniak

Tellers: Carl and Karen E. and Ellyn Steinke

Volunteer Schedule: mtzionlutheran.org/pages/member-resources

Access the Prayer List

<https://bit.ly/4k8gbYk>

The printed prayer list is updated
every two weeks.



Submit prayer requests

Email: pastor@mtzionlutheran.org
Call: 414-258-0456

Write: on the prayer cards at the
prayer share wall in the
north narthex.

Outdoor Worship



It was a great day for outdoor worship and a cookout! We were glad to have a few friends from Martin Luther join us.



Fundraising at the Car Wash



Erik was pretty excited to drive some of these cars.



Jess was far more confused with the newer technology. Considering she still thinks the 6 CD changer is the height of tech for her Jeep, just finding the “start engine button” in the keyless ignition cars was a stretch. She’s confident that if you’ve mastered how to start your keyless car, you can quickly pick up how to use the Elvanto App!



Even Pastor Tyler’s car got a good wash!

Fundraising at the Car Wash

Thank you to the many younger siblings and kids who aren't even going on this trip, but happily picked up sponges and rinsed off soap suds.

You rock!



Thank you so much!

We raised over \$800 from Sunday's car wash. This is a huge help in gathering the funding required to send our youth on this incredible trip.

The Johnson Amendment

Bishop Eaton addresses the recent IRS ruling that suggests the agency may interpret the Johnson Amendment in ways that would allow churches and other religious organizations to engage in partisan activity.

Emphasizing the importance of safeguarding the Johnson Amendment, Eaton says, “theologically, it keeps partisanship out of religious organizations and, for our church, protects the proclamation of the gospel and the right administration of the sacraments as the unique purpose and calling of God’s church and our congregations. At the same time, it allows appropriate avenues for advocating for God’s justice and concern for good social order.”

Watch the 3.5 minute video to better understand how The Johnson Amendment affects the church and the ELCA.

<https://www.youtube.com/watch?v=FsF9YdotQSY>



The Johnson Amendment was created in 1954 and named after Senator Lyndon Johnson. The amendment states church and other non-profits are “absolutely prohibited from directly or indirectly participating in, or intervening in, any political campaign on behalf or (or in opposition to) any candidate for elective public office”. Overturning the law could mean that donations made to churches could support a political candidate and this would make churches “bigger money players” in politics (npr.org).



Johnson Amendment: Preserving Religious Freedom | Presiding Bishop Elizabeth Eaton | July 22, 2025

Supporting our Youth



LOOKING FOR SUPPORT?

MT ZION HOSTS MULTIPLE ANONYMOUS GROUPS

NARCOTICS ANONYMOUS (NA)
MONDAYS AT 7:00PM
FELLOWSHIP HALL

ALCOHOLICS ANONYMOUS (AA)
TUESDAYS AT 12:00PM
ROOM 211

HANDS OF AA
TUESDAYS AT 6:30PM
FELLOWSHIP HALL

**ADULT CHILDREN OF ALCOHOLICS
(ACA)**
FRIDAYS AT 6:00PM
ROOM 100

Steve's Science Tidbits

The Importance of Facial Expression

Think of how boring it would be if we didn't have facial muscles. Interactions with other people would be extremely challenging. Socializing is critically dependent on one's ability to "read" others.

Much of the information we convey to others is manifest in ways we move our facial muscles. On average, people produce 101 facial contractions per minute during a typical human encounter. These muscles are innervated by CVII, the seventh cranial nerve, and when this nerve is compromised by injury or viral infection, the facial muscles are rendered nonfunctional, a condition known as Bell's Palsy. As a result, the facial muscles droop and become expressionless, devoid of any emotion.

We need facial expressivity to facilitate human bonding. For every emotion there seems to be an accompanying reflexive facial movement; it's an engrained feature of our communication system: corners of the mouth upturned when amused, furrowed brows when puzzled, widening of the eyes when shocked, etc. Along with changes in vocal inflections, communication becomes visual as well as auditory, one reinforcing the other. Even young children can describe the emotion conveyed when shown pictures of people with different expressions.

In a recent study, 52 people were filmed during an online social interaction with a researcher that captured both audio and video responses. Participants were exposed to challenging situations that mimicked everyday experiences, and their facial movements were carefully monitored. Automated software coded each muscle movement.

Results showed that people who were more agreeable, extroverted or neurotic (as measured by a questionnaire) were more facially expressive. One researcher commented that people with these personality traits probably enjoyed socializing more or have strong concerns about how they appear to others.

Following these exercises, the paired participants rated how much they liked each other, as did 176 other participants who merely watched video clips of these people. The results were overwhelming: the more facially expressive the person, the more they were liked.

When the active participants reported their thoughts and feelings after the interactions, and these were compared with what the casual observers were "reading" in the faces of the participants, it turns out the participants were effectively broadcasting their thoughts through their faces. Moreover, the more expressive the participant, the easier they were to read and, hence, the more they were liked.

This makes a lot of sense. When we meet someone new, aren't they auditioning for our trust, for our potential friendship or affection, for their appreciation of our humor, for their genuineness of response? We intently watch their facial reactions for a better picture of who they are and appreciate more those who are unambiguous.

Being more open and expressive may be threatening to some, leading to feelings of vulnerability, but there are definite social rewards. Unless you are playing cards, a poker face can be a disadvantage.

Steve Downs

Birthdays & Anniversaries

Birthdays

John Y. 7/28	Tom W. 8/7	Karen C. 8/21
Hayden P. 7/29	Quintin P. 8/8	Taylor U. 8/21
Andrea C. 7/29	Barb V. 8/9	Mickey F. 8/22
Douglas J. 7/31	Refilwe M. 8/10	Megan B. 8/22
Adam C. 8/1	Mia B. 8/13	Jenni P. 8/24
Carol C. 8/1	Dom G. 8/13	Lauren C. 8/26
Brad H. 8/1	Mark S. 8/17	Spencer J. 8/26
Jenny H. 8/2	Jennifer D. 8/17	Amanda W. 8/28
Jada G. 8/4	Tammy C. 8/20	Liz A. 8/28
Edie D. 8/5	Vicki C. 8/21	Kurt K. 8/29
Doris J. 8/6	Carter C. 8/21	Grace B. 8/30
Jesse M. 8/6	Katie F. 8/21	Julie B. 8/31

Wedding Anniversaries

Milt and Karen D. 7/26	Mitch and Kelsey L. 8/11
Joe and Nancy D. 7/27	Meghann and Brad S. 8/11
Melissa and Jim S. 7/31	Erin M. & Drae S. 8/11
Sara and Dave B. 8/2	Kevin and Gloria C. 8/14
Adam and Elizabeth F. 8/8	Liz and Keith A. 8/15

Aladdin

Wauwatosa Recreation Department 11803 W. North Avenue
(414) 773-2900 Wauwatosa, WI 53226

CHILDREN'S THEATRE OF WAUWATOSA

SUMMER THEATRE 2025

PRESENTS



Tuesday, August 5, 2025

Performance at 7:00 p.m.

Longfellow Middle School (Lois Weber Theater)

7600 West North Avenue

**The community and people of all ages are
invited and welcome! Free admission!**

At Mt Zion we are
Joyfully growing disciples in Christ
so that
Everyone we meet comes to know themselves as a reflection of
God's image, worthy of life and love
by prioritizing
Faith Community
Hospitality Justice

Mt Zion Staff

Pastor
The Reverend Tyler D. Rasmussen
pastor@mtzionlutheran.org

Parish Administrator
Jess Monahan
parishadmin@mtzionlutheran.org

**Director of Choirs
and Contemporary Music**
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Director of Traditional Music
Mark Schroeter
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Janet McCarthy (volunteer)
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Maintenance
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sundayschool@mtzionlutheran.org

Social Media
Douglas Johnson (volunteer)
socialmedia@mtzionlutheran.org

Website
website@mtzionlutheran.org

Leadership Board

Linda Havlicek, President
president@mtzionlutheran.org

Dave Nelson, Vice President
vp@mtzionlutheran.org

Joe Di Giacinto, Treasurer
treasurer@mtzionlutheran.org

Mike Marciniak, Secretary
boardsecretary@mtzionlutheran.org

Abby Sumiec

Kevin Burke

Anna Kissel



**Church Office
Hours**

Monday — Friday 10:00am — 3:00pm

Stop by in-person, call 414-258-0456,
or email parishadmin@mtzionlutheran.org

**12012 West North Avenue
Wauwatosa, WI 53226
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parishadmin@mtzionlutheran.org**



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youtube.com/mtzionlutheran**