



United
Women
in Faith



Soul Care Retreat



Sylvia L. Williams

PRAISE. PRAY. LIVE. BREATH.

Join us as guest speaker and author, Sylvia L. Williams, leads us in a powerful day of praise and worship. Participants will explore how prayer can refresh as well as sustain, discover their spiritual gifts, and find new energy together with other women seeking God's renewing touch.

What to Expect

- Music
- Prayer
- Worship
- Study
- Crafts
- Great food
- Community
- Inspiration

Date & Time:

Saturday, September 20, 2025

8:30am - 4:30pm

Asbury UMC

10000 Candelaria NE, Albuquerque

Register Online at:

<https://asburyabq.org/pages/soul-care-retreat>