



St. Paul's News Bulletin

July 20, 2025



Welcome Everyone! Please join us **after the service for coffee and goodies each Sunday.** If you are new to St. Paul's, we would be happy to provide a welcome package.

FLCC volunteer meeting: On **July 27, immediately after the 10 a.m. service**, there will be a brief meeting in the chapel to explain the Father Lacombe Care Centre ministry. St. Paul's provides a short Eucharist service with hymn singing every six weeks at FLCC. The next service date is **Aug. 10 at 2:30 p.m.** Volunteers are needed for a variety of roles. Please see Deacon Betty or Kathleen.

Living Waters: The deadline for the August/September issue of *Living Waters* is **Sunday, July 27.** Please submit to office@stpaulscalgary.ca

Heritage Sunday Potluck Lunch: Please join us **Aug. 3 at 11:30 a.m.** for a potluck lunch to celebrate the Heritage Day long weekend! Bring a dish from your native country or anything you would like to share. Label which country it is from. All welcome.

Angel Tree Ministry: St. Paul's would like a small (3-4 ft.) Christmas tree in support of this ministry. If you have a used tree in good shape to donate, please contact the parish office.

Ladies' Luncheon: Saturday, **Aug. 9** starts at 11:20 a.m. This month we will be sharing wisdom. Bring a friend, meet a friend, make a friend.

Men's Breakfast: The next date is Saturday, **Aug. 16** at 8:30 a.m. at St. Paul's. All men 13+ are invited to join great food and fellowship!

Alpha Course: We will begin an Alpha Course series on **Sept. 24.** If you're interested in joining the team, please speak with Father Tony.



Walking Group: On **Mondays at 9 a.m.**, join a walk through a local park. The schedule of locations is on the St. Paul's website under Events.

Wednesday Bible Study: Morning Bible Study 10:30 a.m. New members are welcome.

Rider's Ministry: This ministry helps seniors and others attend our Sunday Eucharist by providing transportation to and from church. Please see the sign-up sheets in the hall: one for those who need a ride and one for those who can volunteer to drive occasionally.

St. Mary's Food Pantry: We have a bin beside the freezer to collect donations of non-perishable food for students at St. Mary's University. Ongoing donations welcome.



Coffee Time Chart: The 2025 Coffee Time Chart is available in the Parish Hall. Please consider volunteering for this vital part of our Parish family life. Training is available.

Food for Others Sunday: If there are five Sundays in a month, that day is Food for Others Sunday, to draw attention to our collection of non-perishable items for the Calgary Food Bank. The next one is **Aug. 31**, but we encourage donations be left in the marked box by the main entrance year found.

Morning Prayer: A service of Morning Prayer is held Wednesdays at 9:30 a.m. All are welcome.

St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428

e-mail: office@stpaulscalgary.ca

website: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling

Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

Wardens: Paul Bourgeois & Ingrid Bolton

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

X: @stpaulscalgary

Instagram: [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Outreach

When natural or human-made disasters occur, the race is on to save lives and alleviate suffering. Immediate medical care, food, clean water, sanitation and shelter can significantly increase survival rates. Every year Alongside Hope responds to emergencies in Canada and around the world. Long after a crisis disappears from the headlines, the need to contribute to long-term recovery persists, and again, Alongside Hope and our partners are there.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is today, **Aug. 31**.

Inreach Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.



Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

Chemo Care Bag: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet on the first & third Wednesdays of each month at 1 pm, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed. **There will be no meeting until Sept.**

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office.

Hunger for Healing, a Christian Twelve Step Programme, meets every Wednesday 11:30 a.m. to 1:30 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

Check out these opportunities to participate

2025 Flower Chart is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Servers: we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

Card Ministry: If you know anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would appreciate receiving a greeting card from the St. Paul's Family, please contact

Pauline Payne at 403-988-2546 or email her at Pauline_payne1@yahoo.com.

Casserole Ministry: If someone would benefit from receiving a casserole, please **contact Linda Hubert or help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and then put in freezer.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

We are looking for volunteers to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

- Sunday:** **Holy Eucharist 10 a.m.**
 Handchimes Practice 11:30 –12 p.m.
 Word to World Ministries Canada: 2 - 3 p.m.
 Philippines Independent Church (IFI) 4 p.m.
- Monday:** **Walking Group:** 9 a.m. (see the St. Paul's website under events for locations)
 St. Paul's Stringers rehearsal: 7:30 p.m.
 Prayer Group - meetings held both in person and online: 1:30 p.m.
 (2nd Monday of the month **in-person**)
 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:**
- Wednesday:** **Morning Prayer:** 9:30 a.m.
 Bible Study: 10:30 a.m.
 Hunger for Healing: 11:30 a.m. (in the Chapel Room)
 Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
- Thursday:** TOPS (Taking off Pounds Sensibly): 6:00 p.m.
 Choir Practice: 7:30 p.m.
 (If you'd like to join Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)
- Friday:** **Handchimes Practice** 10 - 11 a.m.
 S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website)
 Coffee House: 7 p.m. second Friday on alternate months. **Next date is Sept. 12**
- Saturday:** **Ladies Luncheon:** 11:20 am -2nd Saturdays. **Next date Aug. 9**
 Men's Breakfast: 8:30 am - 3rd Saturdays (at St. Peter's alternate month
 Check website to confirm location). **Next date is Aug. 16 at St. Paul's.**



Welcome to newcomers and visitors

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home.

Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. We are so glad you were able to join us.

Two exciting opportunities for the Youth of our Parish!
POP is a volunteer group helping in the community and S.P.Y. Group is a social group. All youth are welcome at both!

St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Type Youth Group into the search to find the page. To register use this QR code



Pioneers of Paul (POP) - our youth volunteer group



Alpha House rebuilding supplies after small fire

Alpha House is fully operational but working on rebuilding its stocks of client supplies after a small fire in May. That and other news is included in its latest Alpha House Updates newsletter. For more [click here](#):

Our Ministries

CASSEROLE MINISTRY: Linda Hubert

This ministry provides casseroles to families or individuals who need support during an illness or crises in their lives. A group of volunteers provide casseroles, which are frozen until they are needed. If you are interested in helping, make casseroles or if you know of anyone who would benefit from this ministry please contact the Parish office. The casseroles are kept in the big freezer by the front door. If you would like to contribute a casserole or know someone who needs one, please help yourself.

GREETING CARD MINISTRY: Pauline Payne

This ministry is a parish outreach to those who are ill, have suffered a loss, need support, or have had a special or joyous event. A card from the parish is sent out to let the individual or families know that their St. Paul's family is thinking of them. Currently one person takes care of this ministry. If you know of anyone who would benefit from this ministry, please contact the Parish Office.

Stewardship Reflections:

*"...I am a minister in accordance with God's stewardship given to me to bring to completion for you the word of God."
Colossians 1:25*

We are all called to evangelize—sharing the Gospel through both actions and words. While we may not preach like St. Paul, we can witness to our faith in everyday moments, especially with those closest to us. Pray for the courage to joyfully share your faith when the opportunity comes.

<https://resources.archstl.org/article/359120/stewardship-bulletin-inserts>

Financial News

Our deficit at the end of June was \$7,397. Thank you to everyone for helping support our mission financially in these challenging times.

