

praying *the* Psalms



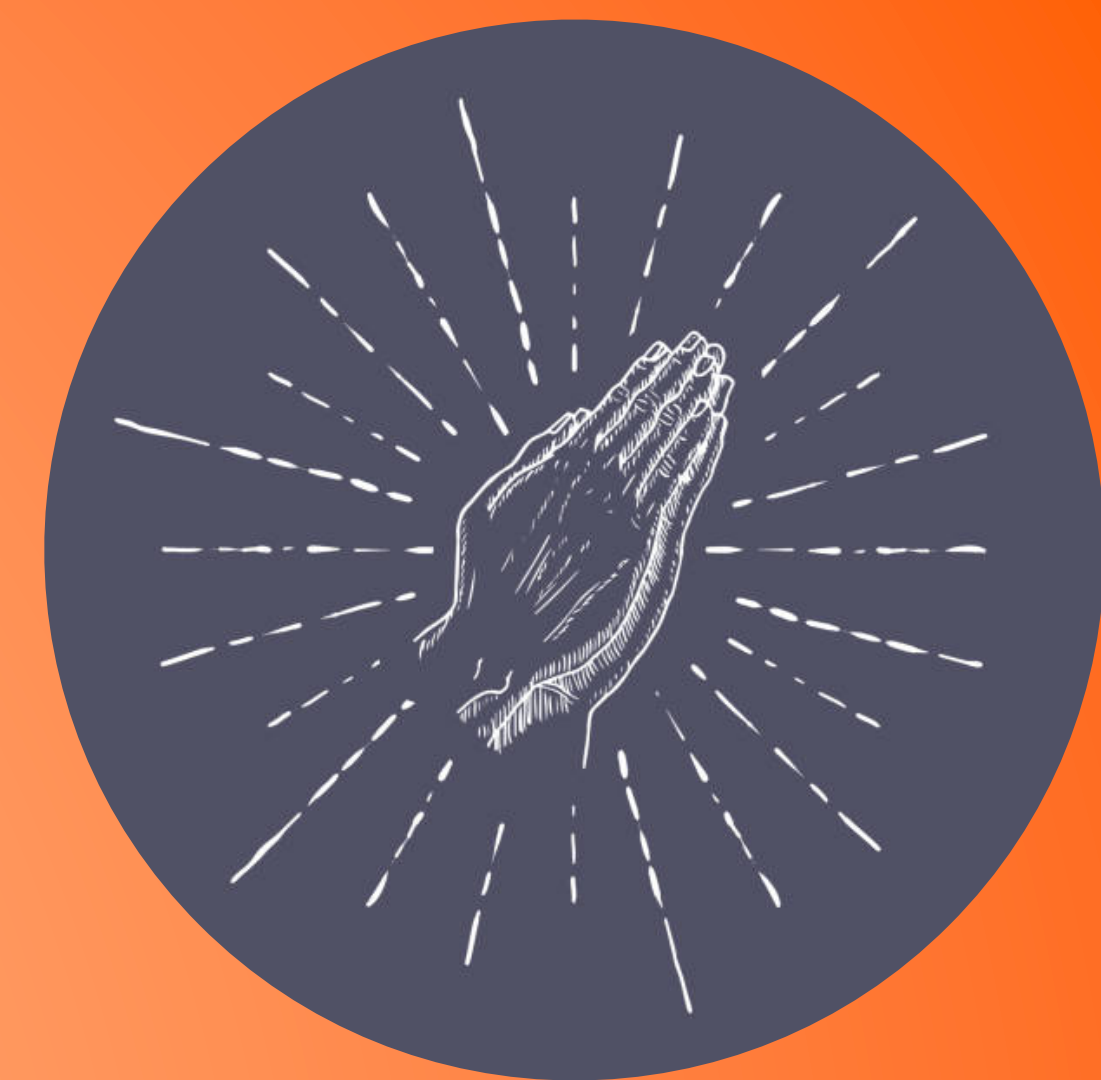
# #PSALM23 CHALLENGE

**1. Memorize**

**2. Pray**

**3. Meditate**





# How to pray

## Psalms 23

# **Psalm 23**

## **The Psalm of CONFIDENCE**

**CJ Wakefield**

**David as a Shepherd:**

**GOD as David's SHEPHERD**

**GOD is our SHEPHERD**

**David as a King:**

**GOD as David's KING**

**GOD is our KING**



**“For you are with me”  
-God is with you-**

**GOD is ALWAYS WITH US**



# **The Lord is My Shepherd Psalm 23:1**





I lack nothing





**Psalm 23:2**  
**He makes me lie down**  
**in green pastures**















*Hermitis, Herd of Goats Grazing in the Mountains of Samaria, Israel. shutterstock.com*





**Psalm 23:2**

**He leads me beside quiet waters**





**Psalm 23:3**

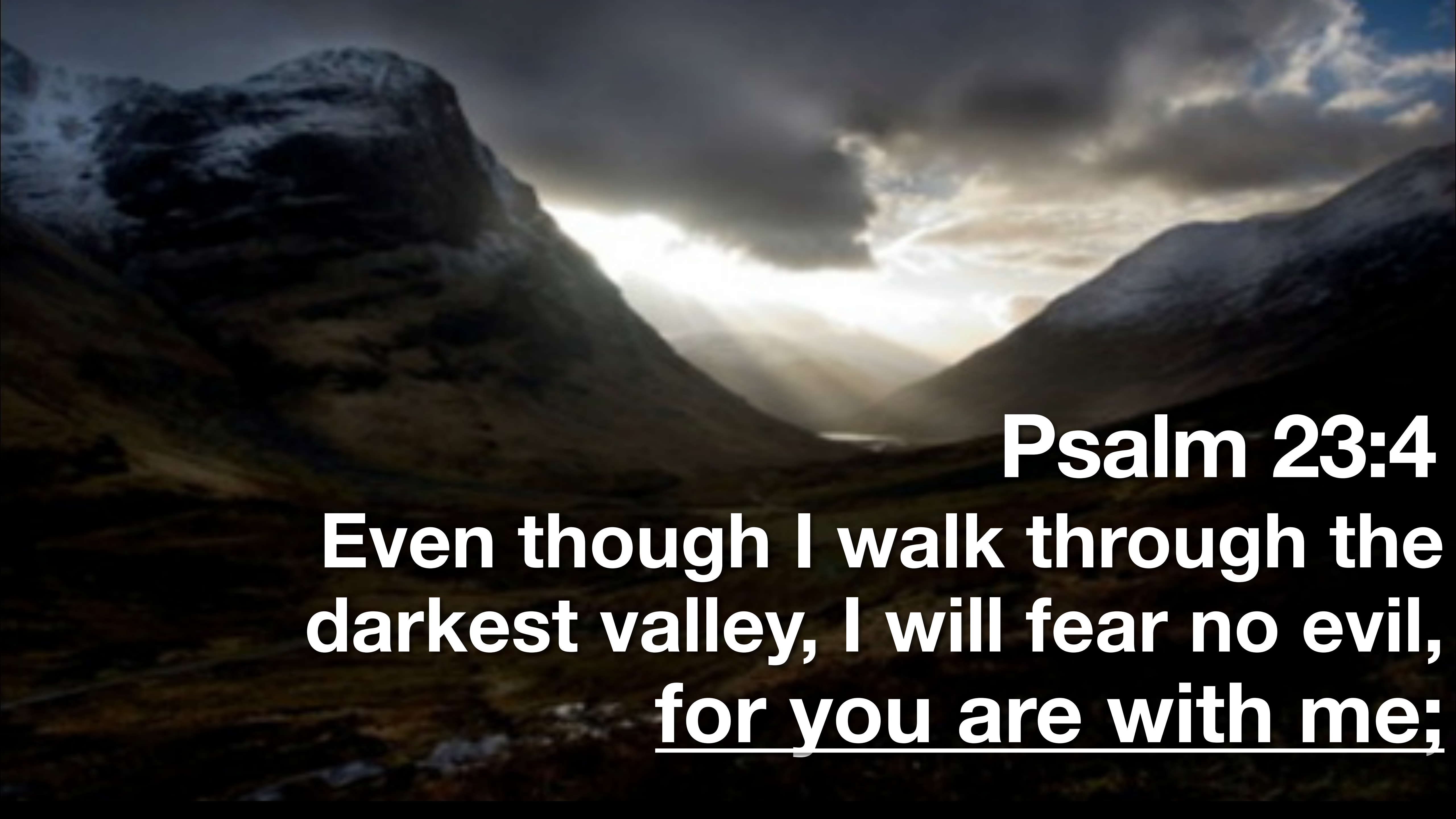
**He refreshes [restores] my soul**



A high-angle photograph of a shepherd in a plaid shirt and hat guiding a large flock of sheep along a narrow, rocky mountain trail. The sheep are packed closely together, moving up the steep, grassy slope. The path is flanked by rugged, dark rock formations. In the background, more sheep are visible further up the mountain, and a few people can be seen on the distant slope.

**Psalm 23:3**  
**He guides me along the right[eous]  
paths for his name's sake.**





**Psalm 23:4**

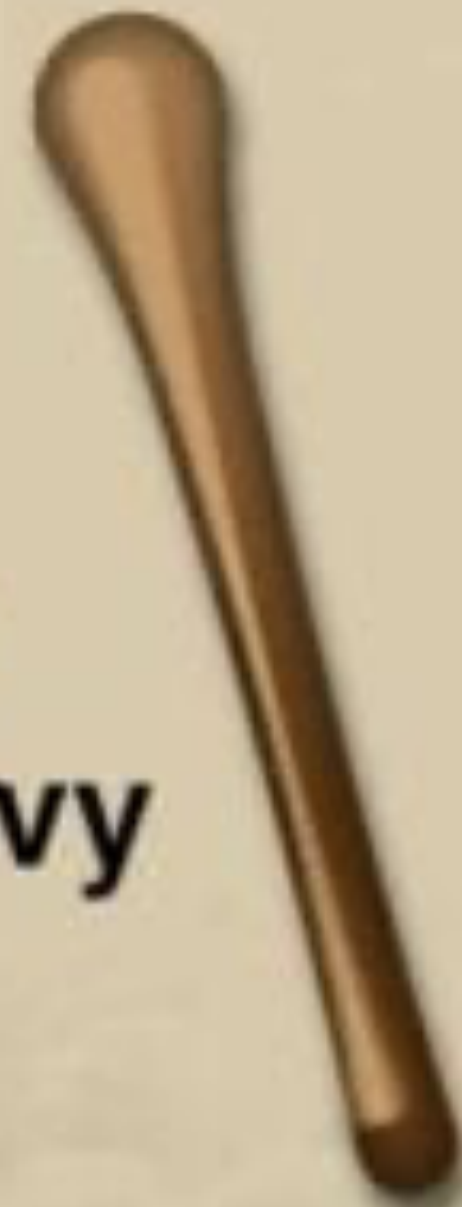
**Even though I walk through the  
darkest valley, I will fear no evil,  
for you are with me;**



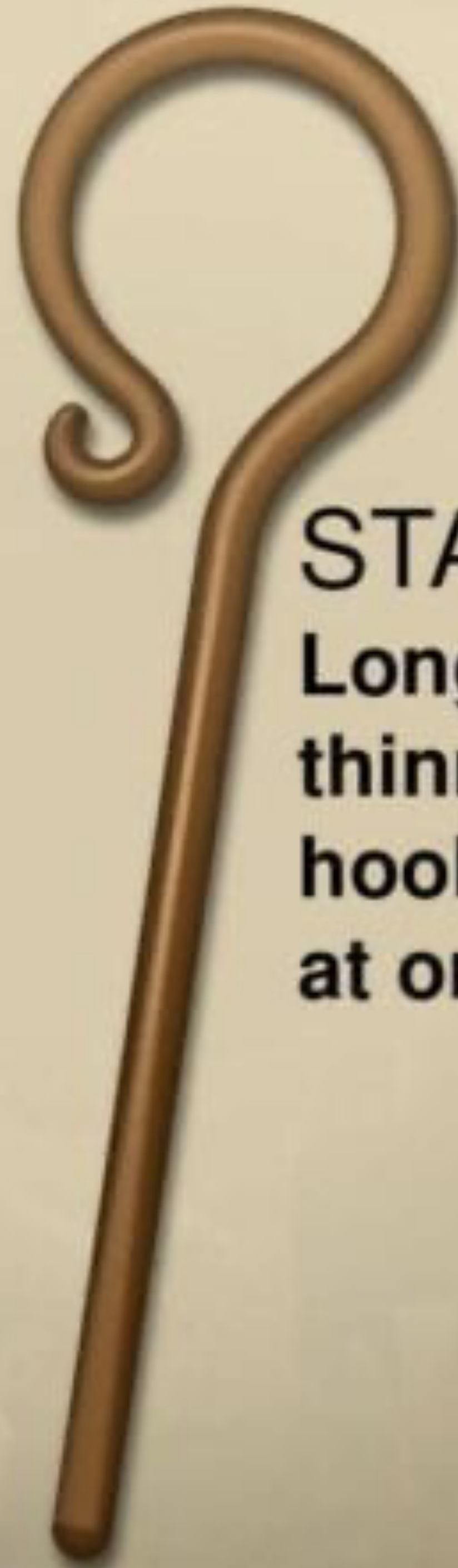
# Psalm 23:4

**Your rod  
and your  
staff, they  
comfort  
me.**

**ROD:**  
Relatively  
short, heavy  
club-like  
device.



**STAFF:**  
Longer and  
thinner, with a  
hook or crook  
at one end.





# Psalm 23:5

**You prepare a table  
before me in the  
presence of my  
enemies. You  
anoint my head  
with oil; my cup  
overflows.**





Surely

go  
od  
see

and

mer  
cy

shall

fol  
ow  
ME

all the days  
of my life,

PSALM 23:6



Surely

go  
and  
see

and

mer  
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shall

fol  
low  
ME

all the days  
of my life,

and I shall dwell in the house of the Lord forever.

PSALM 23:6



# #PSALM23 CHALLENGE

**1. Memorize**

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# Psalm 23 - Psalm of Confidence

The Lord is my shepherd - **RELATIONSHIP**

I lack nothing - **SUPPLY** and **SATISFACTION**

He makes me lie down in green pastures - **GOODNESS** and **REST**

He leads me beside quiet waters - **REFRESHMENT**

He refreshes my soul - **HEALING** and **RESTORATION**

He guides me along the right paths - **GUIDANCE, DIRECTION** and **RIGHT-LIVING**

Even though I walk through the darkest valley - **TESTING** and **TRIALS**

I will fear no evil - **PROTECTION** and **TRUST**

For you are with me - **FAITHFULNESS, COMFORT** and **CONFIDENCE**

Your rod and your staff they comfort me - **DISCIPLINE** and **COMPASSION**

You prepare a table before me in the presence of my enemies - **DEFENDER** and **ADVOCATE**

You anoint my head with oil - **SPECIAL, CHERISHED** and **LOVED**

My cup overflows - **PROVISION** and **ABUNDANCE**

Surely your goodness and love will follow me all the days of my life - **BLESSING**

I will dwell in the house of the Lord forever - **HOME, SAFETY** and **SECURITY**





# Psalm 23 – Fulfilled in Jesus

RELATIONSHIP	Jesus the Good Shepherd lays down His life for us sheep(Jn 10:11–14)
SUPPLY & SATISFACTION	I am the bread of life, whoever comes to me shall not hunger (Jn 6:35)
GOODNESS & REST	Come to me,...and I will give you rest (Matt 11:28)
REFRESHMENT	Isaiah’s feast imagery fulfilled in Christ’s reign (cf. Isa 25:6–8)
HEALING & RESTORATION	By his wounds you have been healed (1 Peter 2:24)
GUIDANCE, DIRECTION & RIGHT-LIVING	I am the way, and the truth, and the life (John 14:6)
TESTING & TRIALS	Jesus sympathizes with our weaknesses (Heb 4:15)
PROTECTION & TRUST	Nothing can separate us from God’s love (Rom 8:38–39)
FAITHFULNESS, COMFORT & CONFIDENCE	I am with you always, to the end of the age (Matt 28:20)
DISCIPLINE & COMPASSION	Those whom I love, I discipline (Rev 3:19)
DEFENDER & ADVOCATE	We have an advocate with the Father, Jesus Christ (1 John 2:1)
SPECIAL, CHERISHED & LOVED	You have an anointing from the Holy One (1 John 2:20))
PROVISION & ABUNDANCE	God will meet all our needs in Christ Jesus (Philippians 4:19)
BLESSING	Every good and perfect gift is from above (James 1:17)
HOME, SAFETY & SECURITY	We will dwell with God in the new creation (Rev 21:3–4)