



# Proper 16

Sunday, July 20, 2025 10:30 A.M. Choral Eucharist | In-Person & Livestream

The Very Reverend Christopher A. Pappas, *Presider*The Reverend Clare Morgan, *Preacher*The Reverend Juanita Clark, *Deacon*Dr. Neil Cockburn, *Organist & Director of Music*Byron Hanson and Stephen Wright, *Cantors* 

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# Welcome to the Cathedral

Whether today is your first time with us, or if this is your spiritual home, we welcome you to the Cathedral. We're glad that you're here today.

We envision a radically inclusive, restlessly inquisitive, intentional, and inspired Cathedral. This is a place that is called to lead and to serve, in communion and community, with healing, reconciliation, and love, living out the Christian mission. Together, we look to the power of Christ for the transformation of each person, this city of Vancouver, and the world.

We recognize our history and traditions while seeking renewal and growth in spiritual depth and size. Curious and adaptable, this chorus has room for every voice — especially yours.

To learn more about the many ministries and opportunities for service in this community, please visit our website: <a href="www.thecathedral.ca">www.thecathedral.ca</a>. Following our worship service, please join us for coffee hour on the plaza right outside the Burrard St. doors, weather permitting.

Thank you for joining us today. Your presence enriches our life together.

Faithfully yours in Christ,

The Very Rev. Christopher A. Pappas, Ph.D., D.Min. Dean & Rector



# Connect with us!

We invite you to tell us more about yourself by completing our short connection form. You may find this form at <a href="mailto:tinyurl.com/CathedralConnection">tinyurl.com/CathedralConnection</a> or by scanning the QR code on the left.

# A message to children and their grown-ups

We're glad you're here! Here are a few things we would like you to know about our 10:30 a.m. worship service:

- Playmats and an activity cart with books, puzzles and colouring are available at the front of the church;
- Our Sunday school is on a summer break. Our first day back will be August 31, 2025. We look forward to seeing you then!

The nursery is available downstairs to settle your children. The service is livestreamed so you can follow the worship.

# Need to reach us?

Visit us at <a href="www.thecathedral.ca/pages/our-team">www.thecathedral.ca/pages/our-team</a> or scan the QR code on the right to access our clergy and staff contact information. We're here to support you — feel free to reach out anytime!



#### Cathedral parish announcements will commence shortly before 10:30 a.m.

# The Gathering of the Community

#### **Processional Hymn**

The Church's One Foundation

(CP 525)

Text: Samuel John Stone (1839-1900), alt. Music: AURELIA, Samuel Sebastian Wesley (1810-1876).

1 The church's one foundation is Jesus Christ our Lord; we are his new creation by water and the word: from heaven he came and sought us to be his holy bride; with his own blood he bought us, and for our life he died.

2 Elect from every nation yet one o'er all the earth, our charter of salvation one Lord, one faith, one birth; one glorious name we hallow, partake one holy food, and to one hope we follow, with every grace endued.

3 Though with dismay and wonder we see the church oppressed, by schisms rent asunder, by heresies distressed: yet saints their watch are keeping; their cry goes up, "How long?" And soon the night of weeping shall be the morn of song.

4 'Mid toil and tribulation and tumult of our war, we wait the consummation of peace for evermore, till with the vision glorious our longing eyes are blessed, and the great church victorious shall be the church at rest.

5 Yet we on earth have union with God the Three-in-One, and mystic sweet communion with those whose rest is won. O happy ones and holy! Lord, give us grace that we like them, the meek and lowly, on high may dwell with thee.

Presider In this time and place, we gather on the unceded ancestral lands of the Musqueam,

Squamish and Tsleil-Waututh nations.

All From many places and peoples we come to this house of prayer.

Presider In this time and place, we meet in the presence of the living God.

All The Creator who is the source of all that is, seen and unseen.

Presider In this time and place, the risen Christ stands in our midst.

All Our Companion who walks with us

and with all peoples on the path of reconciliation.

Presider In this time and place, God's Holy Spirit breathes in and through us.

All The Divine Wisdom who transforms us and all life.

Presider In this time and place, together, people of God from every language, culture and nation.

All We are being made new by the holy and life-giving Trinity, one God.

Music: New Plainsong, David Hurd (1950-).

The Collect of the Day

Silence is kept.

Presider

Almighty God,

Let us pray.

All

your Son has opened for us a new and living way into your presence. Give us pure hearts and constant wills to worship you in spirit and in truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

# The Proclamation of the Word

### The First Reading

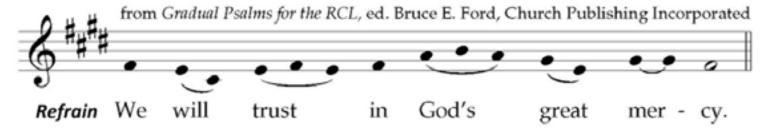
Amos 8:1-12

At the conclusion of the reading:

Reader Word of God, word of life.

All Thanks be to God.

#### Psalm 52



- 1 You tyrant, why do you boast of wickedness against the godly all day long?
- 2 You plot ruin; your tongue is like a sharpened razor, O worker of deception. Refrain
- 3 You love evil more than good and lying more than speaking the truth.
- 4 You love all words that hurt, O you deceitful tongue.
- 5 Oh, that God would demolish you utterly, topple you, and snatch you from your dwelling, and root you out of the land of the living! *Refrain*
- 6 The righteous shall see and tremble, and they shall laugh at him, saying, 7 "This is the one who did not take God for a refuge, but trusted in great wealth and relied upon wickedness." *Refrain*
- 8 But I am like a green olive tree in the house of God; I trust in the mercy of God for ever and ever. 9 I will give you thanks for what you have done and declare the goodness of your name in the presence of the godly. *Refrain*

## The Second Reading

At the conclusion of the epistle:

*Reader* Hear what the Spirit is saying to the churches.

All Thanks be to God.

Sequence Hymn

Israel Went Out from Egypt

(CP 227)

Colossians 1:15-28

Text: Ps. 114; para. Paul W. Quinlan (1938-2020), alt.

Music: ISRAEL WENT OUT FROM EGYPT, melody Paul W. Quinlan (1938-2020); acc. Patrick Wedd (1948-2019).

1 Israel went out from Egypt, tremble at the presence of God; sanctuary found in Judah, tremble at the presence of God. Great seas saw them come and ran away in fright, tremble at the presence of God. Holy Jordan turned her waters back at the sight, tremble at the coming of the Lord. Alleluia, alleluia! Sing alleluia! Sing alleluia.

2 Mountains skipped just like sacred rams, so tremble at the presence of God.
Hills were bounding like young lambs, yes, tremble at the presence of God.
Tell us, great roaring sea, why do you run away?
Tremble at the presence of God.
Holy mountains strong and bold, why must you shake that way?
Tremble at the coming of the Lord.
Alleluia, alleluia! Sing alleluia! Sing alleluia.

3 Tremble, O you earth and sky, yes, tremble at the presence of God. God is strong, how great and high, so tremble at the presence of God, who has brought cooling rains, when days grew hotter, tremble at the presence of God. Stony hills are bursting forth with cooling water, tremble at the coming of the Lord. Alleluia, alleluia! Sing alleluia! Sing alleluia.

## The Holy Gospel

Luke 10:38-42

5

Deacon The Lord be with you.

All And also with you.

Deacon The Holy Gospel of our Saviour Jesus Christ according to Luke.

All Glory to you, Lord Jesus Christ.

After the Gospel, the Deacon says:

The Gospel of Christ.

All Praise to you, Lord Jesus Christ.

#### The Sermon

A period of silent reflection follows the sermon.

#### The Nicene Creed

Deacon Let us confess our faith, as we say,

All We believe in one God, the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,

eternally begotten of the Father,

God from God, Light from Light, true God from true God,

begotten, not made, of one being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

was incarnate of the Holy Spirit and the Virgin Mary,

and became truly human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father.

Who with the Father and the Son is worshipped and glorified.

Who has spoken through the prophets.

We believe in one holy, catholic, and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

## The Prayers of the People

Please scan the QR code at the back of the bulletin.

### The Confession and Absolution

Deacon Let us confess our sins.

Silence may be kept.

All We confess that we have sinned against you and against one another, in thought,

and word, and deed. We are truly sorry for our pride, and for our lack of faith, of understanding and of love. We repent of our narrow-mindedness, of our bitterness and our prejudices. Pardon and forgive us, save us and renew us, that we may

delight in your will and walk in your ways; through Jesus Christ our Lord. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm

and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our

Lord.

All Amen.

#### The Peace

Presider The peace of the Lord be always with you.

All And also with you.

All may exchange a sign of peace.

# The Celebration of the Eucharist

## The Offertory

Thank you for your prayerful stewardship of the ministries of the Cathedral. Your generous gift of any amount matters, because your stewardship empowers our mission to advance the Good News of God's infinite love and mercy through our worship, ministries, formation, and service. You may make a gift using the offering plate being passed around at this time or refer to the back page of this bulletin to see other methods. Together with the gifts of bread and wine, we present our gifts at the altar as a sign of thanksgiving to God, from whom all good things come.

### Offertory Hymn

O for a Thousand Tongues to Sing

(CP 306)

Text: Charles Wesley (1707-1788), alt.

Music: RICHMOND, Thomas Haweis (1734-1820); adapt. Samuel Webbe the younger (1770?-1843).

1 O for a thousand tongues to sing my dear Redeemer's praise, the glories of my God and King, the triumphs of his grace.

2 Jesus! the name that charms our fears that bids our sorrows cease; 'tis music in the sinner's ears, 'tis life, and health, and peace.

3 He speaks, and, listening to his voice, new life the dead receive, the mournful broken hearts rejoice, the humble poor believe.

4 Hear him, ye deaf, ye voiceless ones, your loosened tongues employ; ye blind, behold your Saviour come, and leap, ye lame, for joy!

5 My gracious Master and my God, assist me to proclaim, to spread through all the earth abroad the honours of thy name.

# The Prayer over the Gifts

Presider O God,

All accept our praise and thanksgiving. Help us in all we do to offer ourselves as a true and living sacrifice; through Jesus Christ the Lord. Amen.

### The Great Thanksgiving

#### Eucharistic Prayer 2

BAS p. 196

Presider The Lord be with you.

All And also with you.

Presider Lift up your hearts.

All We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

All It is right to give our thanks and praise.

Presider We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ,

our Saviour and Redeemer [...] Now with all creation we raise our voices to proclaim the

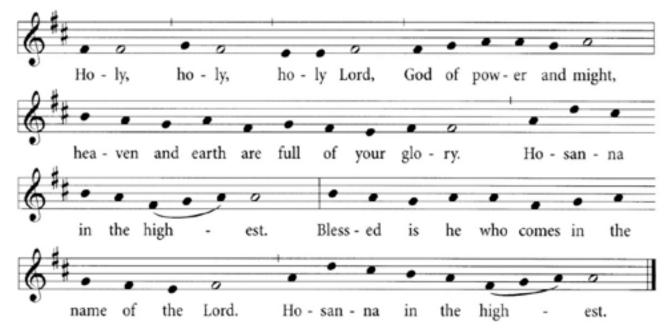
glory of your name.

#### Sanctus

#### Holy, Holy, Holy Lord

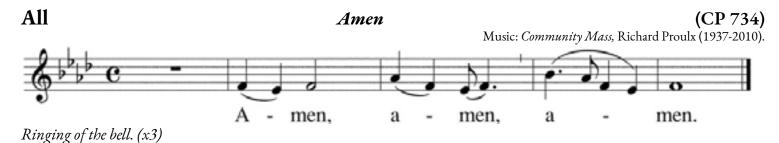
(CP 689)

Music: New Plainsong, David Hurd (1950-).



Presider

Holy and gracious God, accept our praise, [...] All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

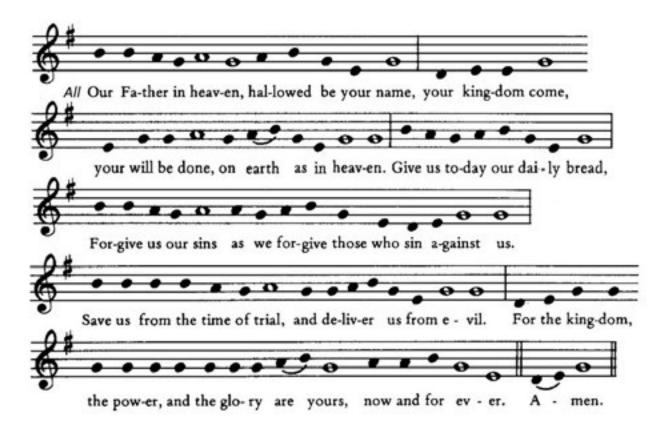


The Lord's Prayer

Setting: McNeil Robinson (1943-2015)



Presider As our Sa-viour taught us, let us pray,



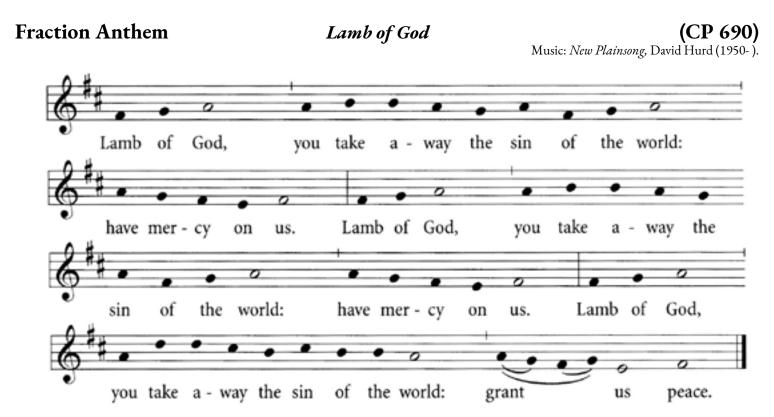
#### Fraction

Presider We break this bread to share in the body of Christ.

All We, being many, are one body, for we all share in the one bread.

Presider The gifts of God for the people of God.

All Thanks be to God.



#### The Communion

To receive the consecrated Bread, approach the altar and extend your hands to the minister with palms open. To receive the consecrated Wine, carefully guide the chalice to your lips. For public health, please do not dip the Bread into the Wine. If you do not wish to partake of the common cup, know that you receive the full efficacy of communion with only the Bread. If you do not wish to receive communion, you are invited to receive a blessing by approaching the altar and crossing your arms over your chest. You may also remain in your seat as you feel comfortable. If you are interested in learning about baptism, please contact a member of our clergy. During communion, Healing Prayer is offered for all people in the west alcove. Please respect the confidentiality of the people praying by not entering the alcove during prayer time.

### **During Communion**

#### Blest Are the Pure in Heart

(CP 439)

Text: St. 1, 4, John Keble (1792-1866), alt.; st. 2-3, *Mitre Hymn Book*, 1836, alt. Music: FRANCONIA, melody Johann Balthasar König (1691-1758); adapt. William Henry Havergal (1793-1870).

1 Blest are the pure in heart, for they shall see our God; the secret of the Lord is theirs, their soul is Christ's abode.

2 The Lord, who left the heavens our life and peace to bring, to dwell in lowliness with us, our pattern and our King, 3 still to the lowly soul his presence doth impart, and for a dwelling and a throne chooseth the pure in heart.

4 Lord, we thy presence seek; may ours this blessing be: give us a pure and lowly heart, a temple fit for thee.

### The Prayer after Communion

Presider Let us pray.

O God,

All

as we are strengthened in these holy mysteries, may our lives be a continual offering, holy and acceptable in your sight; through Jesus Christ our Lord. Amen.

### The Doxology

Presider Glory to God,

All

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the Church and in Christ Jesus, for ever and ever. Amen.

# [Commissioning for lay ministers who will be taking communion to those not able to participate in the Eucharist at the church:

Presider In the name of this congregation, I send you forth bearing Holy gifts, that those to whom

you go may share with us in the body and blood of Christ.

All We who are many are one body, because we share one bread, one cup.]

## The Blessing

### **Closing Hymn**

#### The Kingdom of God Is Justice and Joy

(CP 631)

Text: Byrn Austin Rees (1911-1983).

Music: PADERBORN, melody German trad.; Catholisch-Paderbornisches Gesangbuch, 1765; harm. attrib. Sydney Hugo Nicholson (1875-1947),

Hymns Ancient and Modern, 2nd Supplement, 1916.

1 The kingdom of God is justice and joy, for Jesus restores what sin would destroy. God's power and glory in Jesus we know, and here and hereafter the kingdom shall grow.

2 The kingdom of God is mercy and grace; the captives are freed, the sinners find place. The outcasts are welcomed God's banquet to share, and hope is awakened in place of despair.

3 The kingdom of God is challenge and choice: believe the good news, repent and rejoice! His love for us sinners brought Christ to his cross, our crisis of judgement for gain and for loss.

4 God's kingdom is come, the gift and the goal, in Jesus begun, in heaven made whole. The heirs of the kingdom shall answer his call, and all things cry "Glory!" to God All-in-All.

#### **Dismissal**

*Deacon* Go forth into the world in the power of the Spirit.

All Thanks be to God.

**Postlude** 

"Menuet Gothique," from Suite Gothique, op. 25

Léon Boëllmann (1862-1897)

# **Eucharistic Prayer 2**

The model for this prayer is that which is found in the Apostolic Tradition of Hippolytus (c. 215). This is one of the most ancient eucharistic prayers that has come down to us. It has served as the basis for a number of Anglican, Lutheran, and Methodist revisions as well as for the second of the new Roman Catholic eucharistic prayers.

# The Chronicle Newsletter

Scan the QR code for the latest Chronicle newsletter.



# The Prayers of the People

Scan the QR code for the prayers.

e-Transfer



# The Ministers of the Liturgy

Presider	The Very Reverend Christopher Pappa	s <b>Regimental Alcove</b>	Ian Birtwell
Preacher	The Reverend Clare Morgan	Regimental Alcove	The Reverend Matthew Senf
Deacon	The Reverend Juanita Clark	ASL Interpreter	Vanessa Coley-Donohue
Subdeacon	Matthew Nichiporuk	Music	Cantors from the Cathedral Choir
MC	The Reverend Claude St-Denis		Dr. Neil Cockburn (Org. & Dir. of Music)
Servers	Junoh Bede, Jane Callen,	Sound/Livestream	Building Staff
	Dana Osborne	Welcoming Team	Bill Orr, Lorna Grant,
Readers	Peter Schouls, Dorothy Watts		Nura Mohammed,
Intercessor	Byron Jang		Dot Roulson,
Breadmaker	Dot Roulson		Miles Lubinich
Gospel Station	Harry Kim	Duty Trustee	Shehnaz Hozaima Cavey
Gospel Station	The Reverend Claude St-Denis	Altar Guild	Sarah Nation,
Preacher Station	Susan Wade		Marilyn Campbell
Presider Station	Andrea Gailus	Healing Prayer Team	Susan Alexander, Cynthia Turley

Today Sorrento Week with the Cathedral | July 20 - 26, 2025

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An envelope is enclosed for your convenience to give cash or cheque.

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QR code above.



Tip Tap donations are non-receiptable.

This worship takes place on the traditional, ancestral, and unceded territory of the xwma0kwayam (Musqueam), Skwxwú7mesh (Squamish), and Səlilwəta? (Tsleil-Waututh) nations, in the heart of Vancouver.