



A 5-Day Devotional Guide

Focus:

Following Jesus is not just about belief, it's about living in a new way. This week invites us to rediscover what it means to walk the path of Jesus daily, trusting that He is the way home, the truth that centers us, and the life that fills us. Through every step, Christ leads us into a deeper relationship with God and a transformed life.

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Written for the week of June 15, 2025, by Kevin St. Martin, Pastor of The Beacon: A United Methodist Church

Day 1: The Way That Leads Home

Scripture:

"Don't be troubled. Trust in God. Trust also in me. My Father's house has room to spare. If that weren't the case, would I have told you that I'm going to prepare a place for you? When I go to prepare a place for you, I will return and take you to be with me so that where I am you will be too. You know the way to the place I'm going."

– John 14:1–4 (CEB):

Reflection: Jesus begins not with commands but comfort. When life feels uncertain, his words offer peace. "Don't be troubled" isn't a dismissal of our fear; it's an invitation to deeper trust. Jesus is the way that brings us home to God's love, even when we feel lost.

Questions: Where are you looking for direction right now? What does it mean to you that Jesus has prepared a place for you?

Affirmation for the Day: I trust Jesus to lead me home.

Spiritual Practice: Today, take a quiet walk. As you walk, repeat the words: "I am not alone—Jesus leads me."

Notice any sense of peace or guidance that arises.

Prayer: Jesus, calm my anxious heart. Lead me through confusion and fear. Help me trust in Your presence today. Amen.

Day 2: Seeing the Father in Jesus

Scripture:

Thomas asked, "Lord, we don't know where you are going. How can we know the way?" Jesus answered, "I am the way, the truth, and the life. No one comes to the Father except through me. If you have really known me, you will also know the Father. From now on you know him and have seen him." – John 14:5–7 (CEB)

Reflection: Thomas asks a question many of us feel. We want clarity, a map, a plan. But Jesus offers something better: himself. He is the way, not just a teacher of the way. To follow Jesus is to know God, step by step, in relationship.

Questions: How do you look for direction in your spiritual life? How might Jesus be inviting you to follow Him more personally this week?

Affirmation for the Day: Jesus is my way, my truth, and my life.

Spiritual Practice: Set aside 5 minutes today to sit in silence. Say the name "Jesus" slowly and prayerfully with each breath. Let His presence be your center.

Prayer: Way of Life, I seek You, not just answers. Help me follow Your lead, even when I don't see the whole path. Amen.

Day 3: A Life That Reflects Jesus

Scripture:

"I assure you that whoever believes in me will do the works that I do. They will do even greater works than these because I am going to the Father." – John 14:12 (CEB)

Reflection: Belief in Jesus is not just affirmation; it is action. We are called to live as He lived: to love, serve, and heal. Walking in the way means our daily lives become echoes of Jesus' own.

Questions: What part of Jesus' life do you feel called to imitate right now? What would it look like to "do the works" of Jesus in your context?

Affirmation for the Day: I am called to reflect Christ in word and deed.

Spiritual Practice: Choose one act of service today. It could be a kind word, a helpful deed, or a prayer for someone else. Let it be your way of doing Jesus' work.

Prayer: Jesus, let my life reflect Your love. Teach me to act on my faith and become Your hands and feet in the world. Amen.

Day 4: A New Direction

Scripture:

He requested letters addressed to the synagogues in Damascus. If he found persons who belonged to the Way, whether men or women, these letters would authorize him to take them as prisoners to Jerusalem. – Acts 9:2 (CEB)

Reflection: Early Christians weren't called "Christians"; they were known as followers of "The Way." Faith was a way of living, not just believing. Our lives should still be marked by the way of Jesus, visible to all who meet us.

Questions: If someone watched your life this week, would they see you following Jesus? What small change can help you walk more fully in His way?

Affirmation for the Day: My faith is a way of life.

Spiritual Practice: Write down one small change you can make to live more like Jesus. Pray over it and take one step toward that change today.

Prayer: Holy Spirit, shape me into someone who lives the way of Jesus daily. Let my life be a visible sign of Your love. Amen.

Day 5: Strength for the Journey

Scripture:

“Come to me, all you who are struggling hard and carrying heavy loads, and I will give you rest. Put on my yoke, and learn from me. I’m gentle and humble. And you will find rest for yourselves. My yoke is easy to bear, and my burden is light.” – Matthew 11:28–30 (CEB)

Reflection: The way of Jesus is not a burden. It is rest for our weary souls. When we follow Him, we learn to live with grace and surrender. His yoke is not a demand, but a gift of guidance and peace.

Questions: Where are you feeling tired or burdened by choosing your way rather than the way of Christ? What weight is the Spirit prompting you to give up?

Affirmation for the Day: Christ gives me rest and restores my soul.

Spiritual Practice: Take five slow, deep breaths. With each exhale, say: “I release what I cannot carry.” Invite Jesus to lighten your spirit.

Prayer: Gentle Savior, I come to You with my heavy heart. Teach me to rest in You and live lightly in Your grace. Amen.

Closing Prayer for the Week

Jesus, You are the way, the truth, and the life. In every place of confusion, be my guide. In every moment of doubt, be my truth. In every breath I take, be my life. Help me walk closely with You, trusting that You lead not just to heaven, but into abundant life right now. Amen.

