



SHAMELESS AUDACITY

the audacity of just sitting there

On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

July 20, 2025

The Sixth Sunday after Pentecost



Welcome!

We are so glad you have come to St. Mark's today!

In this place we do two primary things: we give thanks to God and pray for the world. If there is something on your heart you need to share with God, this is the right place to share it.

*You are God's Beloved Child, and you belong **here**.*

This morning in worship...

Today, we continue our three-part sermon series called Shameless Audacity. Using the story of Mary and Martha, we will consider how we are called to be audacious in our sitting down. We get so caught up in doing that, our tanks get empty. How can we serve with empty hearts?

These flowers are given this week to the Glory of God and to give thanks to God for His goodness and love. To dedicate flowers, connect with Kathryn at 778.549.0858 or hkmasmitheshaw.ca

Today's Scripture

From Introductions to the Lessons by Bill Bennett.

Amos 8:1-12 Amos is uncompromising in his denunciation of the injustices within Israel, and the greed that has brought deprivation to the poor. It shall end in disaster, all of which happened in 722 BC when Assyria conquered the northern kingdom.

Colossians 1:15-28 To counter quasi-mystical beliefs arising among some members in the church, Paul emphasises the supremacy of Christ in the universe and the wider church.

Luke 10:38-42 Jesus receives the hospitality of Martha and Mary in their Bethany home, and counsels both.

For Children

Children will gather after the opening songs for a commissioning and then return for communion. All of our staff and volunteers have had a criminal record check and have been approved for ministry with vulnerable people.

For Youth

Following the opening songs, the youth will gather for a spiritual conversation.

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.

Next Week: July 27

The Seventh Sunday after Pentecost

Hosea 1.2-10; Psalm 85; Colossians 2.6-15; Luke 11.1-13

The Reverend David Taylor preaches & presides.

the Gathering of the Community

Blessed Assurance

Fanny Jane Crosby | Phoebe Palmer Knapp

**Blessed assurance, Jesus is mine.
O what a foretaste of glory divine!
Heir of salvation, purchase of God,
born of his Spirit, washed in his blood.**

*This is my story, this is my song,
praising my Saviour all the day long;
this is my story, this is my song,
praising my Saviour all the day long.*

**Perfect submission, perfect delight!
Visions of rapture now burst on my sight;
angels descending, bring from above,
echoes of mercy, whispers of love.**

**Perfect submission, all is at rest,
I in my Saviour am happy and blest;
watching and waiting, looking above,
filled with his goodness, lost in his love.**

The grace of our Lord Jesus Christ and the
love of God, and the communion of the Holy
Spirit be with you all.

And also with you.

Almighty God,
**to you all hearts are open, all desires
known, and from you no secrets are
hidden. Cleanse the thoughts of our
hearts by the inspiration of your Holy
Spirit, that we may perfectly love you, and
worthily magnify your holy name; through
Christ our Lord. Amen.**

Common Praise 435

**Take my life, and let it be
consecrated, Lord, to thee;
take my moments and my days,
let them flow in ceaseless praise.**

**Take my hands, and let them move
at the impulse of thy love;
take my feet, and let them be
swift and purposeful for thee.**

**Take my lips, and let them be
filled with messages from thee;
take my intellect, and use
every power as thou shalt choose.**

**Take my will, and make it thine;
it shall be no longer mine;
take my heart, it is thine own;
it shall be thy royal throne.**

**Take my love: my Lord, I pour
at thy feet its treasure store;
take myself, and I will be
ever, only, all for thee.**

Eternal God,

**you draw near to us in Christ and make
yourself our guest: amid the cares of our
daily lives, alert us to your presence and
make us attentive to your voice, so that
we may treasure your word above all
else. We ask this through Jesus Christ,
your Son. Amen.**

Commissioning of the Children

We have a wonderful program for your child this morning. They will return for Communion. Please note that all our children's workers have had a criminal record check and are approved by the Diocese of New Westminster to work with vulnerable people.



The peace of the Lord be always with you.

And also with you!

the Proclamation of the Word

We have large-print versions of the Scripture available for those who need one. Please ask a greeter for one.

The Book of the Prophet Amos (8: 1-12).

Listen for God's Word.

Our hearts are open.

Psalms 52

You tyrant,

why do you boast of wickedness

against the godly all day long?

You plot ruin;

your tongue is like a sharpened razor,

O worker of deception.

You love evil more than good

and lying more than speaking the truth.

You love all words that hurt,

O you deceitful tongue.

Oh, that God would demolish you utterly,

topple you, and snatch you from your dwelling, and root you out of the land of the living!

The righteous shall see and tremble,

and they shall laugh at you, saying,

"This is the one

who did not take God for a refuge,

but trusted in great wealth

and relied upon wickedness."

But I am like a green olive tree

in the house of God;

I trust in the mercy of God

for ever and ever.

I will give you thanks

for what you have done

and declare the goodness of your name in the presence of the godly.

The Letter of Paul to the Colossians (1:15-28)

Listen for God's Word.

Our hearts are open.

Common Praise 132

Of eternal Love begotten

ere the worlds began to be,

he is Alpha and Omega,

he the source, the ending he,

of the things that are and have been,

and that future years shall see,

evermore and evermore.

At his Word the worlds were framed.

He commanded, it was done:

heaven and earth and depths of ocean

in their threefold order one;

all that grows beneath the shining

of the moon and burning sun,

evermore and evermore.

O ye heights of heaven, adore him;

angel hosts, his praises sing,

all dominions, bow before him,

and extol our God and king;

let no tongues on earth be silent,

every voice in concert ring,

evermore and evermore.

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ
according to Luke.

Glory to you, Lord Jesus Christ

Luke 10:38-42

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Sermon Notes



The Affirmation of our Faith

**Hear, O Israel,
the Lord our God, the Lord is one.
Love the Lord your God
with all your heart,
with all your soul,
with all your mind,
and with all your strength.**

This is the first and the great commandment.

The second is like it:

Love your neighbour as yourself.

There is no commandment greater than these.

The Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

the Celebration of the Eucharist

Please be seated as we gather our offering to present to God. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. Today we use Eucharistic Prayer 2 from the BAS.

Common Praise 500

**Sister, let me be your servant,
let me be as Christ to you;
pray that I may have the grace
to let you be my servant too.**

**We are pilgrims on a journey,
fellow travellers on the road;
we are here to help each other
walk the mile and bear the load.**

**I will hold the Christ-light for you
in the night-time of your fear;
I will hold my hand out to you,
speak the peace you long to hear.**

**I will weep when you are weeping;
when you laugh I'll laugh with you.
I will share your joy and sorrow
till we've seen this journey through.**

**When we sing to God in heaven,
we shall find such harmony,
born of all we've known together
of Christ's love and agony.**

**Brother, let me be your servant,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The priest continues in prayer.

Sanctus

**Holy, holy, holy, Lord, God of power and
might, heaven and earth are full of your
glory. Hosanna in the highest. Blessed is
the one who comes in the name of the
Lord. Hosanna in the highest.**

The priest continues in prayer.

The Lord's Prayer

**Our Father in heaven, hallowed be your
name, your kingdom come, your will be
done, on earth as in heaven. Give us
today our daily bread. Forgive us our
sins as we forgive those who sin against
us. Save us from the time of trial, and
deliver us from evil. For the kingdom, the
power, and the glory are yours, now and
for ever. Amen.**

"I am the bread of life," says the Lord.

"Whoever comes to me

will never be hungry;

whoever believes in me will never thirst."

**Taste and see that the Lord is good;
happy are they who trust in him!**

The gifts of God for the Children of God.

Thanks be to God.

All are invited to receive Communion.

*If you would like to learn more about baptism, please connect with the minister.
Prayer for healing is offered during communion on the right side of the sanctuary.*

Common Praise 234

**Lift your voice rejoicing, Mary,
Christ has risen from the tomb;
on the cross a suffering victim,
now as victor he is come.
Whom your tears in death were mourning,
welcome with your smiles returning.
Let your alleluias rise!**

**Raise your weary eyelids, Mary,
see him living evermore;
see his countenance, how gracious,
see the wounds for you he bore.
All the glory of the morning
pales before those wounds redeeming.
Let your alleluias rise!**

**Life is yours for ever, Mary,
for your light is come once more
and the strength of death is broken;
now your songs of joy outpour.
Ended now the night of sorrow,
love has brought the blessed morrow.
Let your alleluias rise.**

The Steadfast Love of the Lord
Edith McNeill

**The steadfast love
of the Lord never ceases,
his mercies never come to an end.
They are new every morning,
new every morning,
great is thy faithfulness, O Lord,
great is thy faithfulness.**

Common Praise 458

**Seek ye first the kingdom of God
and God's righteousness,
and all these things
shall be added unto you.
Allelu, alleluia.**

*Alleluia, alleluia, alleluia.
Allelu, alleluia.*

**Ask and it shall be given unto you;
seek and you shall find;
knock and the door
shall be opened unto you.
Allelu, alleluia.**

Announcements

Glory to God,
**whose power, working in us, can do
infinitely more than we can ask or
imagine. Glory to God from generation to
generation, in the Church and in Christ
Jesus, for ever and ever. Amen.**

Blessing

Great is Thy Faithfulness

Thomas O. Chisholm

Great is thy faithfulness, O God my Father.

There is no shadow of turning with thee.

Thou changest not,

thy compassions, they fail not.

As thou hast been thou forever wilt be.

Great is thy faithfulness!

Great is thy faithfulness!

Morning by morning new mercies I see.

All I have needed thy hand hath provided.

Great is thy faithfulness, Lord, unto me!

Summer and winter,

and springtime and harvest,

sun, moon, and stars

in their courses above,

join with all nature in manifold witness

to thy great faithfulness, mercy, and love.

Pardon for sin and a peace that endureth,

thine own dear presence

to cheer and to guide,

strength for today

and bright hope for tomorrow;

blessings all mine,

with ten thousand beside!

Go in the peace and joy of the Holy Spirit.

Thanks be to God!

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Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark – Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the greeter, or the priest.

Donations can be made

by **cash** or **cheque**

(made out to the Parish of St. Mark – Ocean Park),

by **Pre-Authorized Debit** (PAD),

at the **Electronic Donation Station** (EDS) in the foyer (please ask the usher for assistance),

by **e-Transfer** at

stmark.op.treasurer@gmail.com, or

through **CanadaHelps** on our website.

If you would like donation **envelopes**, please connect with the office.

All donations will receive a tax-receipt in February of the following year.



The Pulse

This week at the Parish

Wednesday Holy Communion, 10 am
Saavy Seniors

Daily Gospel Readings

Mark 4:1-20	Monday
Mark 15: 37-16:7	Tuesday
Mark 4:35-41	Wednesday
Mark 5:1-20	Thursday
Matthew 10:16-32	Friday
Mark 6:1-13	Saturday

Children Youth & Family Ministry

Did you know!

**Wednesday July 23rd Is Family Game day
here at St Mark's!**

Come and beat the heat!

**Bring your friends and family, bagged
lunch and enjoy fellowship and fun
playing games in the family room!**

RSVP to yministryrsvp@gmail.com

**Sunday Junior Church Program
Come and explore the Gospel with us!**

Please note: During the Summer months
of July and August we will have Jr
Church in the Family room. join us as we
explore the Gospel and walk with Jesus.

Group 1: Grades K to 7

Group 2: Grades 8-12

***A sensory space is available for all
those who would like to use it.***

Youth Group Fridays

Grades 8 - 12

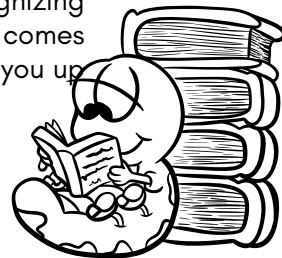
Beach Day: Details to come closer to the day.

All are welcome!

email yministryrsvp@gmail.com with any inquiries.

Library News

Whitney Garrison has a rare neurological condition that prevents her from recognizing human faces. Her life takes a turn when she witnesses a murder and the killer comes after her. Everywhere To Hide by Siri Mitchell is a real page turner that will keep you up burning the midnight oil.



News & Events

Vacation Bible School

REGISTRATION NOW OPEN!

August 18th-21st from 9am to 1pm

Grades K - G7

Cost is \$30.00 per participant

(No one will be turned away, please reach out St Mark's office for assistance)

604-535-8841

Volunteers needed!

Contact Sarah at ymautio@gmail.com

Spiritual Practice Workshops

1st Sunday of the Month at 7pm

\$20 registration fee

Upcoming Workshops:

August 3: Music and Art with Jason Wood, recording artist. You can find his music at theforestarchive.bandcamp.com

September 7: Embodied Prayer with the Reverend Jessica Schaap, Missioner for Christian Formation for the Diocese.

A church home away from home

Whether you're visiting family, exploring the country or enjoying some time away, you can still gather for worship. Visit findachurch.ca to find local congregations of the Anglican Church of Canada.

The Lunch Basket for Hungry Children

is the primary program of your Community Outreach Ministry. Seven (7) Mothers and fourteen (14) children are directly impacted by the funding that we at St. Marks are providing them each month.

This program was started with one parishioners vision — to ensure that young children don't go to school hungry - we are proud to carry his vision forward every month and every year.

As we are all aware the cost of groceries has increased, therefore the Outreach Ministry has made a decision to increase the amount we give these families. Therefore, if you are able to give more than the requested \$75. That would be greatly appreciated.

HAVE NEWS OR AN UPCOMING EVENT TO SHARE?

-Want to submit an article with pictures?

-Have an event to include on the Parish Website and Parish calendar? Send us details.

-Something newsworthy happening in our Parish? Contact Maryellen with information and we'll find the best way to share it with the Parish.

office@stmarkbc.org

Graduation Bursaries

Each year the Parish of St. Mark – Ocean Park offers bursaries to our high school graduates. This year our bursaries were bolstered by another bursary: **The Ian Norman Shaw Memorial Bursary**. This is a new bursary provided by parishioners Jeannie and Barry Shaw to further the post-secondary education of a parish high school graduate in memory and honour of their late son, Ian.

Ian was born on July 9, 1976, in New Westminster, BC. He grew up in North Delta before settling in Mission, where he started his family and built a life filled with love, adventure, and community. Ian pursued a career as a corrections officer at Fraser Regional Corrections Centre, where he was a well-respected and admired leader. He will be remembered by his many contributions, including his dedication as a long-standing member on the emergency response team. His mentorship and kind heart left a lasting impact on his colleagues and all who were fortunate to know him.

This year we are pleased to say that the Ian Norman Memorial Bursary was received by Oliver Reynolds.

If you would like to support Parish Bursaries for our graduating students, please get in touch with David.



Lunch Baskets for Hungry Children

The Lunch Basket is provided this week by Chris & Leslie Ann Hebb to mark the Wedding Anniversary of Leslie Ann's parents, Bill (deceased) & Irene Snow (in Long Term Care). It is made with hearts of gratitude for their faith in God – Father, Son & Holy Spirit – and their loving dedication to each other and their family. We pray that those supported by this gift know the love of God and family.



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at lynneh1@telus.net. She will share your request with a community of faithful intercessors!

To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the back of the sanctuary, connect with **Michael** at michael@klaverrealtor.ca, or contact the office.

the Prayer Corner

A Light *Lectio Divina* for the Week

Spend some time with the Gospel reading from Sunday. Read, mark, and inwardly digest the spiritual food that is contained in it.

Now as they went on their way, he entered a certain village where a woman named Martha welcomed him. She had a sister named Mary, who sat at Jesus's feet and listened to what he was saying. But Martha was distracted by her many tasks, so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her, then, to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things, but few things are needed—indeed only one. Mary has chosen the better part, which will not be taken away from her."

How to read in a spiritual manner (*Lectio Divina*).

1. Find a quiet spot and **read the words of the text slowly and out loud**.
2. After the first reading, notice when words or images jump out to you. **Connect with the ideas that inspire you**. You might even want to write them down in a spiritual journal.
3. After the second reading, **notice any words or images that you have questions or concerns about**. It is important to know that our hearts are often troubled by the words of Scripture. Maybe because they are ancient words and so removed from our time and culture. Maybe because they seem to ask for a response that we might not be willing to make. Maybe because the words have been used in the past to harm you. Whatever the reason, if there are words or images or ideas that trouble your heart and mind, write them down and give them to God.
4. After the third reading, **ask God to speak to your heart**. Pray, "Lord, what are you saying to me at this time and in this place through the Scripture."

Share your thoughts with a spiritual friend or with David. He loves to support you in your spiritual walk with Christ.

Remember the Scriptures are the words about the Word of God. Think of them like a stained glass window through which you get a glimpse of Jesus Christ, your friend and helper. Amen.



the Parish of St. Mark - Ocean Park

STMARKBC.ORG

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