

Sixth Sunday after Pentecost

20 July, 2025



St. Helen's
Anglican Church of Canada
Diocese of New Westminster

GATHERING OF THE COMMUNITY

OPENING HYMN Blessed Jesus, At Your Word

CP 559

All stand.

In this time and place
We gather on the ancestral lands of the Musqueam nation
From many places and peoples we come to this house of prayer.

In this time and place
We meet in the presence of the living God
The living God who creates us and all that is.

In this time and place
The risen Christ stands in our midst.
The risen Christ who accompanies us and all people.

In this time and place
God's Holy Spirit breathes in and through us
The Holy Spirit who transforms us and all life.

In this time and place
Together, one people of God.
**+ In the name of God, Source of all being,
Eternal Word and Holy Spirit. Amen.**

INVITATION TO CONFESSION

Jesus said:
Before you offer your gift,
go and be reconciled.
As siblings in God's family,
we come together to ask our Father for forgiveness.

KYRIE CONFESSION

Remember, Lord, your compassion and love,
for they are everlasting.

Kyrie Eleison (sung once)

CP 706

Remember not the sins of my youth or my transgressions,
but think on me in your goodness, O Lord,
according to your steadfast love.

Christie Eleison (sung once)

CP 706

O keep my soul and deliver me;
let me not be put to shame, for I have put my trust in you.

Kyrie Eleison (sung once)

CP 706

ABSOLUTION

May almighty God have mercy on you,
forgive you your sins,
and bring you to everlasting life.

Amen.

COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray:

Almighty God,
your Son has opened for us
a new and living way into your presence.
Give us pure hearts and constant wills

to worship you in spirit and in truth;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

THE LITURGY OF THE WORD

FIRST READING AMOS 8:1-12

Angela White

A reading from the book of Amos

This is what the Lord God showed me - a basket of summer fruit. He said, "Amos, what do you see?" And I said, "A basket of summer fruit." Then the Lord said to me, "The end has come upon my people Israel; I will never again pass them by. The songs of the temple shall become wailings in that day," says the Lord God; "the dead bodies shall be many, cast out in every place. Be silent!" Hear this, you that trample on the needy, and bring to ruin the poor of the land, saying, "When will the new moon be over so that we may sell grain; and the sabbath, so that we may offer wheat for sale? We will make the ephah small and the shekel great, and practise deceit with false balances, buying the poor for silver and the needy for a pair of sandals, and selling the sweepings of the wheat." The Lord has sworn by the pride of Jacob: Surely I will never forget any of their deeds. Shall not the land tremble on this account, and everyone mourn who lives in it, and all of it rise like the Nile, and be tossed about and sink again, like the Nile of Egypt? On that day, says the Lord God, I will make the sun go down at noon, and darken the earth in broad daylight. I will turn your feasts into mourning, and all your songs into lamentation; I will bring sackcloth on all loins, and baldness on every head; I will make it like the mourning for an only son, and the end of it like a bitter day. The time is surely coming,

says the Lord God, when I will send a famine on the land; not a famine of bread, or a thirst for water, but of hearing the words of the Lord. They shall wander from sea to sea, and from north to east; they shall run to and fro, seeking the word of the Lord, but they shall not find it.

The Word of the Lord.

Thanks be to God.

PSALM 52



You tyrant, why do you boast of wickedness
against the godly all day long?
You plot ruin; your tongue is like a sharpened razor,
O worker of deception.
You love evil more than good
and lying more than speaking the truth.
You love all words that hurt, O you deceitful tongue. **R.**

Oh, that God would demolish you utterly,
topple you, and snatch you from your dwelling,
and root you out of the land of the living!
The righteous shall see and tremble,
they shall laugh at you, saying,
"This is the one who did not take God for a refuge,
but trusted in great wealth and relied upon wickedness." **R.**

But I am like a green olive tree in the house of God:
I trust in the mercy of God for ever and ever.
I give you thanks for what you have done
and declare the goodness of your name
in the presence of the godly. **R.**

SECOND READING

COLOSSIANS 1:15-28

Matt Powell

A reading from the Letter of Paul to the Colossians

He is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross. And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the

mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

The Word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

CP 712

Alleluia, Alleluia.

The Word of God came and lived here among us, so all who believe might be the children of God. **Alleluia.**

THE HOLY GOSPEL

LUKE 10:38-42

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Luke

Glory to you, Lord Jesus Christ.

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

The Gospel of Christ.
Praise to you, Lord Jesus Christ.

GOSPEL ACCLAMATION

CP 712

Alleluia, Alleluia.

The people are invited to sit.

SERMON

The Rev. Jeffrey Priess

AFFIRMATION OF FAITH

Let us affirm our faith, as together we say:

**You, O God, are Creator of all,
by whom every being in heaven and earth
is fashioned, named, and sustained.
You call us each by name.**

**You, O God, are Living Word,
who came and pitched your tent with us,
lived and died and rose again.
You speak to us now through faith.**

**You, O God, are Holy Spirit,
who comforts, strengthens, and inspires,
sending us forth to share your love.
You are the breath of grace.**

**You, O God, are Trinity:
Creator, Word, Spirit;
artist, healer, friend.**

**You are holy mystery.
We worship you. Amen.**

PRAYERS OF INTERCESSION

David Van Blarcom

Please stand as you are able.

THE PEACE

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you.

And also with you.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided at the back of the leaflet for those who prefer to donate online. During the collection, a hymn is sung.

OFFERTORY HYMN The Lord's My Shepherd

CP 519

PRAYER OVER THE GIFTS

Let us pray:

O God,

accept our praise and thanksgiving.

Help us in all we do

to offer ourselves as a true and living sacrifice;

through Jesus Christ the Lord. **Amen,**

EUCCHARISTIC PRAYER

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

We give you thanks and praise, almighty God,

for the gift of a world full of wonder,

and for our life which comes from you.

By your power you sustain the universe.

Glory to you for ever and ever.

You created us to love you with all our heart,

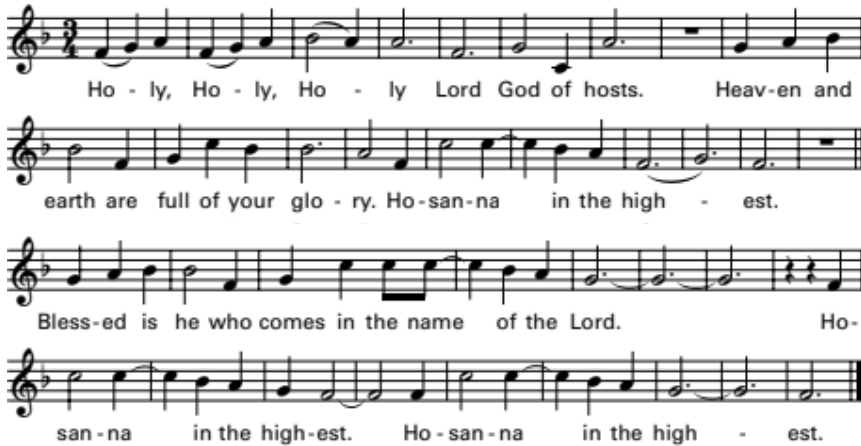
and to love each other as ourselves,

but we rebel against you by the evil that we do.

In Jesus, your Son, you bring healing to our world

and gather us into one great family.

Therefore, with all who serve you on earth and in heaven,
we praise your wonderful name, as we sing,



We give you thanks and praise, loving Father,
because in sending Jesus, your Son,
to us you showed us how much you love us.
He cares for the poor and the hungry.
He suffers with the sick and the rejected.

Betrayed and forsaken,
he did not strike back but overcame hatred with love.
On the cross he defeated the power of sin and death.
By raising him from the dead you show us the power of your love
to bring new life to all your people.
Glory to you for ever and ever.

On the night before he gave up his life for us,
Jesus, at supper with his friends, took bread,
gave thanks to you, broke it, and gave it to them, saying,
“Take this, all of you, and eat it:
this is my body which is given for you.”

After supper, Jesus took the cup of wine,
said the blessing, gave it to his friends, and said,
“Drink this, all of you: this is the cup of my blood,
the blood of the new and eternal covenant,
which is shed for you and for many, so that sins may be forgiven.
Do this in memory of me.”

Glory to you for ever and ever.

Gracious God, with this bread and wine
we celebrate the death and resurrection of Jesus,
and we offer ourselves to you in him.
Send your Holy Spirit on us and on these gifts,
that we may know the presence of Jesus in the breaking of bread,
and share in the life of the family of your children.

Glory to you for ever and ever.

Father, you call us to be your servants;
fill us with the courage and love of Jesus,
that all the world may gather in joy at the table of your kingdom.
We sing your praise, almighty Father,
through Jesus, our Lord, in the power of the Holy Spirit,
now and for ever.

Glory to you for ever and ever. Amen.

THE LORD’S PRAYER

As our Saviour taught us, let us pray,
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.
 Forgive us our sins
 as we forgive those who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

THE BREAKING OF THE BREAD

This is the bread of life given in love for us.
 This is the cup of restored relationship with God.
 These are the gifts of God for all God's people.
Thanks be to God.

LAMB OF GOD



COMMUNION HYMN

Father, We Thank Thee Who Hast Planted CP 81
 The Tree of Life My Soul Hath Seen CP 48

PRAYER AFTER COMMUNION

The Lord be with you.

And also with you.

Let us pray:

O God,
as we are strengthened in these holy mysteries,
may our lives be a continual offering,
holy and acceptable in your sight;
through Jesus Christ our Lord. **Amen.**

BLESSING

The Wisdom of God
the Love of God
and the Grace of God
strengthen you
to be Christ's hands and heart in this world,
+ in the name of the Holy Trinity. **Amen.**

DISMISSAL

Let us go in peace to love and serve the Lord.

Thanks be to God.

RESESSIONAL HYMN O for a Thousand Tongues to Sing CP 306

*Please be seated for the postlude. The community disperses in silence.
In respect of those who may linger in contemplation, conversation is
reserved for the narthex.*

St. Anselm's and St. Helen's Bowling Challenge and Pot Luck Supper Sunday Aug 3 - 4pm to 8pm at WPG Lawn Bowling Club

We will gather at 4pm on Sunday August 3 at West Point Grey Lawn Bowling Club located at 6th Ave and Trimble (next to the tennis courts and across the street from St. Helen's). There is plenty of free street parking, there are bus stops on 10th Ave or 4th Ave.

If you would like to bowl, please email Heather (heatherhf2003@yahoo.ca) by Wed July 30th to give time to make up the teams for play (3 or 4 per team depending on how many want to play). If you would like to be on a team with a particular person, mention that as well. If you will be bowling please wear comfortable clothing and flat (no heels) soft soled shoes to protect the bowling greens from damage. Whether bowling or cheering from the sidelines, don't forget a sun hat and sun screen. You may also want to bring a water bottle, there is a water fountain and benches for seating at the club.

We will have a short intro to lawn bowling and then start the first game at 4:30pm so if you sign up for a team please plan to arrive by 4pm. We will bowl 2 games of 45 minutes each with a short break between games to change rinks and challengers. If you have never lawn bowled before, check out the short video below - it is great fun.

Around 6pm after the bowling, we will have a picnic at the club. We are asking each family to bring a "ready to serve" dish to share. Ideas of what to bring are: Salads, cooked meats (chicken, cold cuts), sandwiches, veggies & dip, cheese & crackers, fruit, cookies/squares, or a traditional family favourite. Paper plates, cutlery, glasses and lemonade will be provided.

If you have any questions, please feel free to contact Heather at heatherhf2003@yahoo.ca.

How to Contribute to St. Helen's Financially

We deeply appreciate financial contributions to our shared congregational life and mission. The best ways to donate are:

- Set up a Pre-Authorized Donation - simply send an email to sthelenswpg@gmail.com to get started or change your amount
- Donate via interact e-transfer to sthelenswpg@gmail.com
- Scan the QR code to the right or visit sthelensvancouver.com/give to donate via credit card
- Use one of the envelopes available at the back of the church by the offering plate to donate via cheques or cash



Volunteers for this week:

Intercessor: Hepsi Chand

Readers: Angela White, Matt Powell

Counter: Dale O'Brien

Zoom: Irene Vavasour

Volunteers for next week:

Intercessor: David Van Blarcom

Readers: Liz Hodgson, Gillian Moore

Counter & Zoom: Lynn Raymond

Connect with us:

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