

SIXTH SUNDAY AFTER PENTECOST



July 20, 2025

10:00 am

“Let us walk together, not one behind another, but side by side, listening and learning.”

— Cheryl Bear (*Nadleh Whut'en First Nation*)

Note: We are a Scent Free Facility for the health and comfort of those with allergies. Thank you for helping us care for one another.

Welcome & Introduction

Presider We gather on the traditional and ancestral lands of the k^wik^wekʔem (kwee-KWET-lum) First Nation, including lands historically shared with the q̓içęy (kat-zee) and other Coast Salish Peoples.

We give thanks for their long care for this place, honour their ongoing presence, and commit ourselves to walking gently and justly upon these lands.

Opening Acclamation

Presider Come, beloved of God—come as you are.

All We come to meet the Creator, source of life and love.

Presider Come, you who are weary, distracted, or longing for peace.

All We come to Christ, who gathers, restores, and heals.

Presider Come, all who seek to grow and to serve.

All We come, drawn by the Spirit, whose presence makes us one.

Come, let us worship the One who is Creator, Christ, and Spirit—now and always. Amen.

Gathering Hymn - *All Are Welcome* (OCP 37)



1. Let us build a house where love can dwell and
 2. Let us build a house where proph - ets speak, and
 3. Let us build a house where love is found in
 4. Let us build a house where hands will reach be -
 5. Let us build a house where all are named, their



all can safe - ly live. A place where saints and
 words are strong and true. Where all God's chil - dren
 wa - ter, wine and wheat; A ban - quet hall on
 yond the wood and stone, To heal and strength - en,
 songs and vi - sions heard And loved and treas - ured,



chil - dren tell how hearts learn to for -
 dare to seek to dream God's reign a -
 ho - ly ground, where peace and jus - tice
 serve and teach, and live the Word they've
 taught and claimed as words with - in the



give. Built of hopes and dreams and vi - sions, rock of
 new. Here the cross shall stand as wit - ness and as
 meet. Here the love of God, through Je - sus, is re -
 known. Here the out - cast and the stran - ger bears the
 Word. Built of tears and cries and laugh - ter, prayers of

Presider God be with you.

All: And also with you.

Presider Let us pray,
Holy One,

**All to whom all hearts are open, all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may love you in truth
and magnify your holy name,
through Christ our Saviour. Amen.**

Collect of the Day *(the special prayer which 'collects' the
theme of the day)*

Presider God of justice and mercy,
you call us to sit at your feet and hear your word:
grant that in the busyness of life,
we may not lose our rootedness in you.
Feed us with your presence, nourish us in Christ,
and strengthen us by your Spirit,
that we may bear fruit in lives of compassion and hope.
We ask this through Jesus Christ,
in the unity of the Holy Spirit,
one God, now and forever. **Amen.**

Gloria - *Glory to God* - *Mass of Christ the Saviour*

Refrain

Glo-ry to God. Glo-ry to God. Glo-ry to God in the high -

est, and on earth peace, on earth peace to peo-ple of good

1-4 (1st time: to Refrain) to Verses Final Coda

will. will. A - men. A - men.

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Proclamation of the Word

The Readings

Presider Let us prepare ourselves for the Word of God as it comes to us through the reading of the Holy Scriptures.

All **Our hearts and minds are open**

First Reading - *Amos 8:1-12*

Reader Hear what the Spirit is saying.

All **Thanks be to God.**

Psalm - Psalm 52 - I Trust in God's Mercy For Ever

George Black



1. You tyrant, why do you boast of wickedness against the godly all day long?
You plot ruin; your tongue is like a sharpened razor,
O worker of deception.
You love evil more than good and lying more than speaking the truth.
You love all words that hurt, O you deceitful tongue. **Refrain**
2. Oh, that God would demolish you utterly,
topple you, and snatch you from your dwelling, and root you out of the land of the living!
The righteous shall see and tremble,
they shall laugh at you, saying,
"This is the one who did not take God for a refuge,
but trusted in great wealth and relied upon wickedness." **Refrain**
3. But I am like a green olive tree in the house of God:
I trust in the mercy of God for ever and ever.
I give you thanks for what you have done
and declare the goodness of your name in the presence of the godly. **Refrain.**

Second Reading - Colossians 1:15-28

Reader Hear what the Spirit is saying

All Thanks be to God

Please stand as you are able for the Gospel Reading

Gospel Acclamation



Reader The Holy Gospel of our Lord Jesus Christ
according to Luke.

All Glory to you, Lord Jesus Christ.

Gospel – *Luke 10:38-42*

Reader The Gospel of Christ.

All Praise to you, Lord Jesus Christ.

Homily Rev. Philip Cochrane

Affirming Our Faith

Presider Together, we declare the faith that holds us
and the hope that leads us.

**All We believe in God, the Source of Life,
by whom every being in heaven and earth
is created, named, and sustained.**

**We believe in God, the Living Word,
who restores us to relationship
and speaks to us through faith.**

**We believe in God, the Holy Spirit,
who comforts, guides, and strengthens us
to share the good news of grace.**

**We believe in God,
one, holy, undivided Trinity:
Source of Life, Living Word, Comforter:
Mystery. Amen.**

Prayers of the People

Confession & Absolution

Presider We have scattered our attention,
pursued what does not satisfy,
and neglected the One in whom all life holds together.
Let us return to God,
trusting in mercy that restores and renews.

We keep a moment of quiet for reflection

Presider God of all mercy,
**All we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us, the evil we have
done, and the evil done on our behalf.
Forgive, restore, and strengthen us through our
Saviour Jesus Christ, that we may abide in your love
and serve only your will. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins
through the grace of Jesus Christ, strengthen you in all
goodness, and by the power of the Holy Spirit keep you in
eternal life. **Amen.**¹

Sharing of the Peace

Presider Christ is our peace.
He meets us in our weariness and welcomes us as we are.
The peace of Christ be always with you.
All And also with you.

The Peace is shared in the community, respecting personal boundaries

Offertory

In gratitude for all we've received, we offer of ourselves back to God. Bread, wine, and money symbolize the fruits of our labour. If you give through Pre-Authorized Donations or e-transfer (office@saintlaurence.ca), you're welcome to use a blue card to represent your offering to the glory of God.

Offertory Hymn - Christ Be Our Light (S&S 105)

Verses



1. Long-ing for light, — we wait in dark-ness. Long-ing for
2. Long-ing for peace, — our world is trou-bled. Long-ing for
3. Long-ing for food, — man-y are hun-gry. Long-ing for
4. Long-ing for shel-ter, man-y are home-less. Long-ing for
5. Man-y the gifts, — man-y the peo-ple, man-y the



1. truth, — we turn to you. Make us your own, —
2. hope, — man-y de-spair. Your word a-lone —
3. wa-ter, man-y still thirst. Make us your bread, —
4. warmth, — man-y are cold. Make us your build-ing,
5. hearts that yearn to be-long. Let us be ser-vants



1. your ho-ly peo-ple, light for the world to see.
2. has pow'r to save us. Make us your liv-ing voice.
3. bro-ken for oth-ers, shared un-til all are fed.
4. shel-ter-ing oth-ers, walls made of liv-ing stone.
5. to one an-oth-er, mak-ing your king-dom come.

Refrain



Christ, be our light! Shine in our hearts. Shine through the dark-ness.



Christ, be our light! Shine in your church gath-ered to-day.

Prayer over the Gifts

Presider Loving God,

**All accept all we bring to you today—
our gifts, our service, our attention, and our lives.
Make us fruitful in love and generosity,
through Christ, the firstborn of all creation. Amen.**

Celebration of our Sacred Meal

The Great Thanksgiving

Presider God is with you.

All And also with you.

Presider Open your hearts.

All We open them to God.

Presider Let us give thanks to God our Creator.

All We give our thanks and praise.

Presider Cosmic Artist, you made our world ---
beautiful, wholesome, and good.
You made us to live in right relationship
with you and all creation.

You sent Jesus to live among us
and show us what you are like.
We bring our grateful, worshipping hearts to you,
our awesome God.

You formed the earth and all that dwells here,
the seas below and the skies above.
You crafted all creatures and inspired them,
animating all with your Spirit of love.
Therefore, you alone are worthy of glory, honour and praise.
And so, we join with the heavenly beings
and all of creation as we sing:

Sanctus - Holy - Mass of Christ the Savior

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and
earth are full, are full of your glo - ry. Ho - san - na! Ho -
san - na! Ho - san - na in the high - est. Bless - ed is
he who comes, who comes in the name of the Lord. Ho -

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Presider Indeed, all glory and honour are yours,
our true and loving God.
Of your grace you sent Jesus to live among us,
to share our humanity and daily life,
to proclaim the coming of justice and peace,
and to give himself for us.
Through Jesus Christ we are reconciled to you
and restored to the goodness you intended for us.

On the night before he died, Jesus ate supper
with his friends.

He took bread, gave thanks, broke it and gave it
to them, saying,

*“Take and eat. This is my very self, given for you.
Do this for the remembrance of me.”*

Then he took the cup of wine.

Again, he gave thanks and gave it to them, saying,

*“Drink it, all of you.
This cup is a new covenant poured out for you and
all people. Do this for the remembrance of me.”*

And so, we remember:

the cross, the tomb, the resurrection and ascension,
and, longing for Christ’s coming again in glory,
we present these gifts to you.

Send your Holy Spirit upon us and upon these gifts,
so that we who share this bread and wine
may live in your hope, seek your peace,
further your joy and share your love.

Draw us together in Christ,
and, in the fullness of time, gather us with all your people
into the joy of your eternal home.

Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you, our God and Creator,
and give you our unending praise. **Amen.**

Lord's Prayer

Our Fa-ther, who art in heav-en, hal-low-ed be
thy name; thy king-dom come; thy will be done on
earth as it is in heav-en. Give us this day our
dai - ly bread; and for-give us as we for-give
oth - ers; and lead us not in - to temp - ta - tion,
but de - liv - er us from e - vil.
For the king - dom and the pow - er and the
glo - ry are yours for - ev - er. A - men.

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The Breaking of the Bread

The celebrant breaks the consecrated bread.

Presider We break this bread
to share in the body of Christ.

All **We, though many, are one body,
for we all share in the one bread.**

Lamb of God

D A/C# Bm Bm/A G A A/G F#m7
 Lamb of God, you take a - way the sins of the

I, 2 (Repeat as needed)
 Bm Bm/A Em D/F# Em/G A D.S.
 world, have mer - cy on us.

Final
 Bm Bm/A Em D/F# G Asus4 A D Dsus4 D (let ring)
 rit. Slower rit.
 world, grant us peace.

Music: *Mass of Christ the Savior*; Dan Schutte, b. 1947, © 2007, 2009, Daniel L. Schutte. Published by OCP. All rights reserved.

The Invitation

Presider Come to this table,
 not because you are perfect,
 but because you are loved.
 Come, not because you have all the answers,
 but because you are seeking the way.
 This is the table of grace,
 where Christ meets us, and nourishes us.

Presider The gifts of God for the people of God.

All **Thanks be to God.**

The Distribution

At St. Laurence, everyone is invited to the table. You may receive only the bread or both bread and wine. Non-fermented grape juice is available in the ceramic chalice, and gluten-free wafers are offered—just ask at the distribution. If you prefer a blessing, simply cross your arms across your chest.

Communion Hymn - *Eat This Bread* (OCP 171)

Refrain:

Eat this bread, drink this cup
come to me and never be hungry
Eat this bread, drink this cup
trust in me and you will not thirst

1. I am the bread of life
the true bread sent from the Father ***Refrain***
2. Your ancestors ate manna in the desert
but this is the bread come down from heaven ***Refrain***
3. Eat my flesh and drink my blood
and I will raise you up on the last day ***Refrain***
4. Anyone who eats this bread
will live forever ***Refrain***
5. If you believe and eat this bread
you will have eternal life ***Refrain***

Text: Robert J. Batastini, Music: Jacques Berthier, copyright 1982 Ateliers et Presses de Taizé

Communion Hymn - *Be Thou My Vision* (CP 505)

1. Be Thou my Vision, O Lord of my heart
Naught be all else to me, save that Thou art
Thou my best Thought, by day or by night
Waking or sleeping, Thy presence my light
2. Be Thou my Wisdom, and Thou my true Word
I ever with Thee and Thou with me, Lord
Thou my great Father, thine own I be,
Thou in me dwelling, and I with Thee
3. Riches I heed not, nor man's empty praise
Thou mine Inheritance, now and always
Thou and Thou only, first in my heart
High King of Heaven, my Treasure Thou art
4. High King of Heaven, my victory won
May I reach Heaven's joys, O bright Heav'n's Sun
Heart of my own heart, whate'er befall
Still be my Vision, O Ruler of all

Text: Irish hymn (8th cent); tr Mary Elizabeth Byrne(1880-1931); verses Eleanor H. Hull (1860-1935);
Music arr. Martin Shaw (1875-1958); Arr copyright Oxford University Press.
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Moment of Silence

Take a moment to be still and know God. Let the world's noise fade as you listen for the deep stillness beneath it all. The silence begins and ends with the ringing of a bell.

Prayer after Communion

Presider Gracious God,
All **you have fed us with the bread of life
and renewed us in your love.
May what we have received here
strengthen us to live as your people—
rooted in Christ,
bearing fruit in compassion,
and growing in grace day by day.
We ask this in Jesus' name. Amen.**

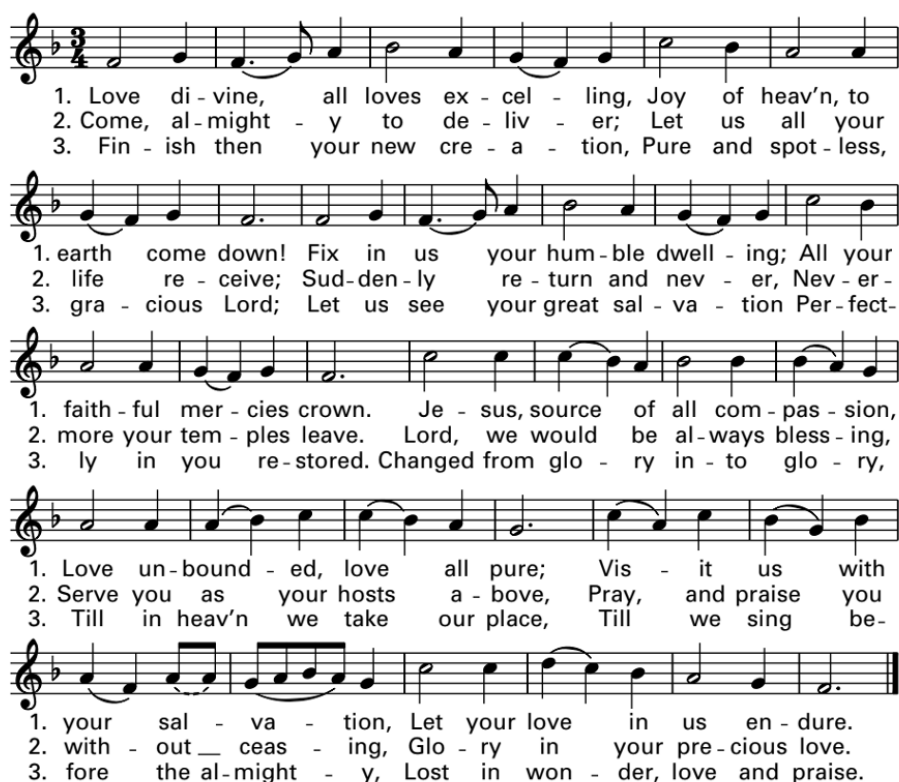
Presider Glory to God,
All **whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus
for ever and ever. Amen.**

Announcements

Blessing

Presider May the God who holds all things together
centre your heart and steady your steps.
May Christ feed you with grace beyond striving,
and may the Spirit nurture fruitfulness within you.
And the blessing of the Holy One—
Creator, Christ, and Spirit—
rest upon you and all whom you love,
this day and always. **Amen.**

Closing Hymn - *Love Divine, All Loves Excelling* (OCP 345)



1. Love di-vine, all loves ex-cel-ling, Joy of heav'n, to
2. Come, al-might-y to de-liv-er; Let us all your
3. Fin-ish then your new cre-a-tion, Pure and spot-less,

1. earth come down! Fix in us your hum-ble dwell-ing; All your
2. life re-ceive; Sud-den-ly re-turn and nev-er, Nev-er-
3. gra-cious Lord; Let us see your great sal-va-tion Per-fect-

1. faith-ful mer-cies crown. Je-sus, source of all com-pas-sion,
2. more your tem-ples leave. Lord, we would be al-ways bless-ing,
3. ly in you re-stored. Changed from glo-ry in-to glo-ry,

1. Love un-bound-ed, love all pure; Vis-it us with
2. Serve you as your hosts a-bove, Pray, and praise you
3. Till in heav'n we take our place, Till we sing be-

1. your sal-va-tion, Let your love in us en-dure.
2. with-out ceas-ing, Glo-ry in your pre-cious love.
3. fore the al-might-y, Lost in won-der, love and praise.

Text: 87 87 D; Charles Wesley, 1707–1788, alt. Music: Rowland H. Prichard, 1811–1887.

Minister Go now into the world to live with courage,
to love without condition, and to bear fruit in Christ's name.

All: **Thanks be to God.**

The flowers on the altar are given by
Larry Hoad in loving memory of all my
family members who now rest in peace
with our Lord.



Acknowledgements

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Rector: The Reverend Philip Cochrane
Deacon: The Reverend Patricia Ratcliffe
Honorary: The Reverend Carla McGhie
Music Director: Emilia Boronco
Wardens: Lei De Santis, Rick Barr, Heather Esposito
Trustees: Mitch Dodd, Brian Corbould, Detlef Beck,
Anne Dennis, Susanne Stockdill
Family & Youth Leader: Jason Wood
St. Laurence Kids: Jason Wood
Treasurer: Larry Hoad
Envelope Secretary: Larry Hoad
Privacy Officer: Allison Walker
Operations Manager: Curt Bruneski

Office Hours:

10:00am-3:00pm (drop-in)
Monday - Friday

www.saintlaurence.ca ▪ 604-936-5423 ▪
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NEWS & NOTES

Wednesday Morning Service - 9:00 am

This service is a Bible Study and Communion all rolled into one. A great way to begin your day!

HEARING HELP

If you would like to have assistance in hearing better in the Sanctuary during our services, and if you have a Smart Phone, and either a hearing aid, or some headphones, we can help you connect to our system to aid in helping make the sound clearer.



If you would like more info on how this can work, please see **Peter Newell** at the Sound Desk on the West wall of the Sanctuary.

Using the Listen Hearing Aid System

These instructions will allow you to connect your smart phone to the Saint Laurence Listen Hearing Aid network which broadcasts the audio from the sound system.

Step 0. This is a **one time activity**. If you haven't downloaded the Listen app to your phone, go to the Google **Play Store** (android phones) or Apple **App Store** (apple devices) and search for the **ListenWIFI app**. This is a free app for connecting to the LISTEN network.

Connecting to the LISTEN network at Saint Laurence.

Step 1. If you have applications on your smart phone that interact with your hearing aids via bluetooth, then those applications may still be running in the background on your phone and may interfere with connection to the Listen network.
The best way to insure that there is no interference is to **power off** your phone and then **turn it back on**.

Step 2. Put the phone on **airplane mode**. This insures that the cellular network doesn't block your connection to the WIFI network.

Step 3. Open up the WIFI settings on your phone and turn on WIFI (if it is not active from airplane mode). With the WIFI on, search for the **LISTEN** network and **connect to it**. There will be a warning that there is no connection to the internet. This is not a problem.

Step 4. Open the Bluetooth settings on your phone and insure that **your phone is connected via bluetooth to your hearing aids**.

Step 5. Open the ListenWIFI app. The app should connect to the LISTEN network. If it comes up with a VENUE SCAN screen and says that it can't connect, try shutting down the app (stopping it, not just exiting for it) and restarting the app.
When the app is connected to the network there will be a screen with two channels showing. Click on Channel 1 and you should start hearing sound from the application.

If you can't connect to the network see me at the audio desk. Insure you come early before the service starts in order to have time to trouble shoot any issues.

"The reason we live in a culture increasingly without faith is not because science has somehow disproved the unprovable, but because the white noise of secularism has removed the very stillness in which it might endure or be reborn..."

— John Mark Comer, *The Ruthless Elimination of Hurry: How to Stay Emotionally Healthy and Spiritually Alive in the Chaos of the Modern World*